

Thermal and transport properties of neutron star matter.

Sanjay Reddy

- Introduction
- Specific heat of neutron stars
- Crust: Properties of solid and superfluid matter
- Core: Low energy modes and transport properties
- Summary

Relevant Papers:

arXiv:1602.01831

arXiv:1409.7750

arXiv:1307.4455

arXiv:1210.5169

arXiv:1201.5602

arXiv:1102.5379

arXiv:1009.2303

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Nicolas Chamel

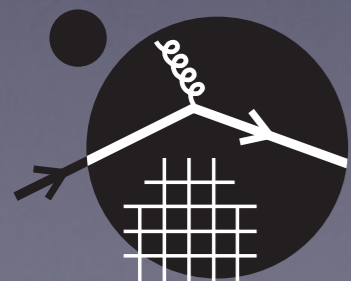
Dany Page

Chris Pethick

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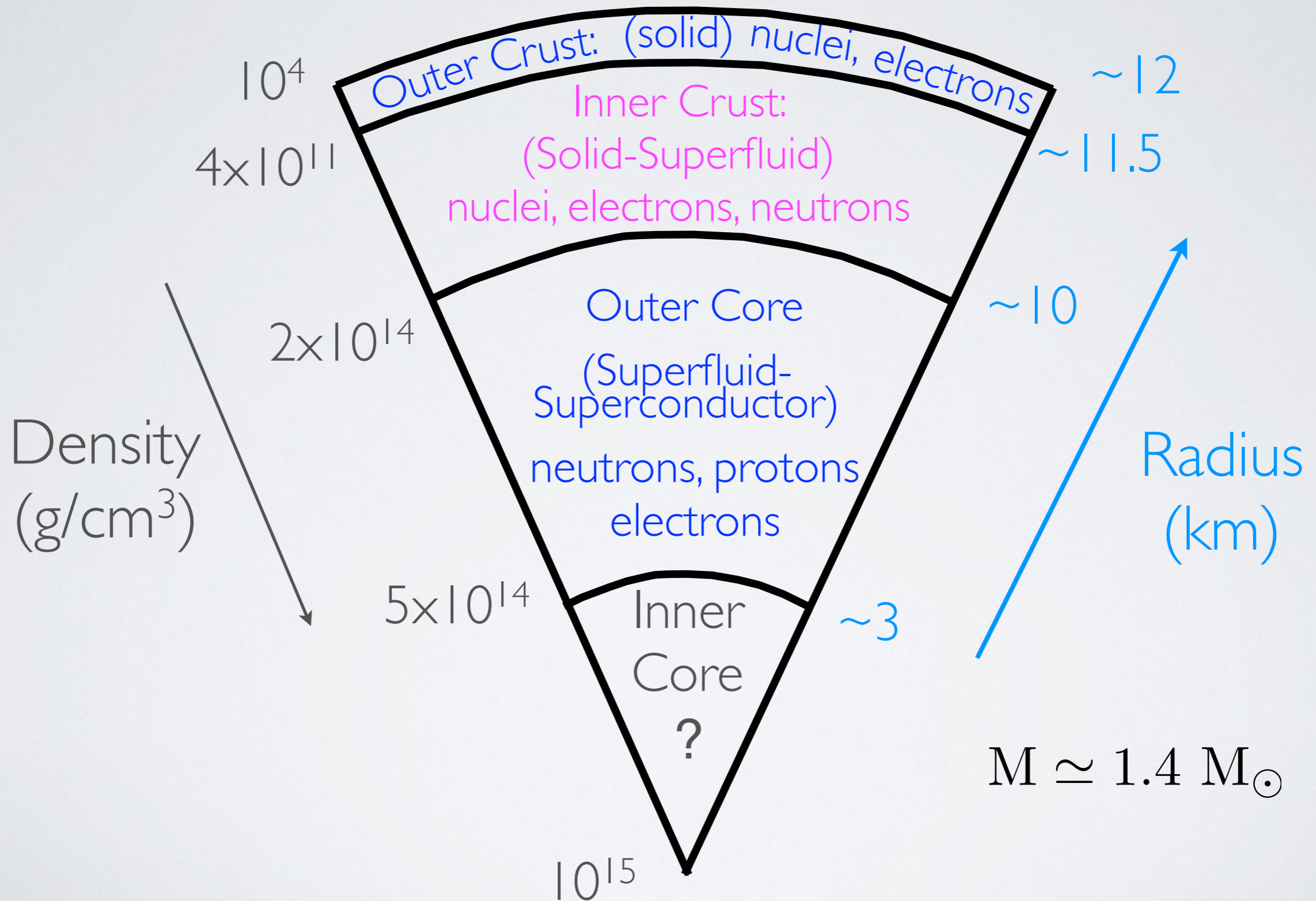
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NUCLEAR THEORY

Phases of Dense Matter in Neutron Stars



(Dense) Material Characterization

Property	Observations
• Equation of State	• Mass
• Specific Heat	• Radius
• Thermal Conductivity	• Moment of Inertia
• Neutrino Emissivity	• Tidal Polarizability
• Neutrino Opacity	• Seismology
• Electrical Conductivity	• Thermal Evolution
• Shear Viscosity	• Supernova Neutrinos
	• Magnetic Field Evolution
	• Spin Evolution (r-modes)

Specific Heat of Cold Dense Matter

- Fermions: Particle-hole excitations

$$C_{F,i} = \pi^2 n_i \frac{E_{F,i} T}{p_{F,i}^2} \simeq 2 \times 10^{19} \left(\frac{E_{F,i}}{m_n} \right) \left(\frac{p_{F,i}}{400 \text{ MeV}} \right) \left(\frac{T}{10^8 \text{ K}} \right) \frac{\text{ergs}}{\text{cm}^3 \text{ K}}$$

- Bosons: Collective excitations

$$C_{B,i} = \frac{2\pi^2 c^3}{15 v_{B,i}^3} T^3 \simeq 1.5 \times 10^{10} \left(\frac{c}{v_{B,i}} \right)^3 \left(\frac{T}{10^8 \text{ K}} \right)^3 \frac{\text{ergs}}{\text{cm}^3 \text{ K}}$$

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- Pairing suppresses the nucleon contribution.
- Core contribution is large and electrons set the lower limit.
- Collective modes play a role in the crust.

Specific Heat & Phase Transitions

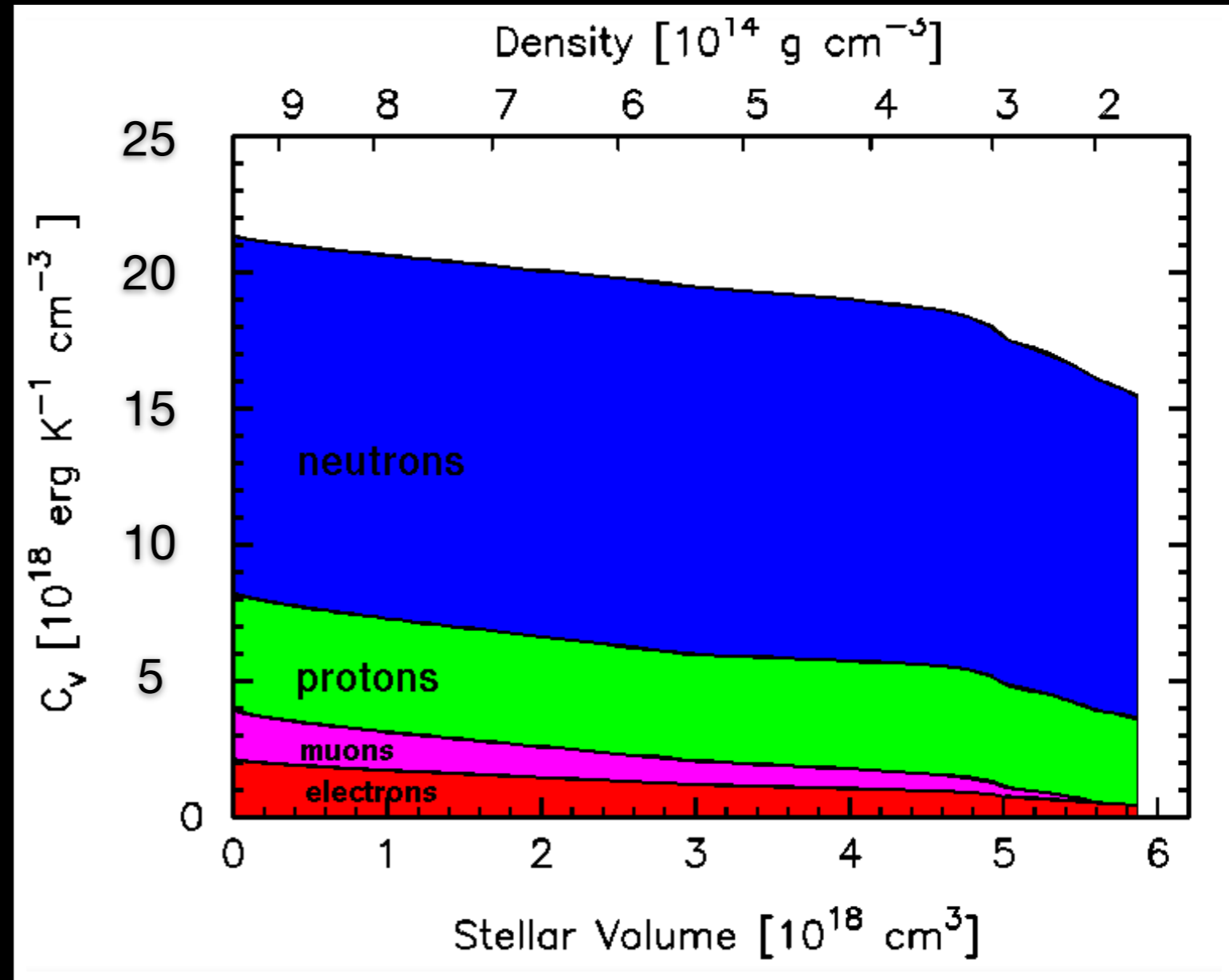
Canonical expectation:

$$C_{NS} \approx 10^{38} \left(\frac{T}{10^8 \text{ K}} \right) \frac{\text{ergs}}{\text{K}}$$

Nucleon superfluidity can suppress C_{NS} by a factor of about 10-20.

Additional un-gapped fermions (quarks, hyperons) can enhance it by a factor of a few.

Exception: A large CFL fraction in the core can reduce C_{NS} by a factor of 100.



Specific heat of a $1.4 M_{\odot}$ neutron star at $T=10^8 \text{ K}$. Figure courtesy of Dany Page

Specific Heat & Phase Transitions

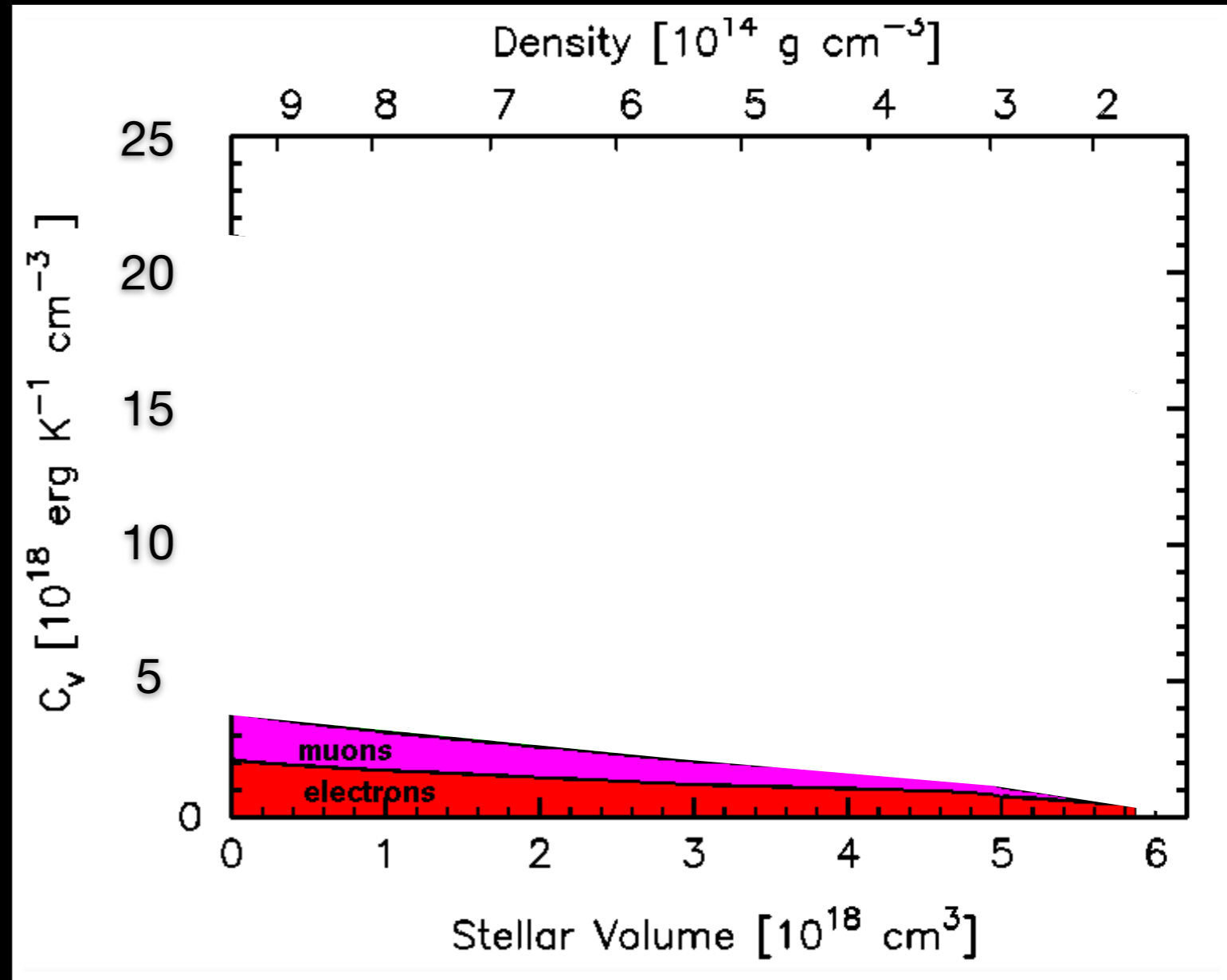
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Measuring the Heat Capacity

Cumming et al. (2016 in prep.)

Heat the star, allow it to relax, and observe the change in temperature:

$$C_{NS} dT = dQ$$

When $C_{NS} = \alpha T$:
$$\frac{\alpha}{2} (T_f^2 - T_i^2) = \Delta Q$$

Lower limit:
$$C_{NS}(T_f) > 2 \frac{\Delta Q}{T_f}$$

$$\Delta Q = \dot{H} \times t_H - L_\nu \times (t_H + t_{obs})$$

heating
rate

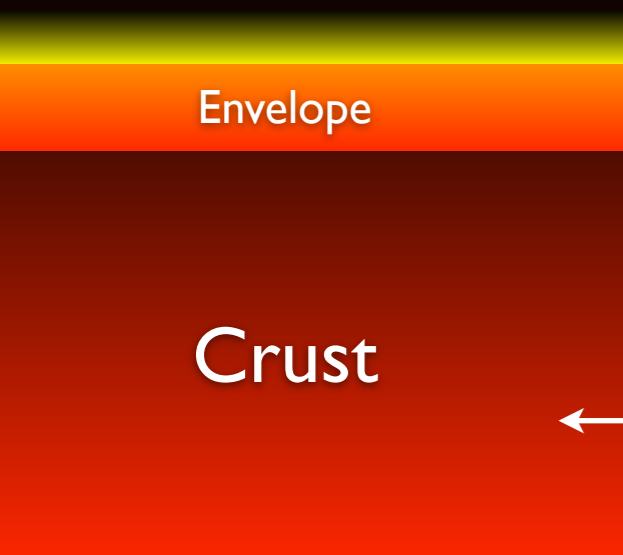
duration
of heating

neutrino
cooling rate

time of observation
(after heating ceases)

Transiently Accreting NSs

SXRTs: High accretion followed by periods of quiescence



Nuclear reactions release: ~
1-2 MeV / nucleon

Deep crustal heating.

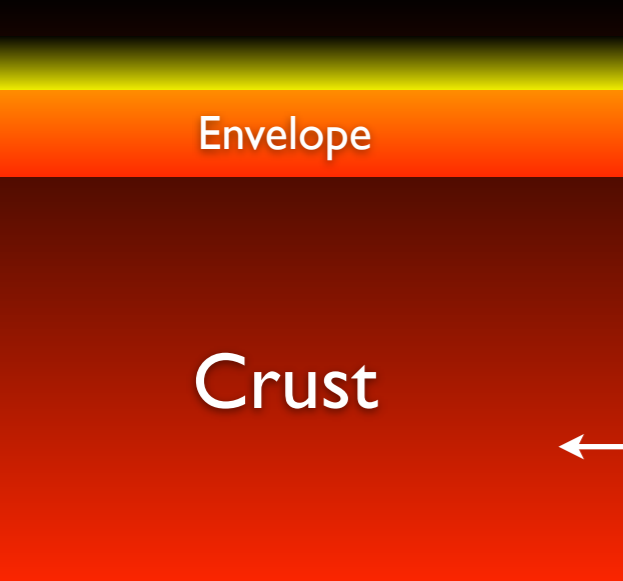
Brown, Bildsten Rutledge (1998)
Sato (1974), Haensel & Zdunik (1990)



Warms up old neutron stars

Transiently Accreting NSs

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Image credit: NASA/CXC/Wijnands et al.

Warms up old neutron stars

Observations of KS 1731-260

Accretion Phase: 12 yrs at $dM/dt \approx 10^{17}$ g/s

Thermal Relaxation: $t \approx 8$ yrs

Quiescent Surface Temperature (post relaxation): $T_{\text{eff}}=63$ eV

Wijnands et al. (2002)

Cackett et al. (2010)

Energy Deposition:

$$E_{\text{dep}} = \dot{H} \times t_H = 6 \times 10^{43} \text{ ergs} \left(\frac{Q_{\text{nuc}}}{2 \text{ MeV}} \right) \left(\frac{\dot{M}}{10^{17} \text{ g/s}} \right) \left(\frac{t_H}{10 \text{ yrs}} \right)$$

Inferred Core Temperature:

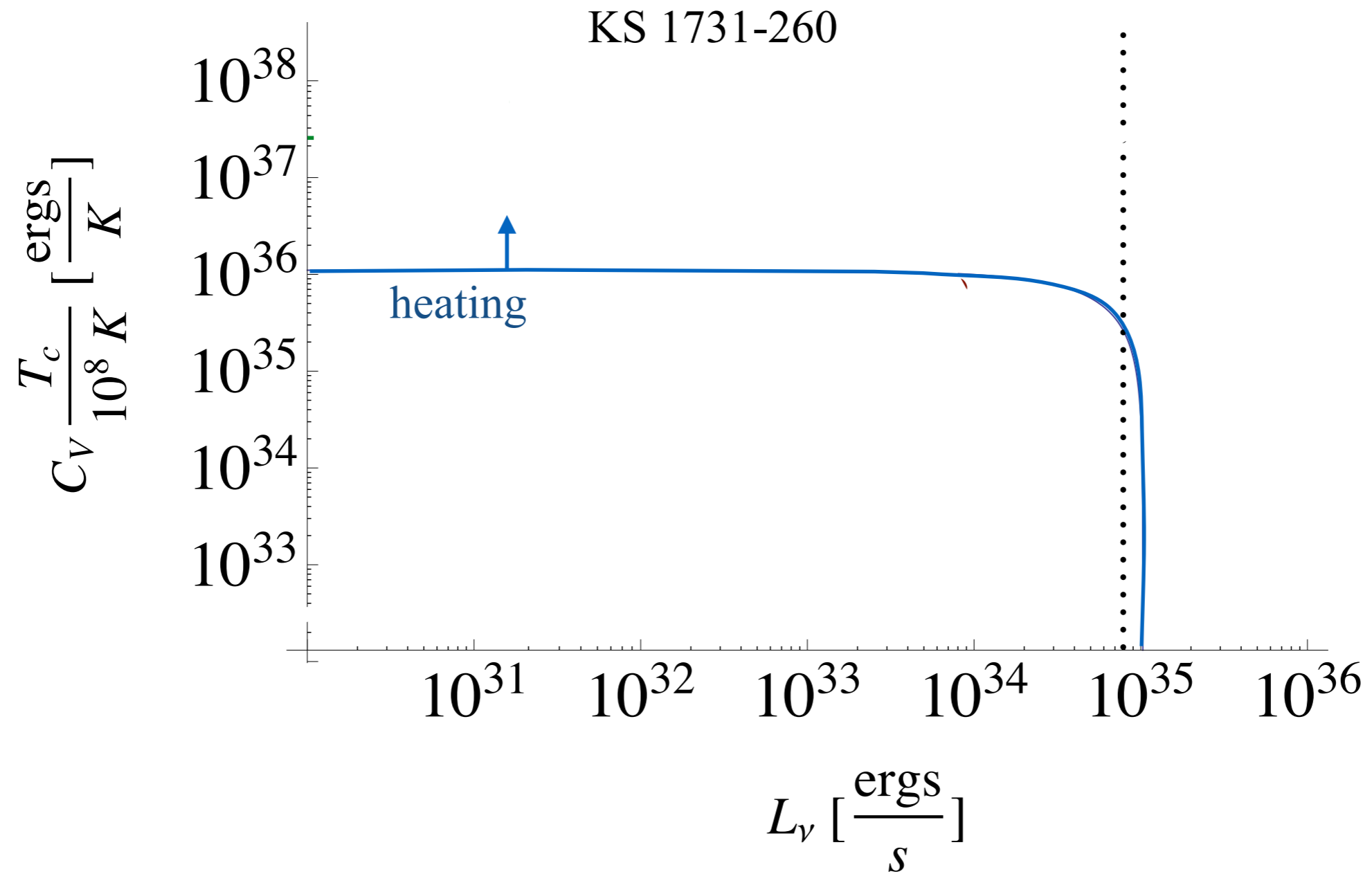
(insulating envelope sustains a temperature gradient near the surface)

$$T_c^\infty = 7.0 \times 10^7 \text{ K} \left(\frac{T_{\text{eff}}^\infty}{63.1 \text{ eV}} \right)^{1.82} \quad (\text{Fe envelope})$$

$$T_c^\infty = 3.1 \times 10^7 \text{ K} \left(\frac{T_{\text{eff}}^\infty}{63.1 \text{ eV}} \right)^{1.65} \quad (\text{He envelope}).$$

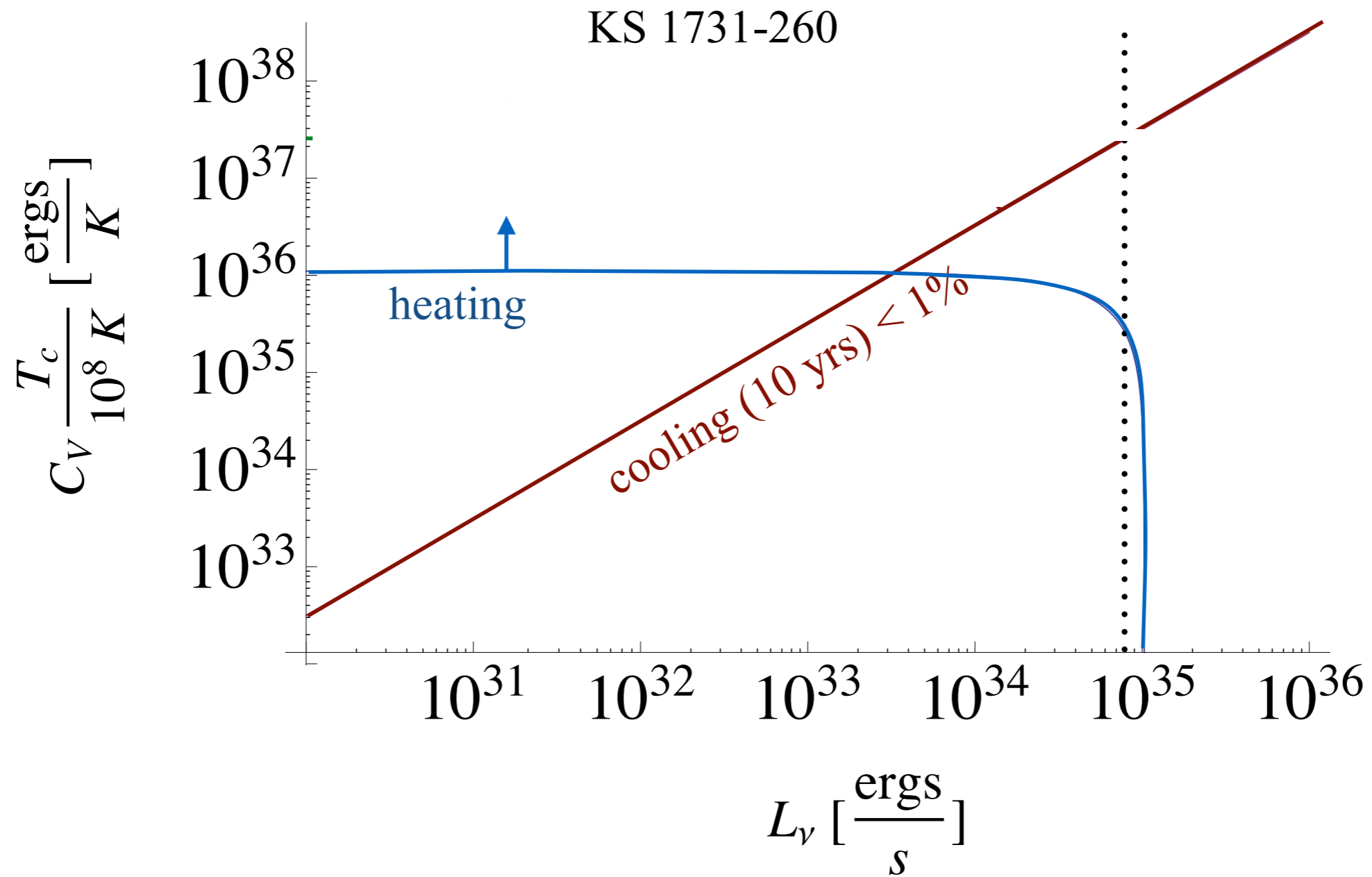
Limits: Current & Future

$$C_{NS}(T_f) > 2 \frac{\Delta Q}{T_f}$$



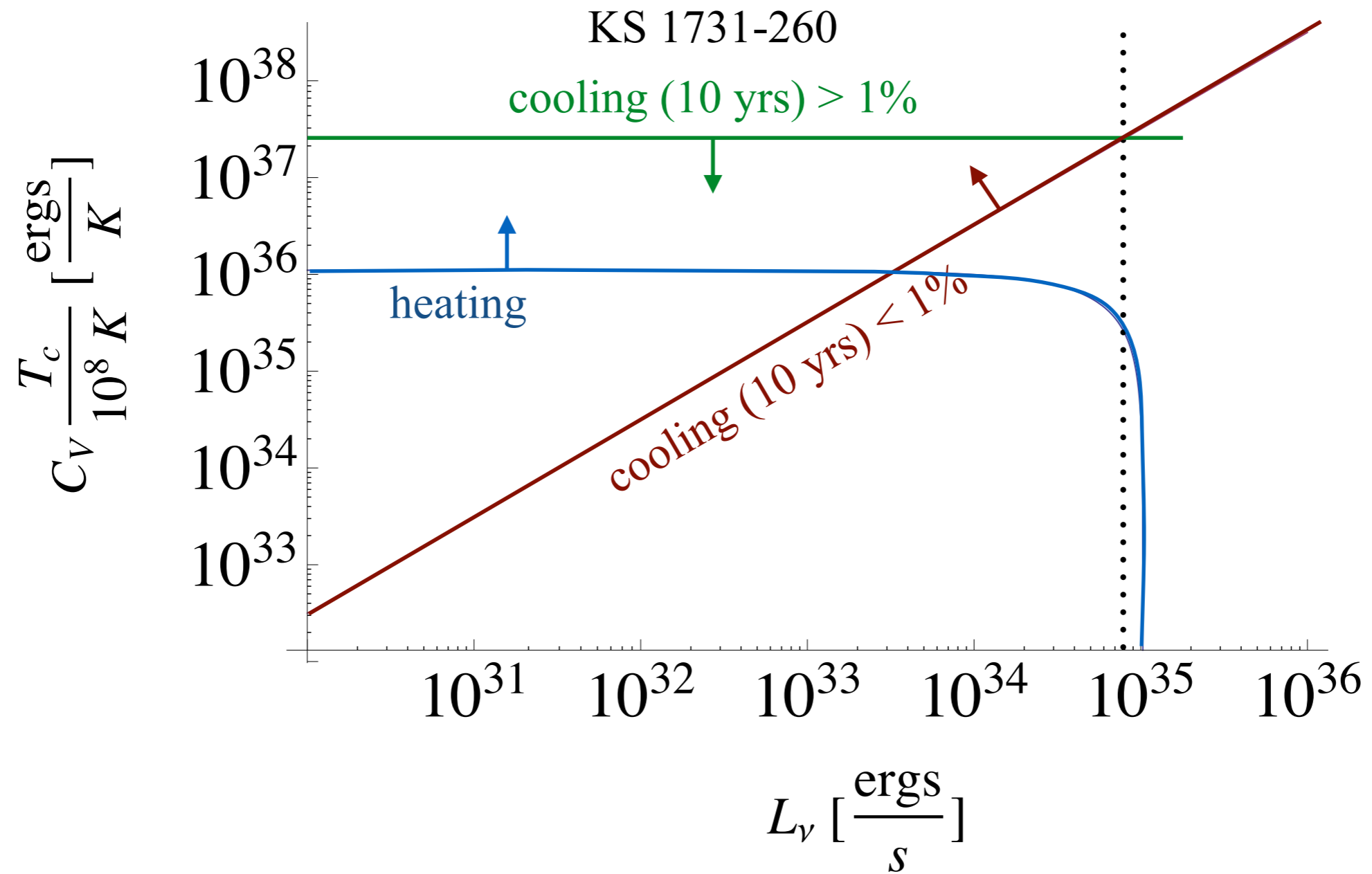
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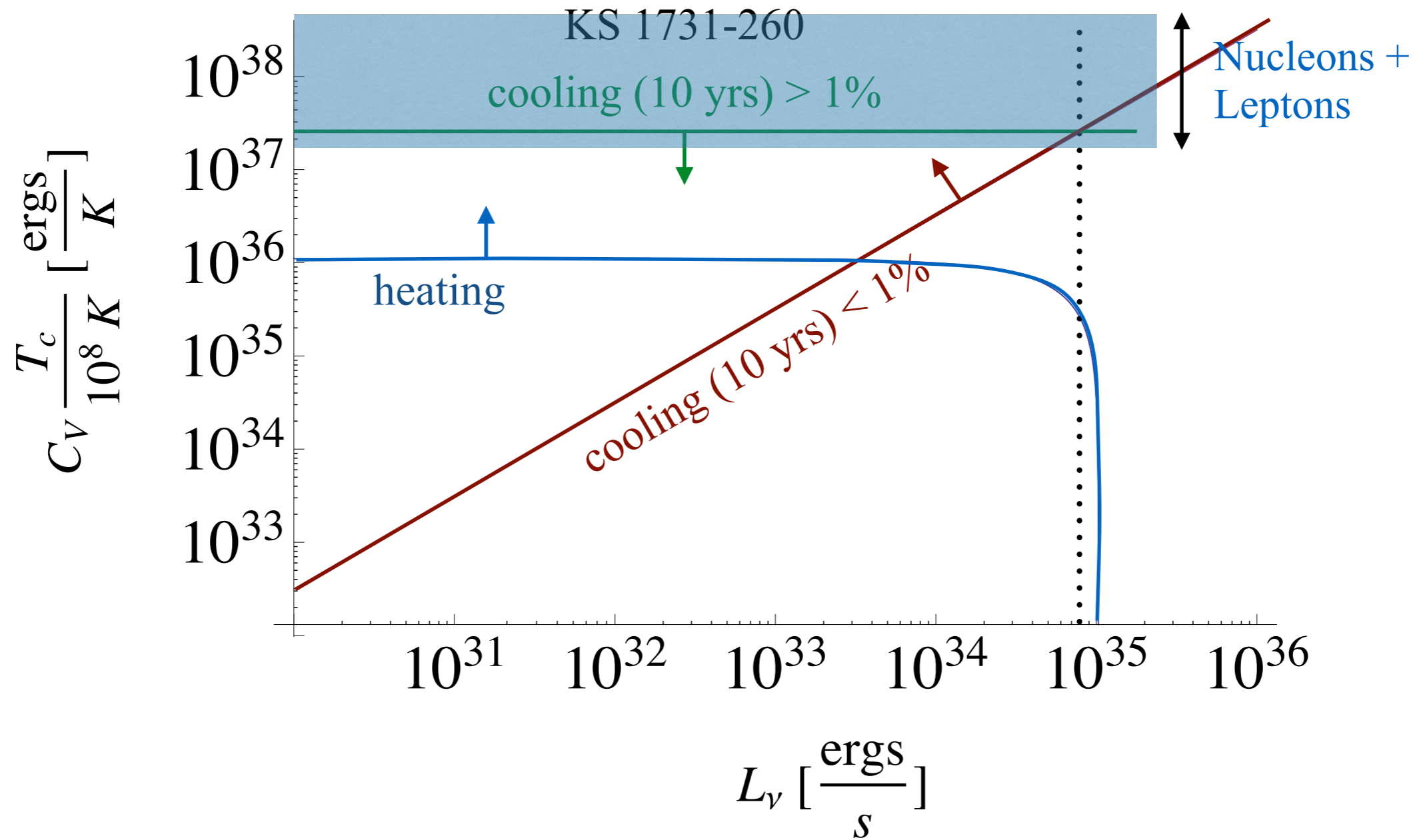
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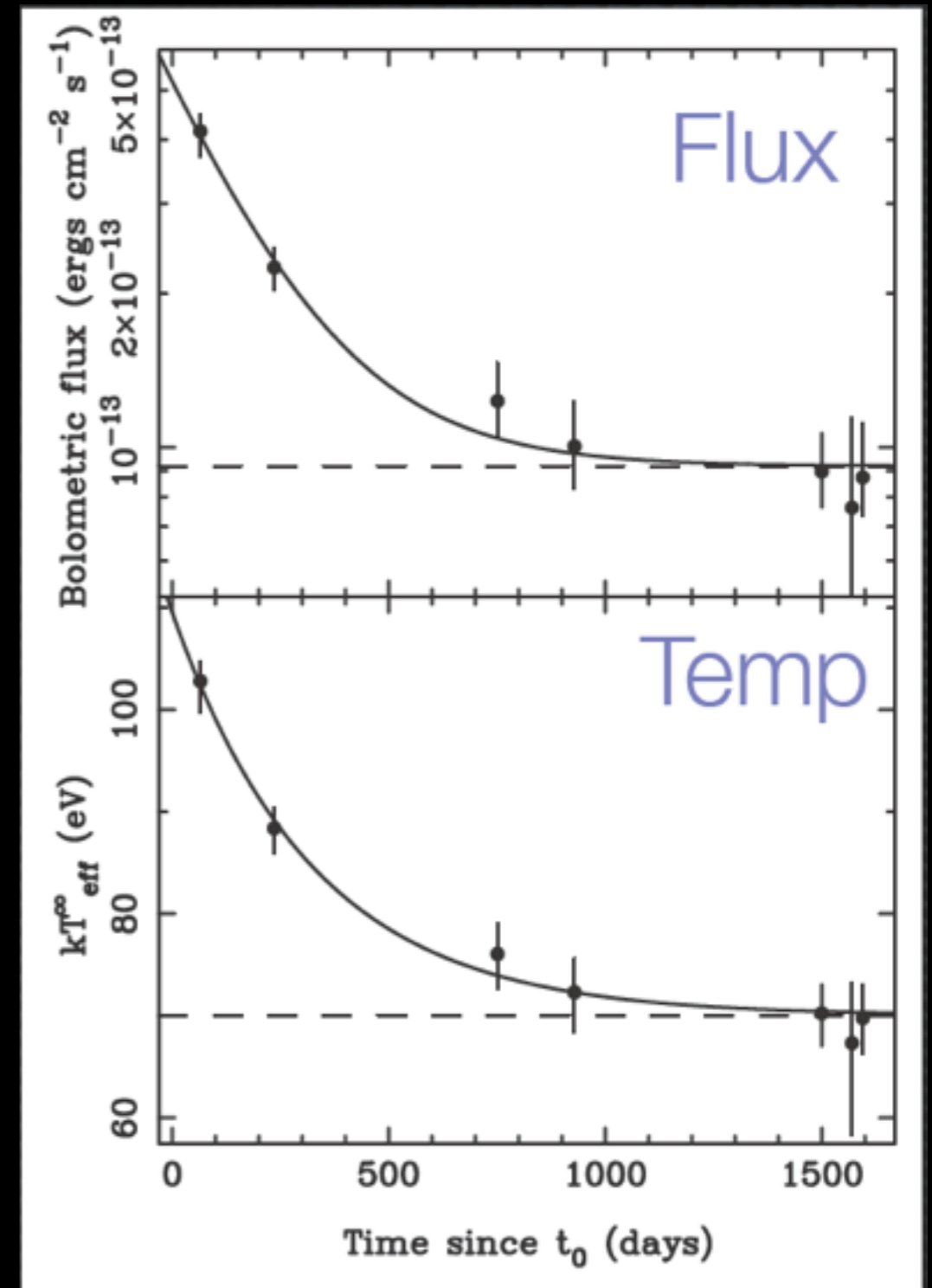
Crust Cooling

Watching NSs immediately after accretion ceases !



The heated crust relaxes as heat is transported to the core.

Shternin & Yakovlev (2007)
Cumming & Brown (2009)

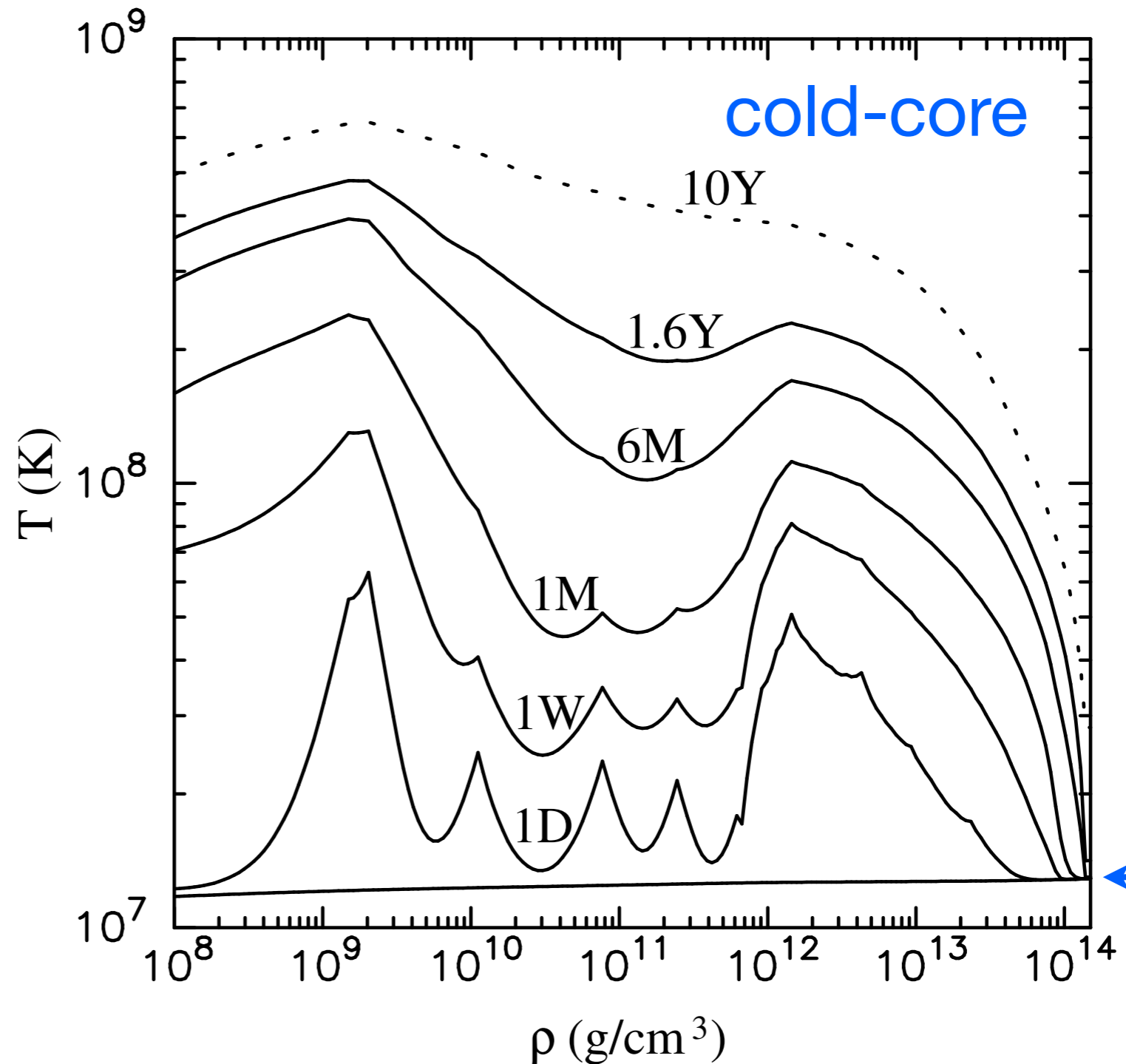


Cackett, et al. (2006)

Accretion Induced Heating

Temperature profile depends on:

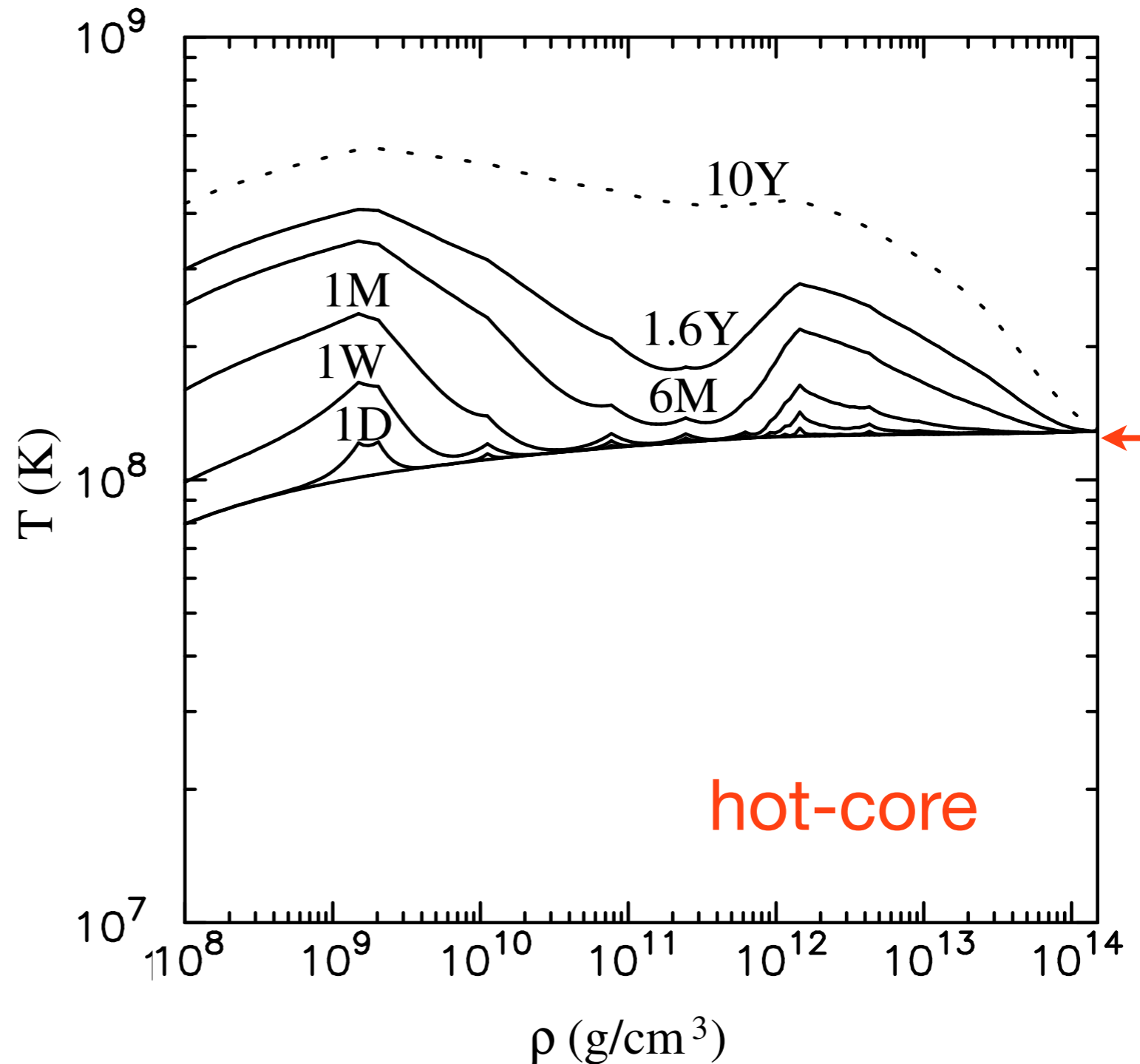
- accretion rate and duration.
- location of heat sources.
- thermal conductivity
- specific heat.
- core temperature



Accretion Induced Heating

Temperature profile depends on:

- accretion rate and duration.
- location of heat sources.
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Observations:

All known Quasi-persistent sources with post outburst cooling

- After a period of intense accretion the neutron star surface cools on a time scale of years.
- This relaxation was first discovered in 2001 and 6 sources have been studied to date.
- Expected rate of detecting new sources $\sim 1/\text{year}$.

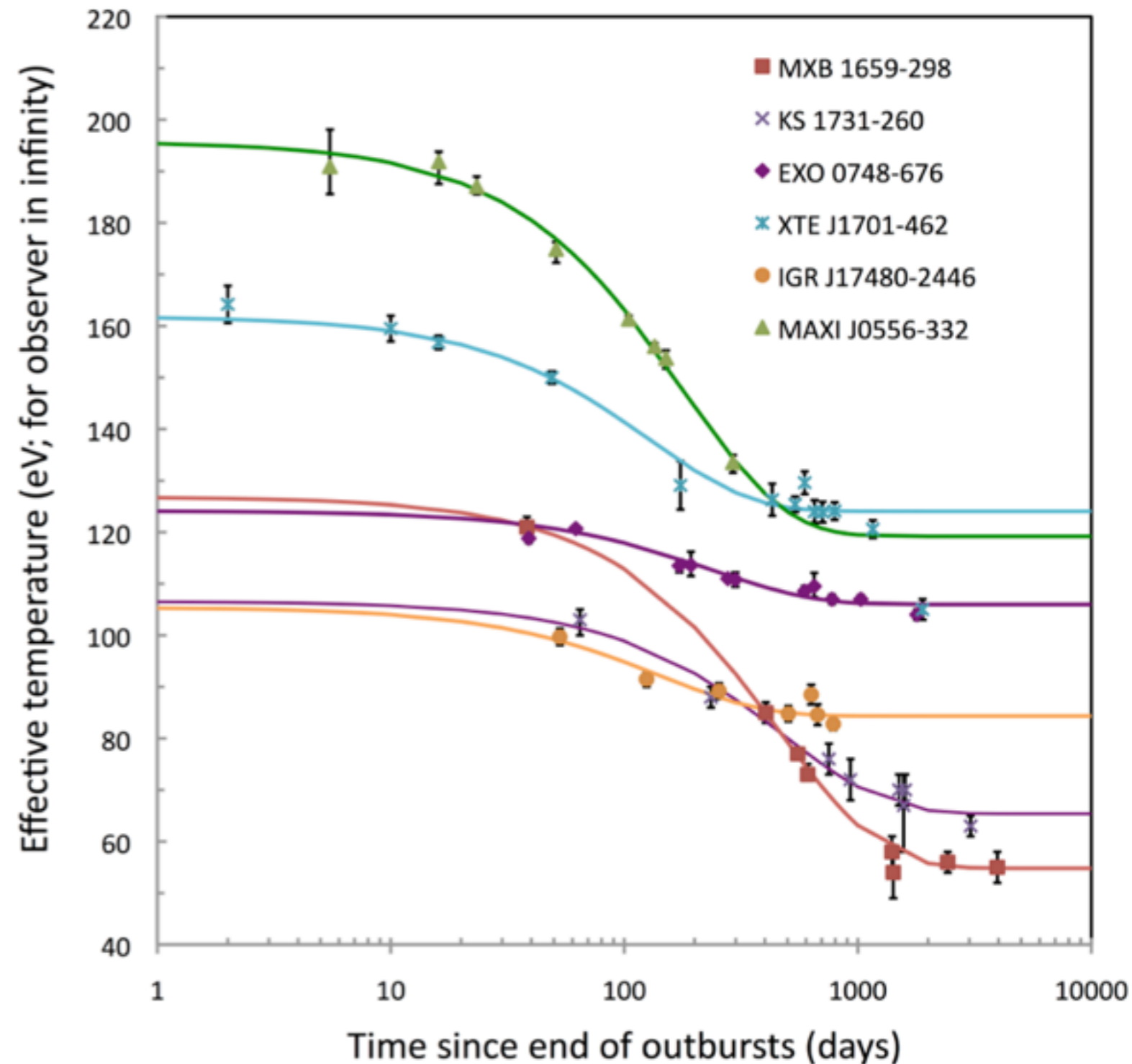


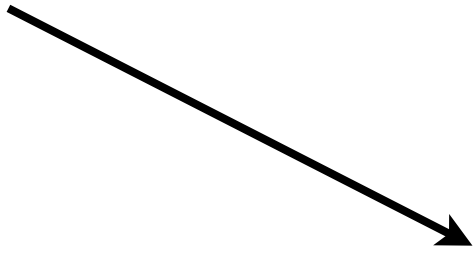
Figure from Rudy Wijnands (2013)

Connecting to Crust

$$\tau_{\text{Cool}} \simeq \frac{C_V}{\kappa} (\Delta R)^2$$

Connecting to Crust

Crustal Specific Heat


$$\tau_{\text{Cool}} \approx \frac{C_V}{\kappa} (\Delta R)^2$$

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Thermal Conductivity

Connecting to Crust

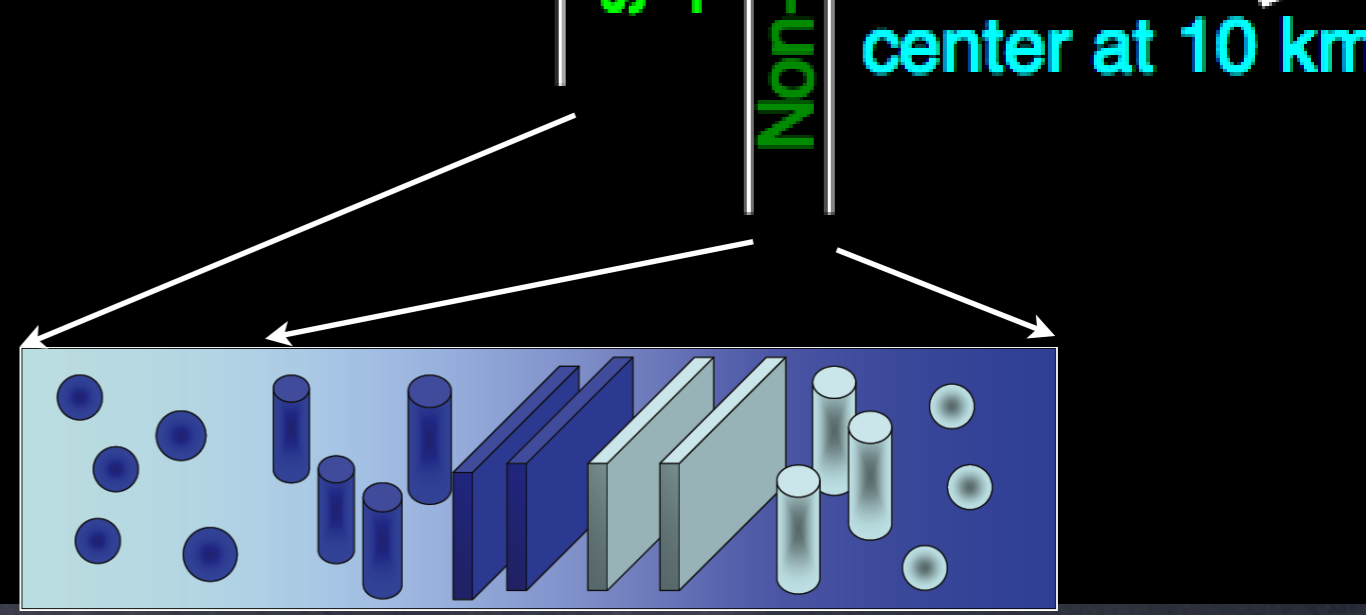
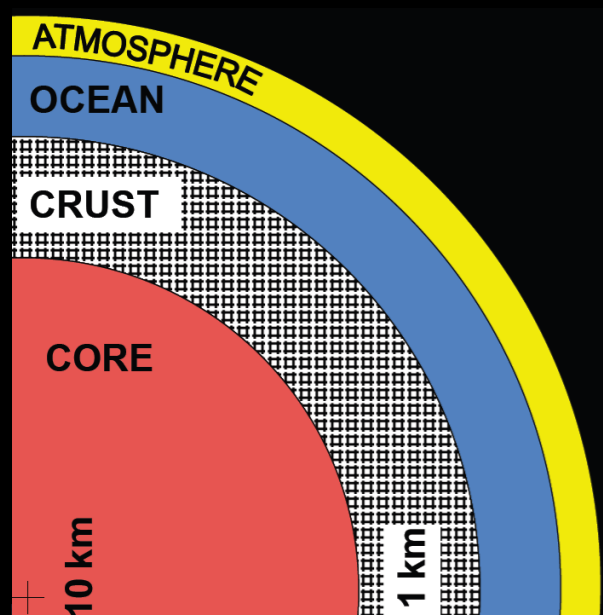
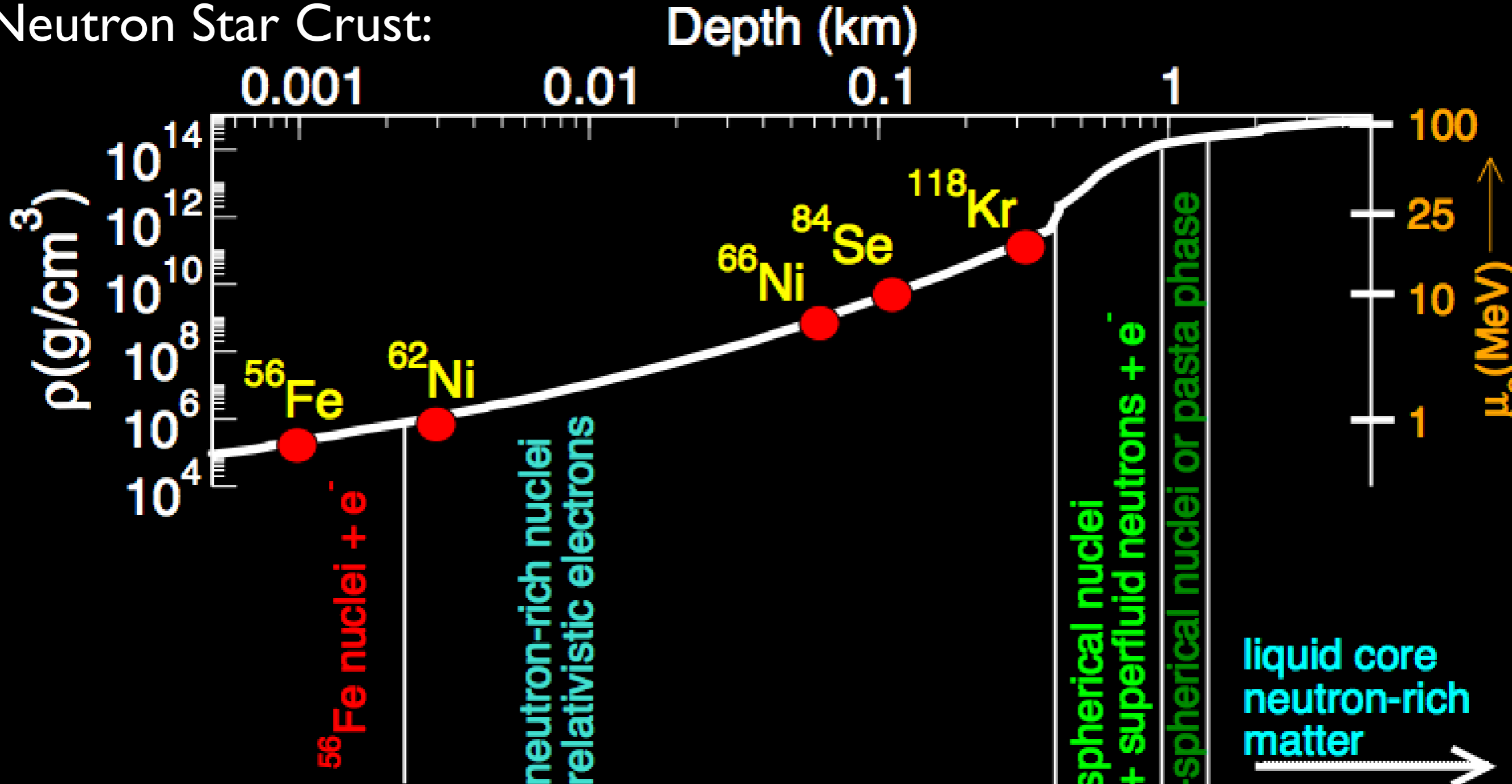
Crustal Specific Heat

Crust Thickness

$$\tau_{\text{Cool}} \approx \frac{C_V}{\kappa} (\Delta R)^2$$

Thermal Conductivity

Neutron Star Crust:



Cooper Pairing

Attractive interactions destabilize the Fermi surface:

$$H = \sum_{k,s=\uparrow,\downarrow} \left(\frac{k^2}{2m} - \mu \right) a_{k,s}^\dagger a_{k,s} + g \sum_{k,p,q,s=\uparrow,\downarrow} a_{k+q,s}^\dagger a_{p-q,s}^\dagger a_{k,s} a_{p,s}$$

$$\Delta = g \langle a_{k,\uparrow} a_{p,\downarrow} \rangle \quad \Delta^* = g \langle a_{k,\uparrow}^\dagger a_{p,\downarrow}^\dagger \rangle$$

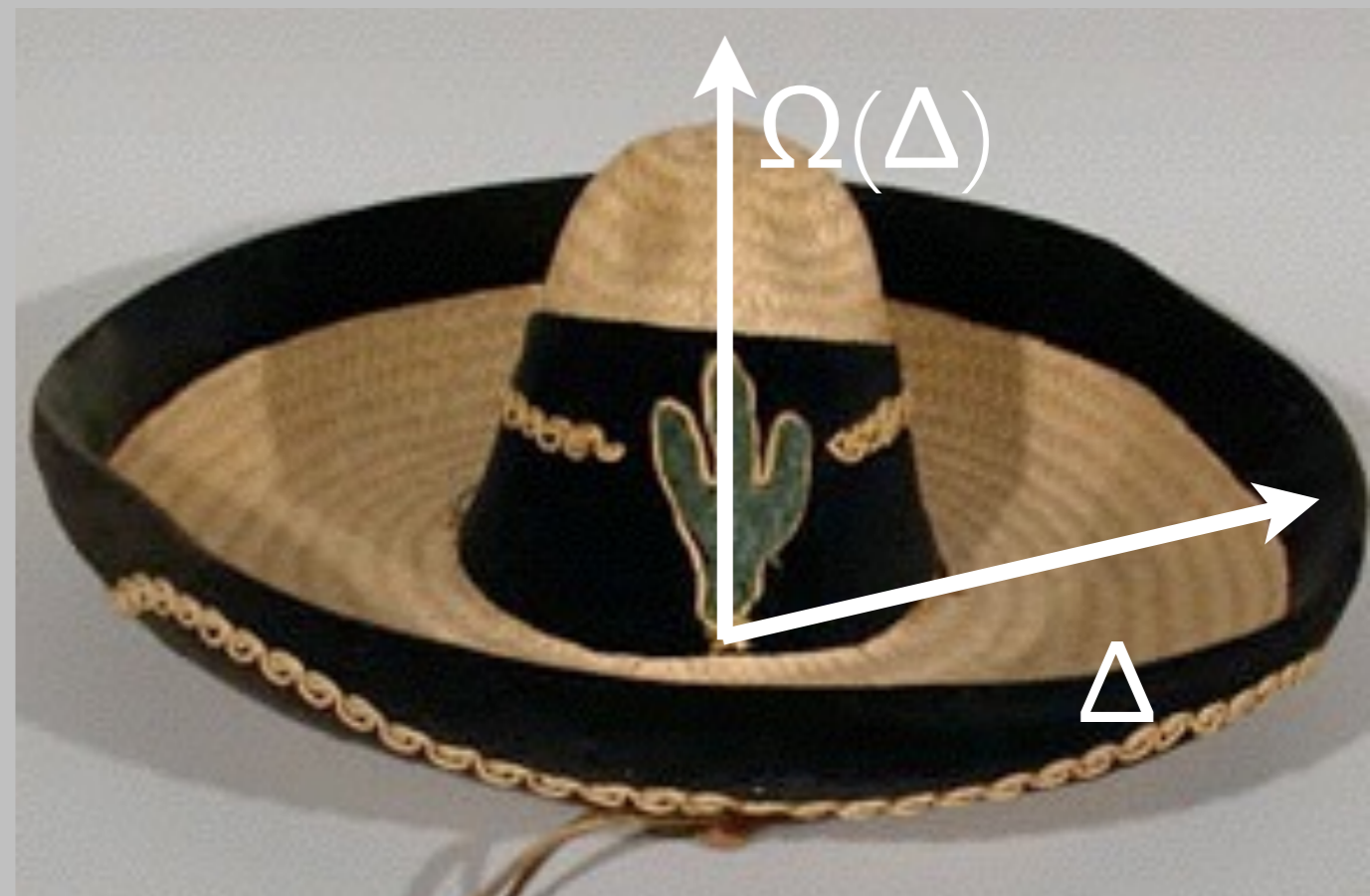
Cooper pairs leads to
superfluidity

Energy gap for fermions:

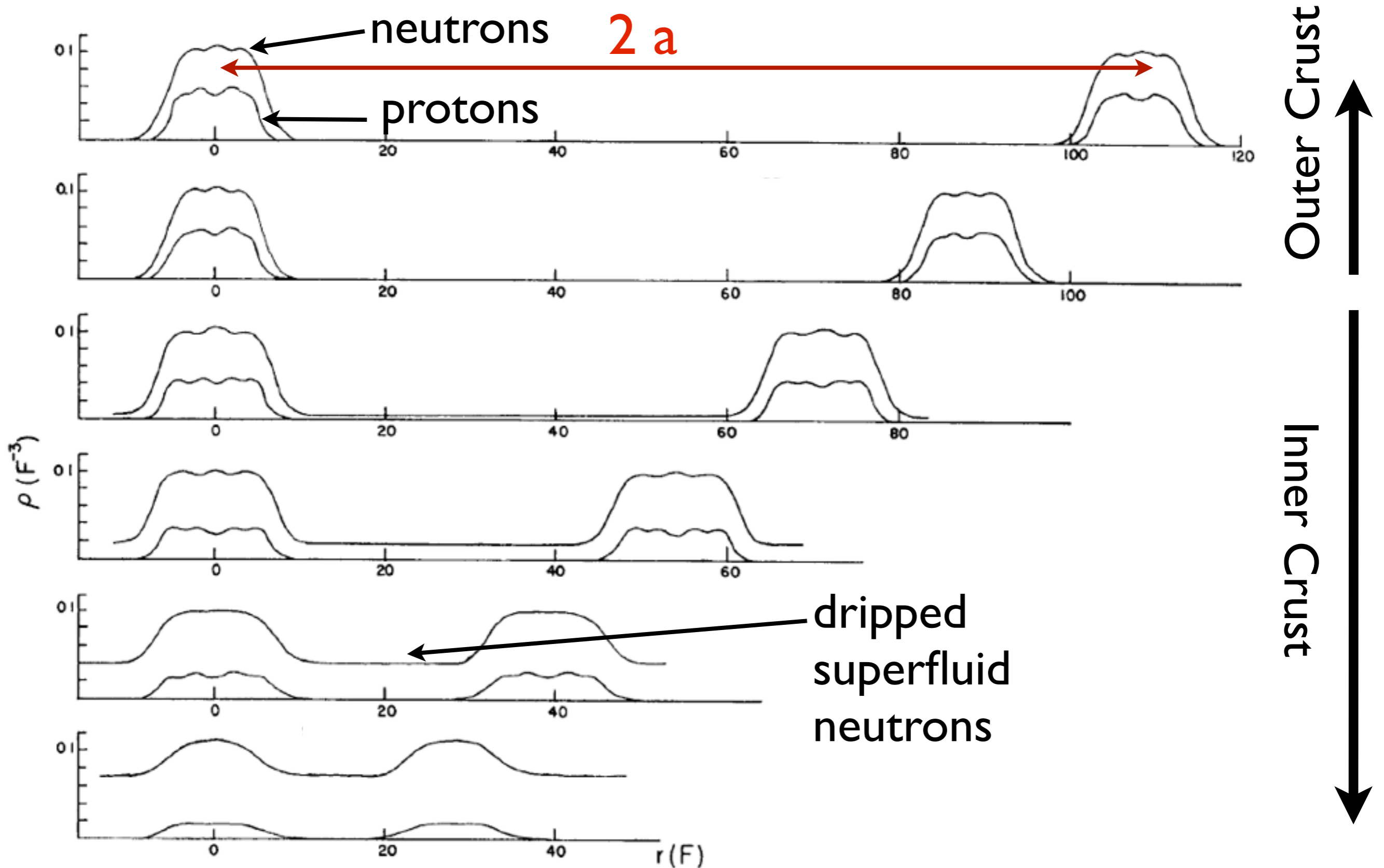
$$E(p) = \sqrt{\left(\frac{p^2}{2M} - \mu \right)^2 + \Delta^2}$$

New collective mode:
Superfluid Phonon

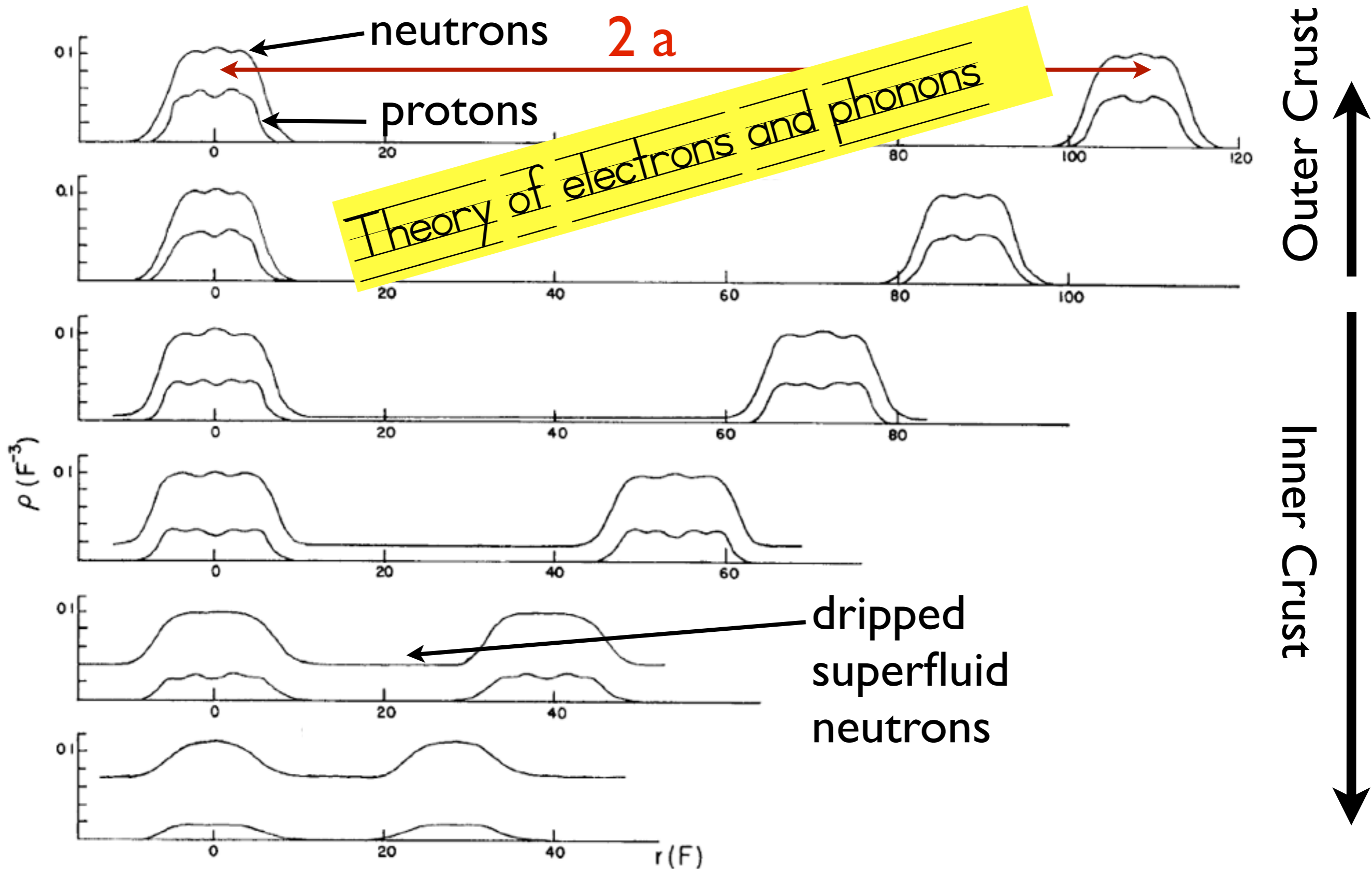
$$\omega(k) = v_s k$$



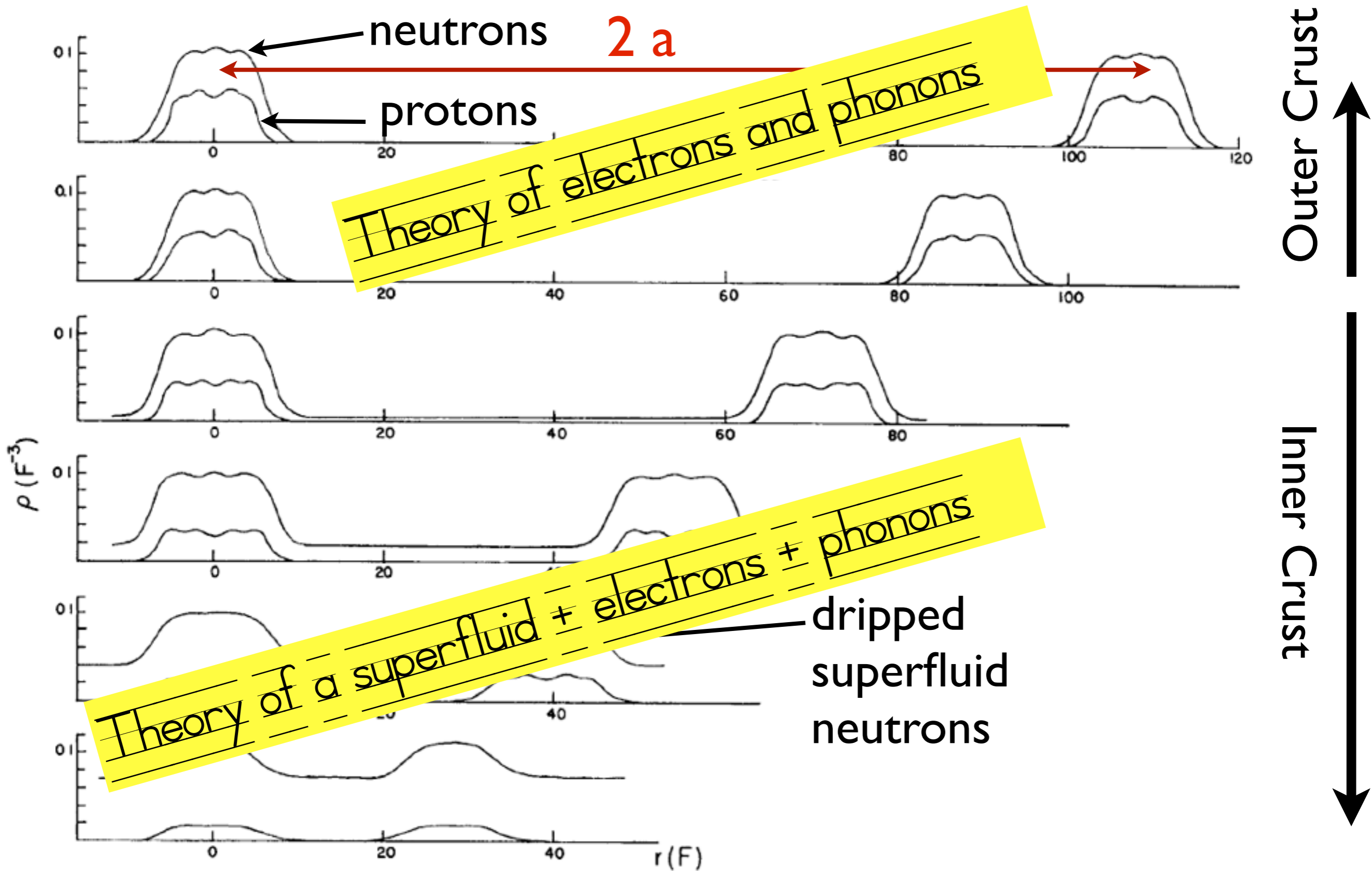
Microscopic Structure of the Crust



Microscopic Structure of the Crust



Microscopic Structure of the Crust



Electrons are (nearly) free

- Electrons are dense, degenerate and relativistic.

$$n_e = Z n_I \quad k_{\text{Fe}} \approx E_{\text{Fe}} \simeq 25 - 75 \text{ MeV} \gg m_e$$

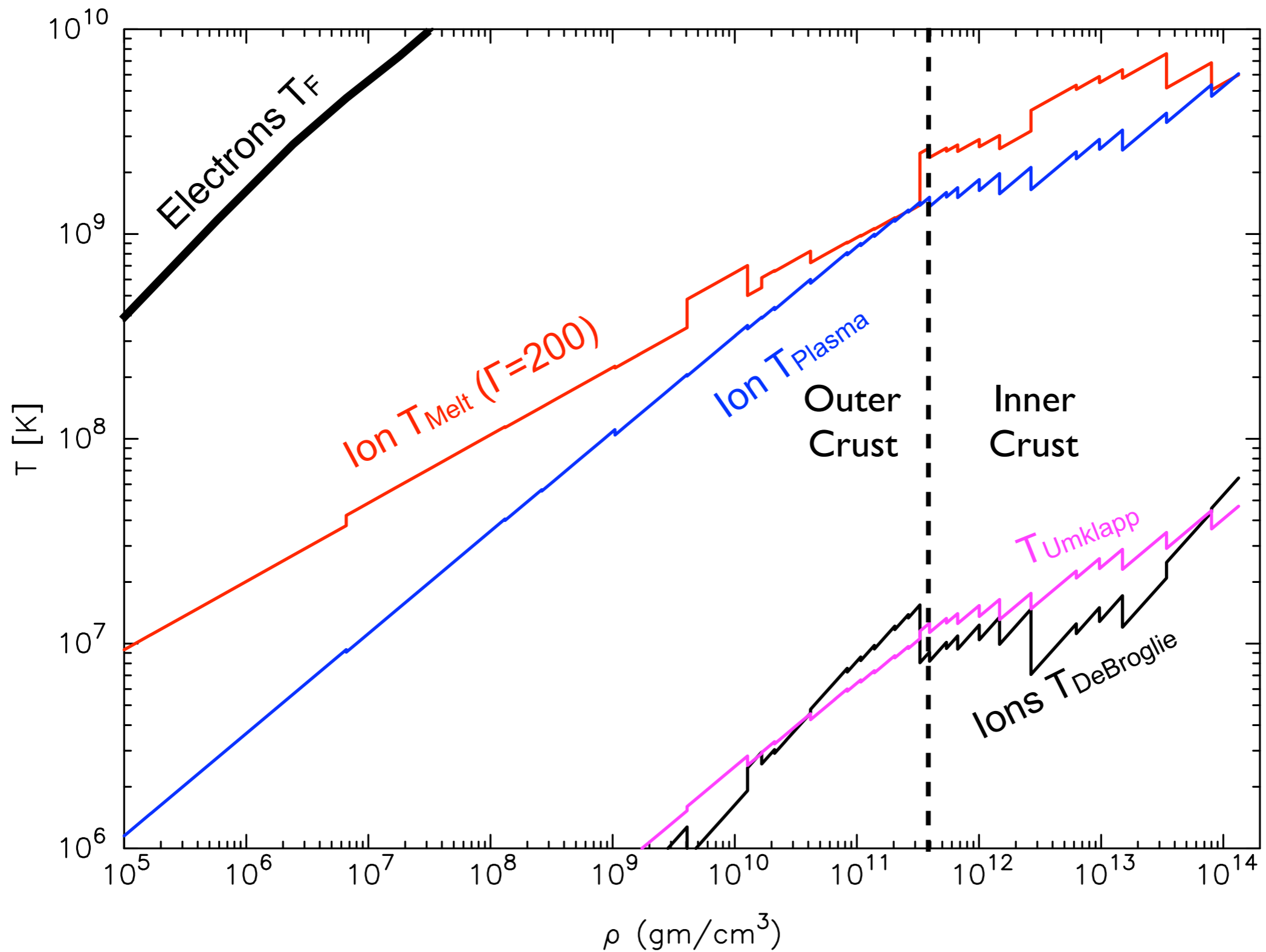
- Band gaps are small and restricted to small patches in the Fermi surface.

$$\frac{V_{e-i}}{E_{\text{Fe}}} \simeq \alpha_{\text{em}} Z^{2/3} \ll 1 \quad \frac{\delta_e}{E_{\text{Fe}}} \simeq \frac{4\alpha_{\text{em}}}{3\pi} \approx 10^{-3}$$

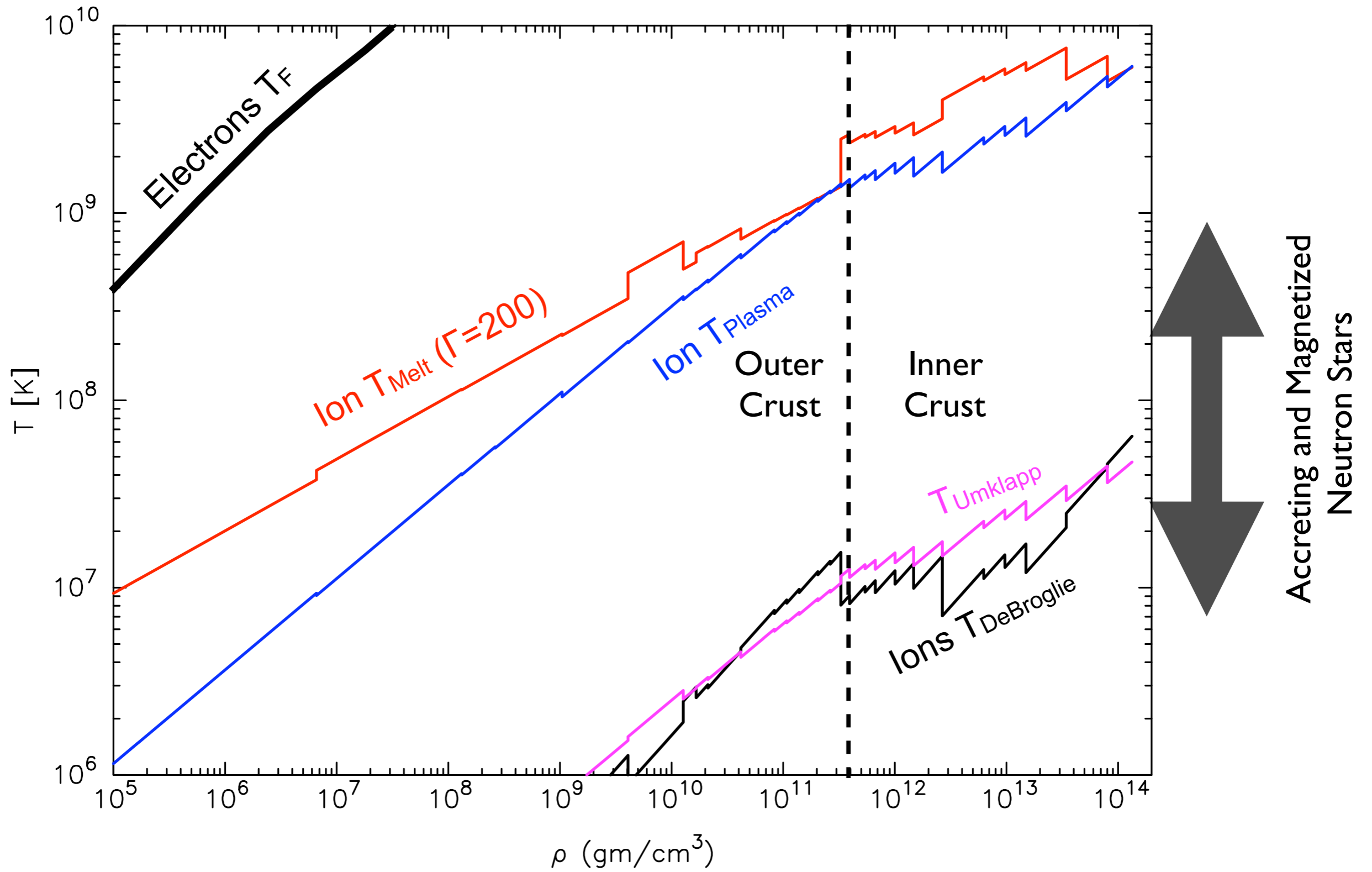
- Pairing energy is negligible.

$$T_c \simeq \omega_p^{\text{ion}} \exp\left(-\frac{v_{Fe}}{\alpha_{\text{em}}}\right) \approx 0$$

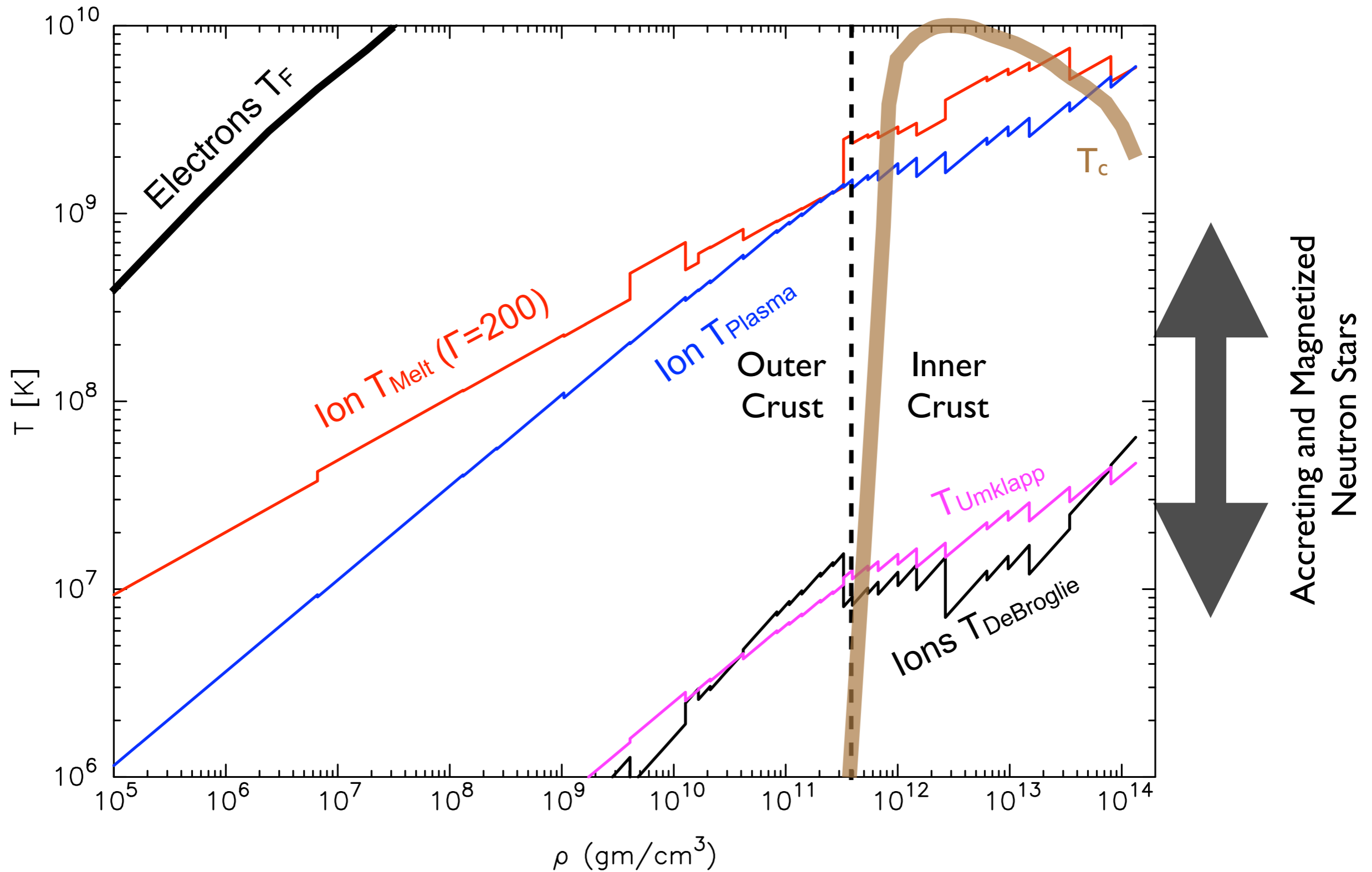
Relevant Temperature Scales in the Crust



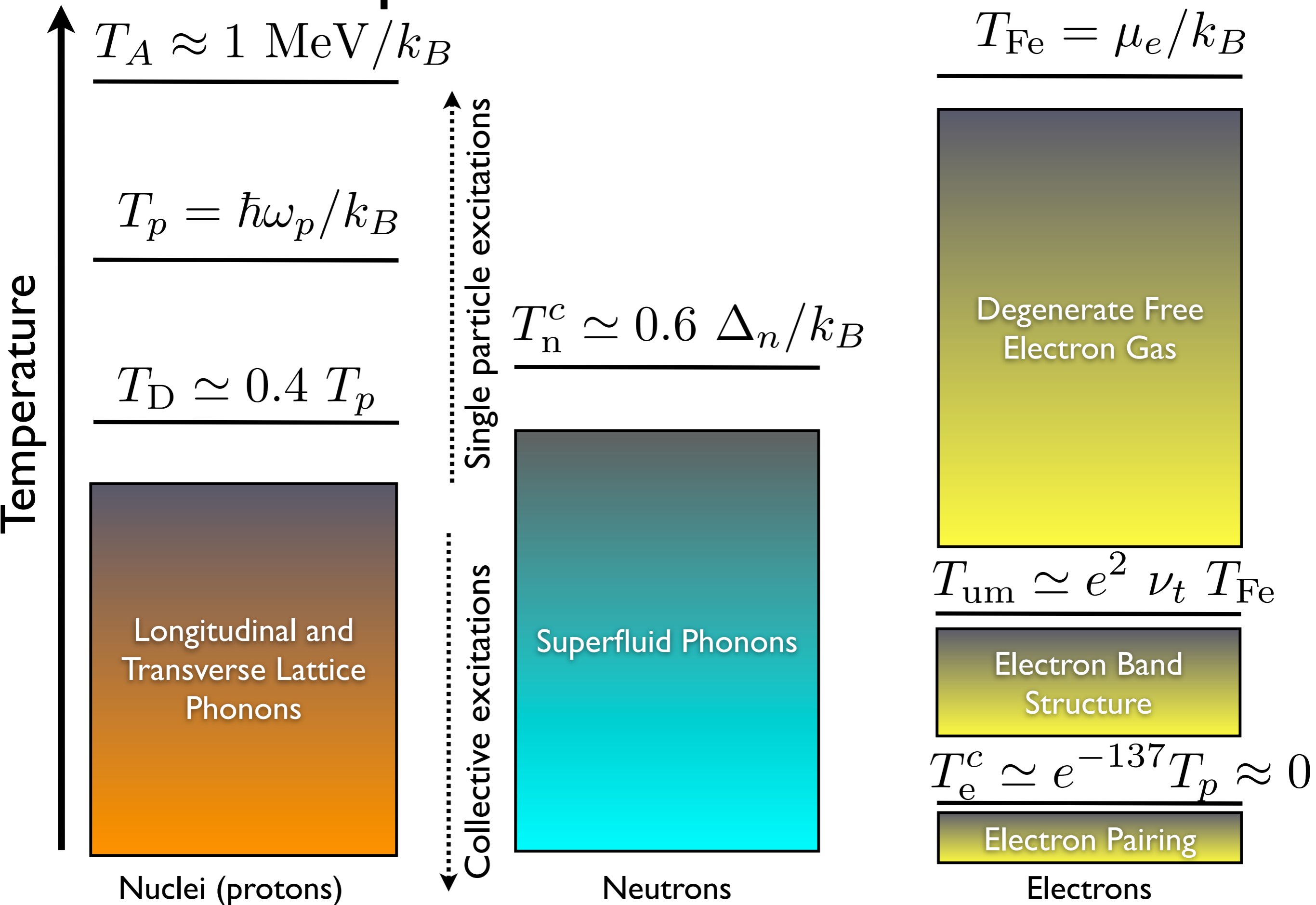
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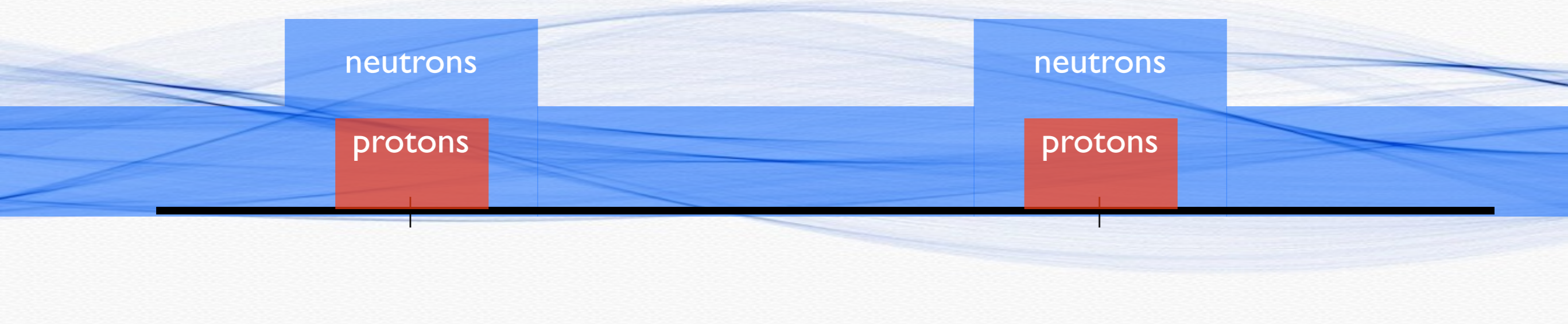
Relevant Temperature Scales in the Crust



Separation of Scales



Low Energy Theory of Phonons



Proton (clusters) move collectively on lattice sites.
Displacement is a good coordinate.

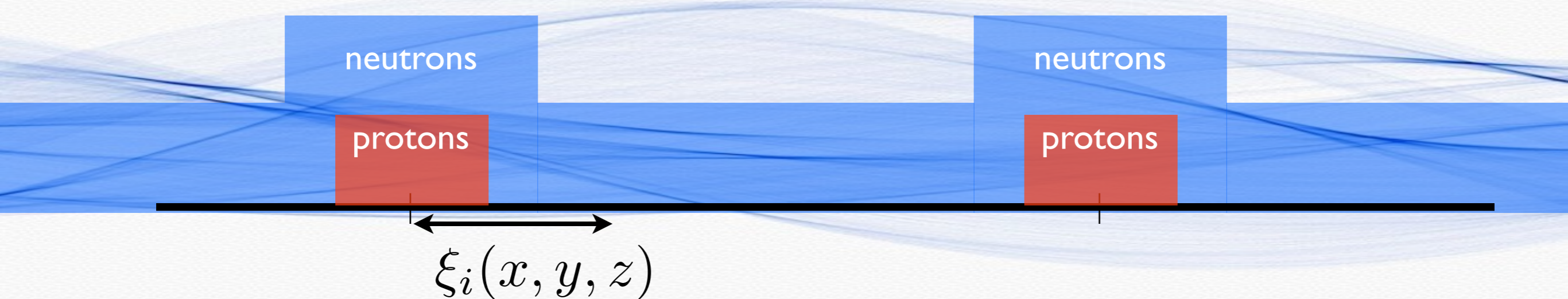
Neutron superfluid: Goldstone excitation is the fluctuation of the phase of the condensate.

$$\langle \psi_{\uparrow}(r, t) \psi_{\downarrow}(r, t) \rangle = |\Delta(r, t)| \exp(2i\phi(r, t))$$

Collective
coordinates:

Vector Field: $\xi_i(r, t)$
Scalar Field: $\phi(r, t)$

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Symmetries & Derivative Expansion

The low energy theory must respect symmetries of the underlying Hamiltonian

$$\left\{ \begin{array}{l} \xi^{a=1..3}(\mathbf{r}, t) \rightarrow \xi^{a=1..3}(\mathbf{r}, t) + a^{a=1..3} \\ \phi(\mathbf{r}, t) \rightarrow \phi(\mathbf{r}, t) + \theta \end{array} \right.$$

Only derivative terms are allowed. Lagrangian density for the phonon system with cubic symmetry:

$$\begin{aligned} \mathcal{L} = & \frac{f_\phi^2}{2} (\partial_0 \phi)^2 - \frac{v_\phi^2 f_\phi^2}{2} (\partial_i \phi)^2 + \frac{\rho}{2} \partial_0 \xi^a \partial_0 \xi^a - \frac{1}{4} \mu (\xi^{ab} \xi^{ab}) - \frac{K}{2} (\partial_a \xi^a) (\partial_b \xi^b) \\ & - \frac{\alpha}{2} \sum_{a=1..3} (\partial_a \xi^a \partial_a \xi^a) + g_{\text{mix}} f_\phi \sqrt{\rho} \partial_0 \phi \partial_a \xi^a + \dots, \end{aligned}$$

where $\xi^{ab} = (\partial_a \xi^b + \partial_b \xi^a) - \frac{2}{3} \partial_c \xi^c \delta^{ab}$

Identifying the Low Energy Constants

- LECs must be related to thermodynamic properties.
- Each gradient produces a unique deformation of the ground state.
- The energy cost associated with these (small) deformations provide the LECs.

For a rigorous derivation of LECs in terms of thermodynamic derivatives see [arXiv:1102.5379](https://arxiv.org/abs/1102.5379)

The Coupled System at Leading Order

$$\mathcal{L}_{n+p} = \frac{1}{2} (\partial_t \phi)^2 - \frac{1}{2} v_s^2 (\partial_i \phi)^2 + \frac{1}{2} (\partial_t \xi_i)^2 - \frac{1}{2} (c_l^2 - g^2) (\partial_i \xi_i)^2 \\ + g \partial_t \phi \partial_i \xi_i + \tilde{\gamma} \partial_i \phi \partial_t \xi_i$$

Velocities :

$$v_s^2 = \frac{n_f}{m \chi_n} \quad c_l^2 = \frac{K + 4\mu_s/3}{m(n_p + n_b)}$$

Entrainment: protons drag neutrons.

$$\begin{cases} \text{Bound neutrons: } n_b = \gamma n_n \\ \text{Free neutrons: } n_f = n_n (1 - \gamma) \end{cases}$$

Longitudinal lattice phonons and superfluid phonons are coupled:

$$g = n_p E_{np} \sqrt{\frac{\chi_n}{m(n_p + n_b)}} \quad \tilde{\gamma} = \frac{-n_b v_s}{\sqrt{(n_p + n_b) n_f}}$$

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Transverse lattice phonons:

$$\mathcal{L}_t = \frac{1}{2}(\partial_t \xi_i)^2 - \frac{1}{2}c_t^2 (\partial_i \xi_j + \partial_j \xi_i)^2 \quad \Rightarrow \quad c_t^2 = \frac{\mu_s}{m(n_p + n_b)}$$

Phonon mixing and drag

$$\mathcal{L}_{\text{sPh-lPh}} = g \partial_0 \phi \partial_i \xi_i + \gamma \partial_i \phi \partial_0 \xi_i$$



density-density interaction:

$$g = - \frac{n_p v_s}{\sqrt{n_f(n_p + n_b)}} \frac{\partial n_n}{\partial n_p}$$

velocity-velocity interaction:

$$\tilde{\gamma} = \frac{n_b v_s}{\sqrt{n_f(n_p + n_b)}}$$

Entrainment

Chamel (2005)

Carter, Chamel & Haensel (2006)

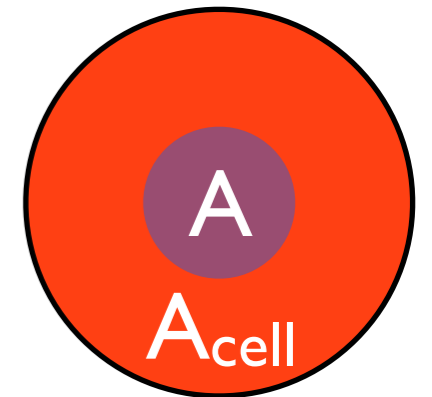
$n_b \neq$ number of “bound” neutrons.

Bragg scattering off the lattice is important.

neutron single-particle energy

$$n_f = \frac{m}{24\pi^3} \sum_{\alpha} \int_F |\nabla_{\mathbf{k}} \epsilon_{\alpha, \mathbf{k}}| dS^{\alpha}$$

$$n_b = n_n - n_f$$

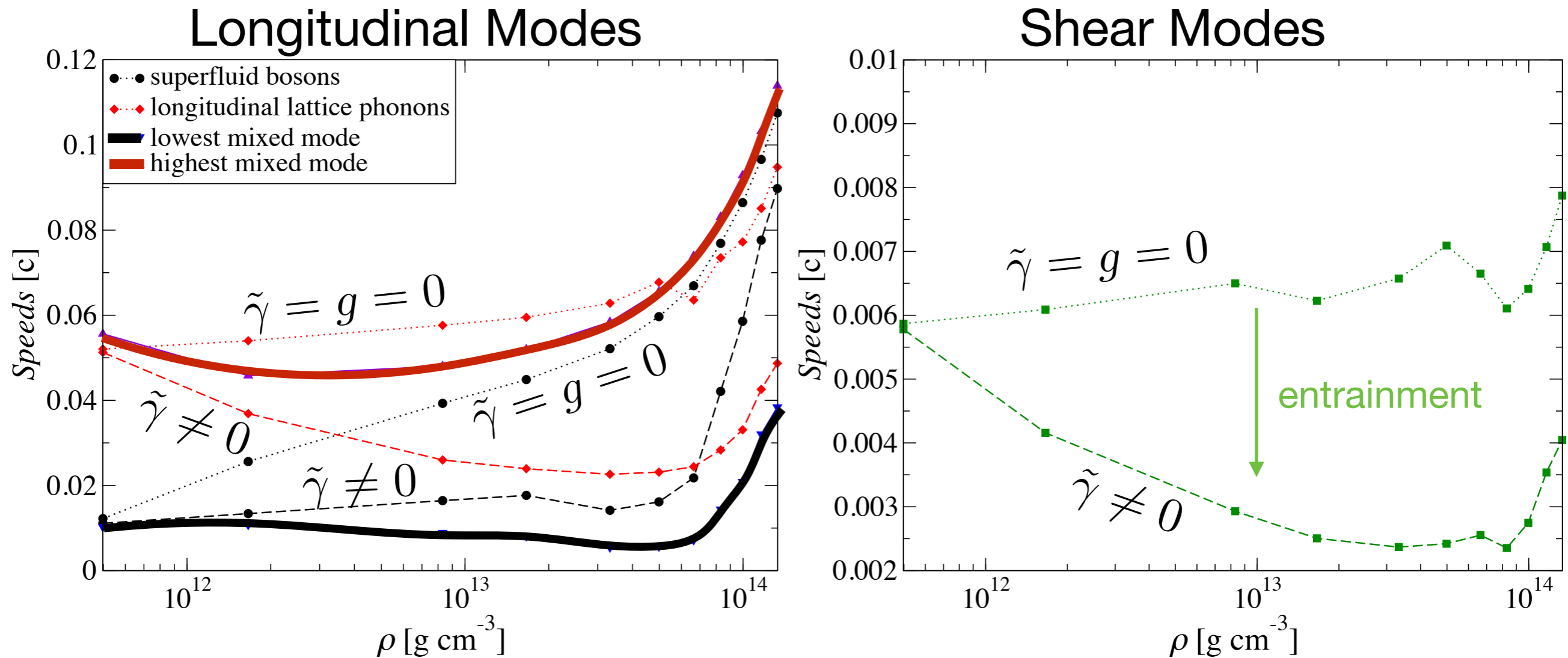


$$A = N + Z$$

Complex interplay of nuclear and band structure effects.
The nuclear surface and disorder are likely to play a role.

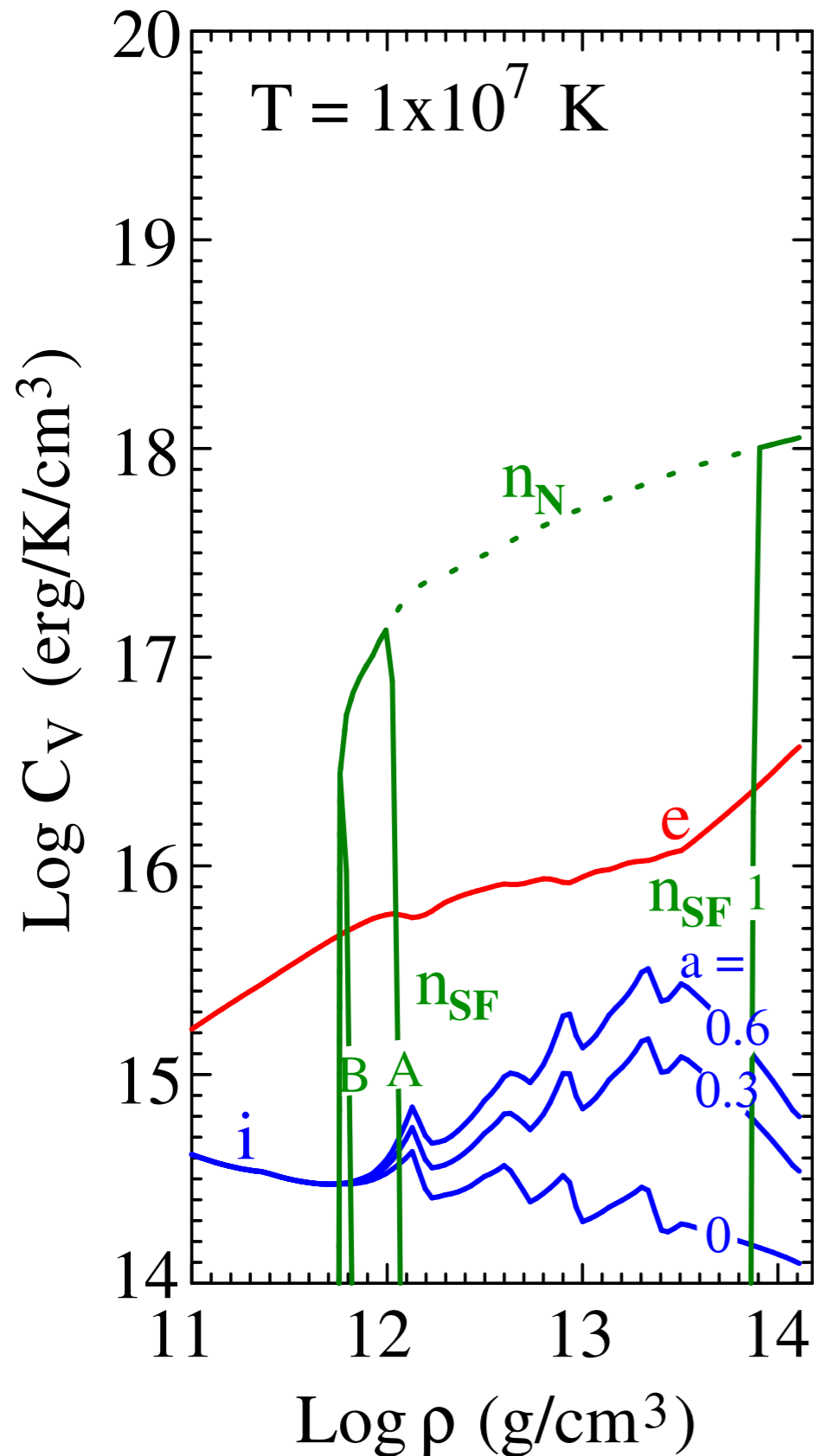
Longitudinal lattice phonons and superfluid phonons are strongly coupled by entrainment.

Mixed & Entrained Modes



Longitudinal modes are strongly mixed due to strong interactions. Shear mode velocity is reduced due to entrainment.

Crustal Specific Heat

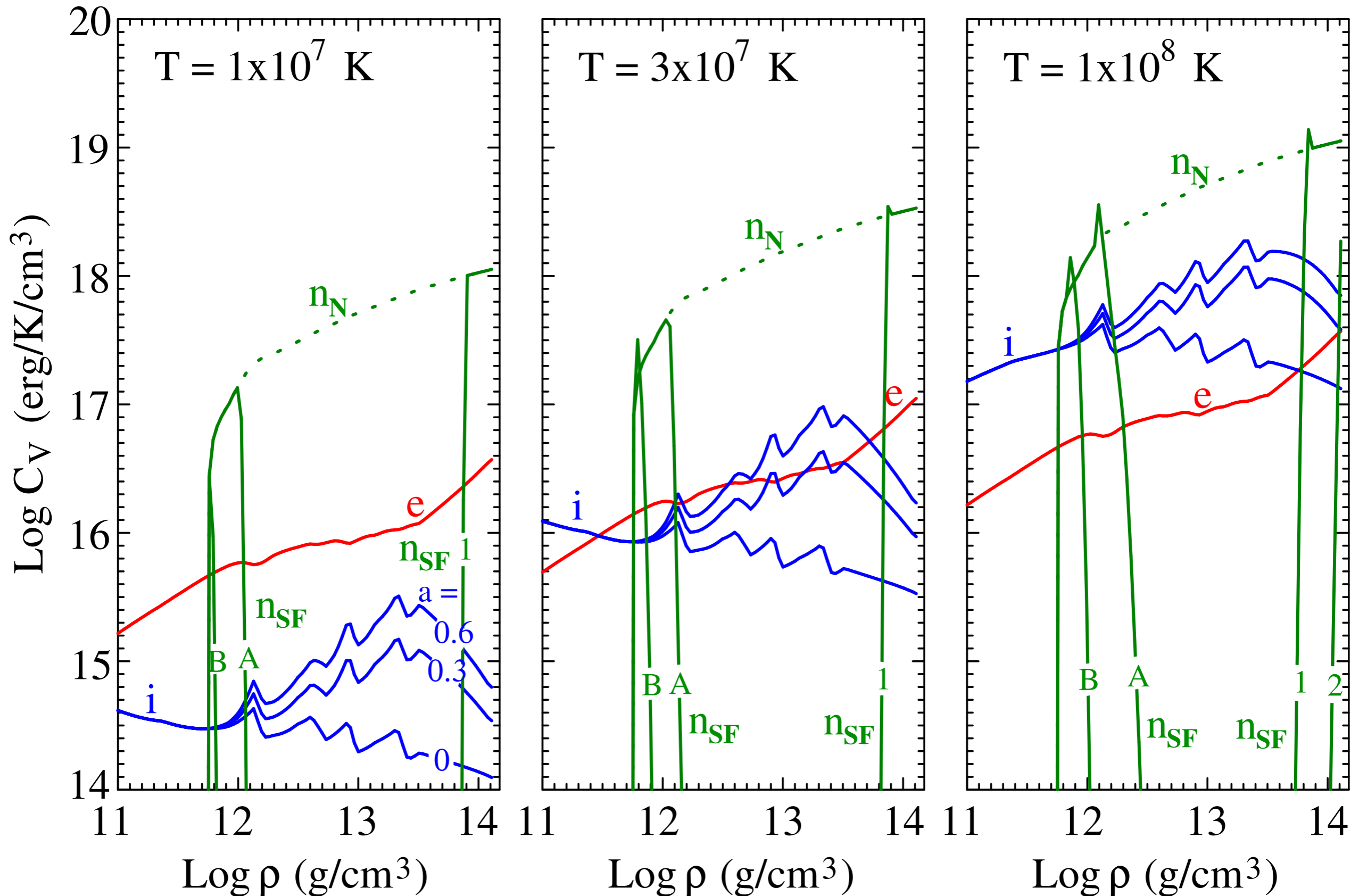


Electrons:
$$C_v^e = \frac{1}{3} \mu_e^2 T$$

Ions:
$$C_v^{\text{lph}} = \frac{2\pi^2}{15} \left(\frac{T^3}{v_l^3} + \frac{2T^3}{v_t^3} \right)$$

Neutrons:
$$\left\{ \begin{array}{l} C_v^{\text{sph}} = \frac{2\pi^2}{15} \frac{T^3}{v_\phi^3} \quad (T \ll T_c) \\ C_v^{\text{neutron}} = \frac{1}{3} m_n k_{\text{Fn}} T \quad (T > T_c) \end{array} \right.$$

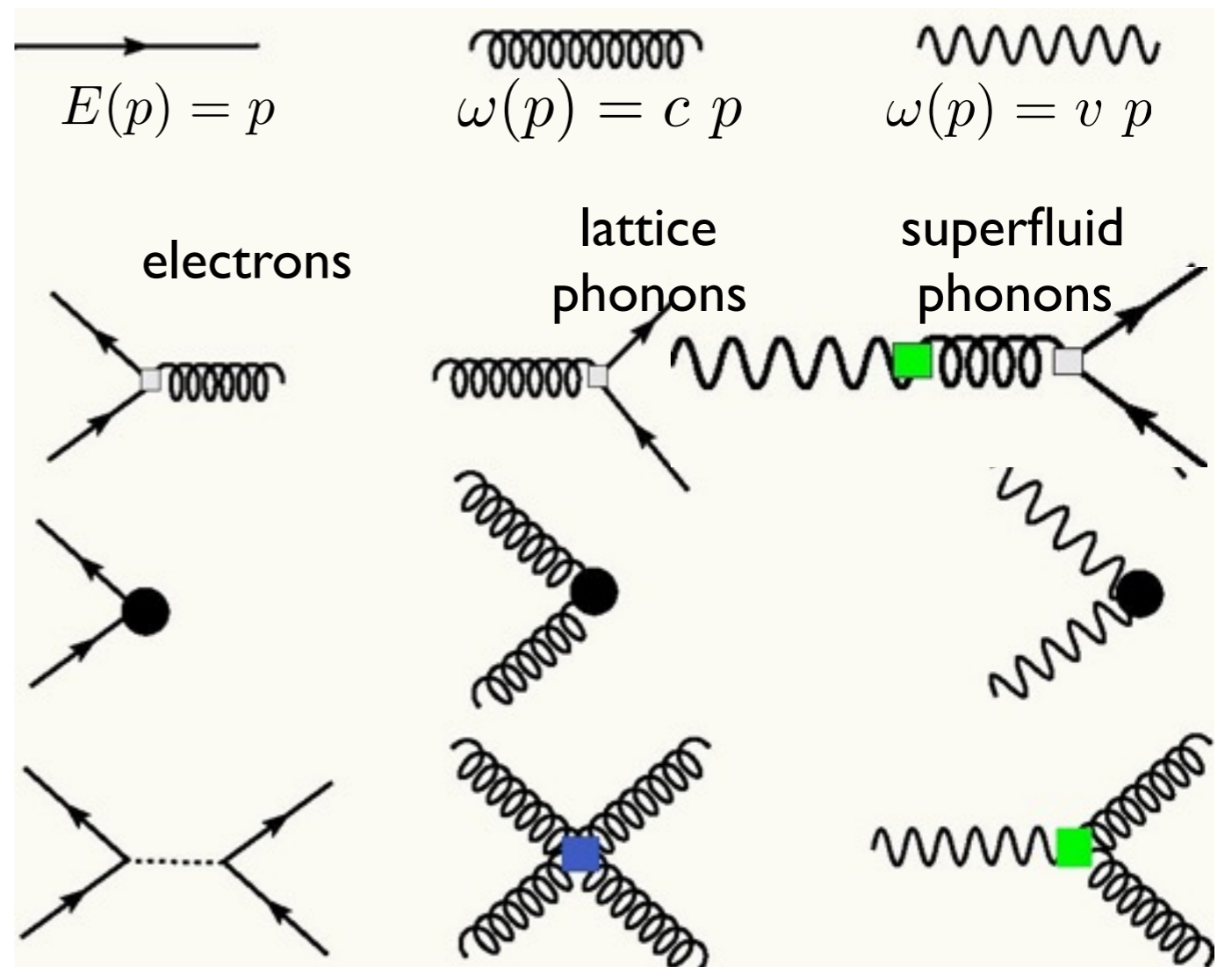
Crustal Specific Heat



Transport: Thermal Conduction

$$\kappa = \frac{1}{3} C_v \times v \times \lambda$$

- Dissipative processes:

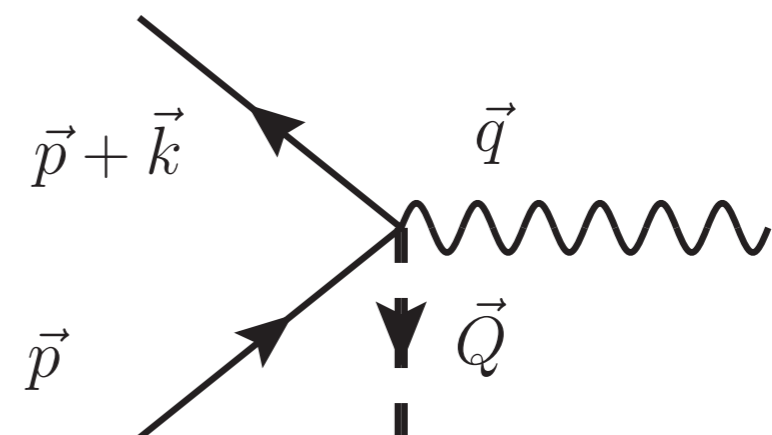


Cirigliano, Reddy & Sharma (2011)

- Umklapp is important:

$$\frac{k_{\text{Fe}}}{q_{\text{D}}} = \left(\frac{Z}{2} \right)^{1/3} > 1$$

Electron Bragg scatters and emits a transverse phonon.



Flowers & Itoh (1976)

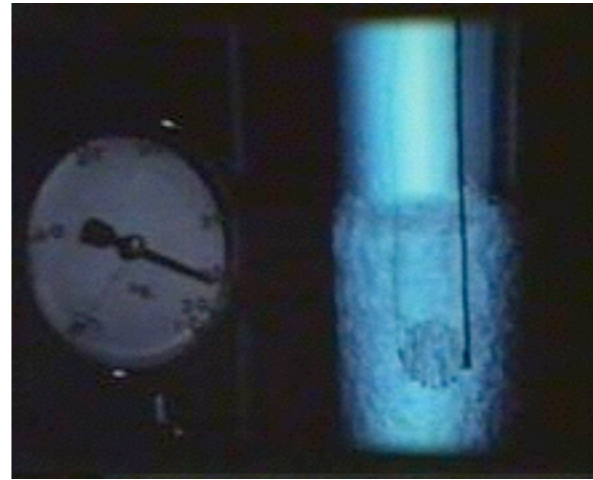
Superfluid Conduction

Its impossible to sustain a temperature gradient in bulk superfluid helium !

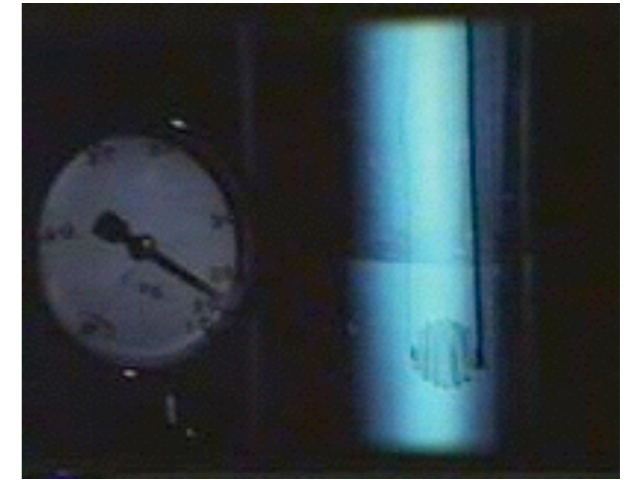
$$\vec{Q} = S^{(\text{sPh})} T \vec{v}_n$$

$$S^{(\text{sPh})} = \frac{1}{3} C_v^{(\text{sPh})} = \frac{2\pi^2}{15 c_s^3} T^3$$

Photographs: JF Allen and JMG Armitage (St Andrews University 1982).



$T > T_c$



$T < T_c$

Two fluid model: Counter-flow transports heat.
(The superfluid phonon fluid)

The velocity is limited only by fluid dynamics: (i) boundary shear viscosity or (ii) superfluid turbulence.

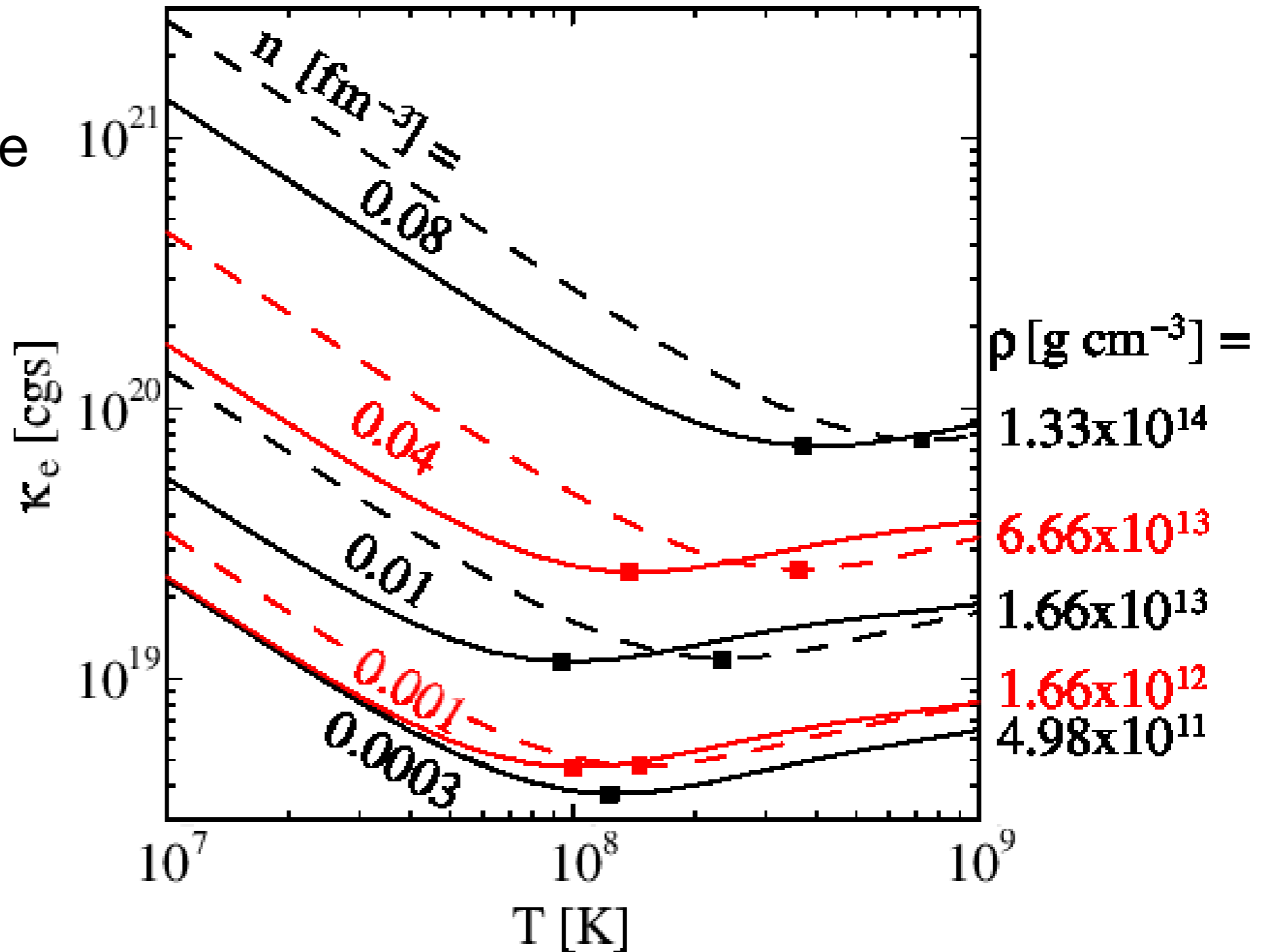
Why does this not occur in neutron stars ?

Answer: Fluid motion is damped by electrons.

Electron Conduction

$$\kappa_e = \frac{1}{3} C_V v_{Fe} \lambda_\kappa = \frac{\pi^2 T n_e}{3 \epsilon_{Fe}} \frac{1}{\nu_\kappa}$$

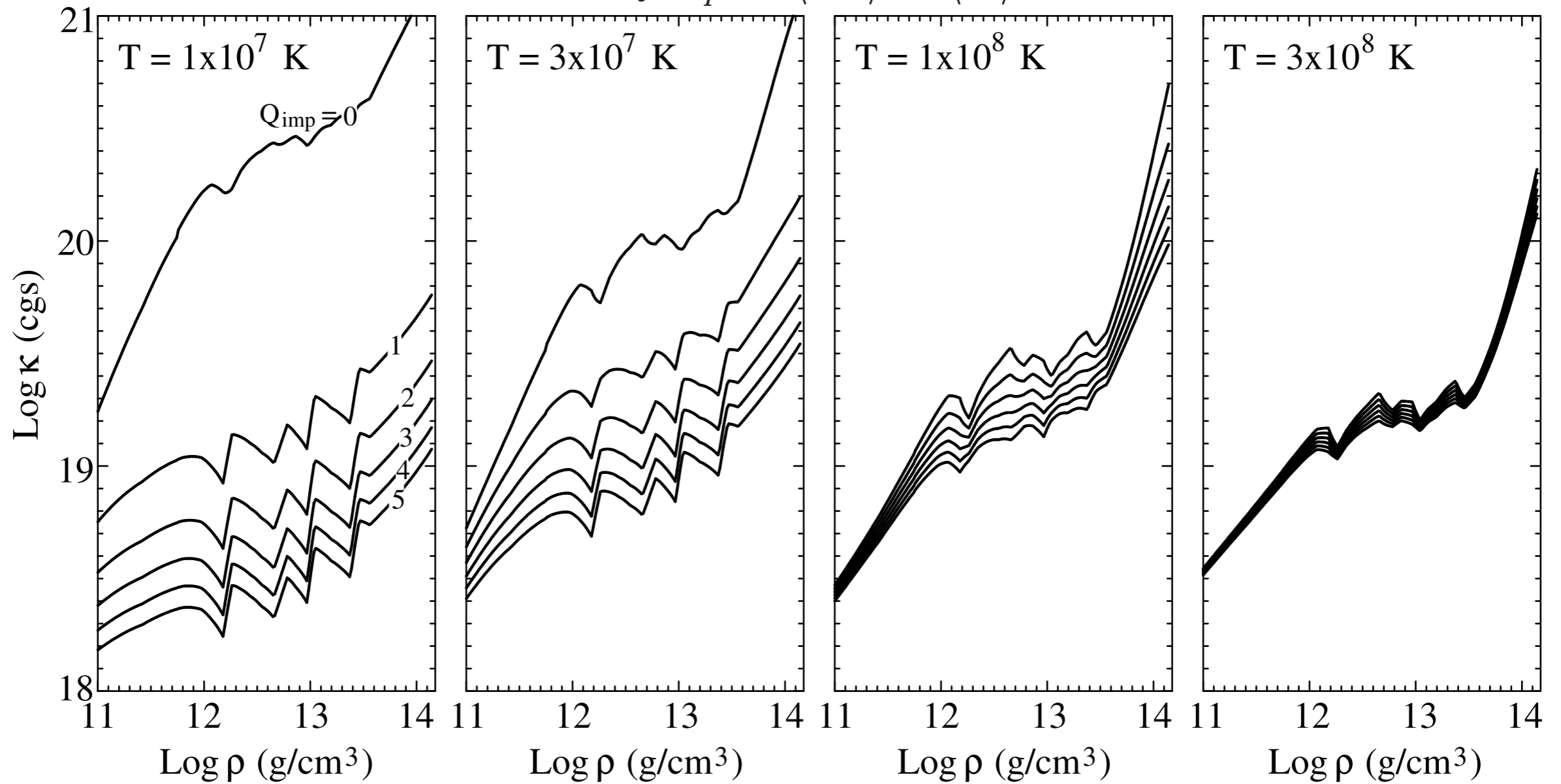
Changes to the phonon spectrum due to mixing and entrainment suppress the conductivity.



Electron Conduction

$$\kappa_e = \frac{1}{3} C_V v_{Fe} \lambda_\kappa = \frac{\pi^2 T n_e}{3 \epsilon_{Fe}} \frac{1}{\nu_\kappa}$$

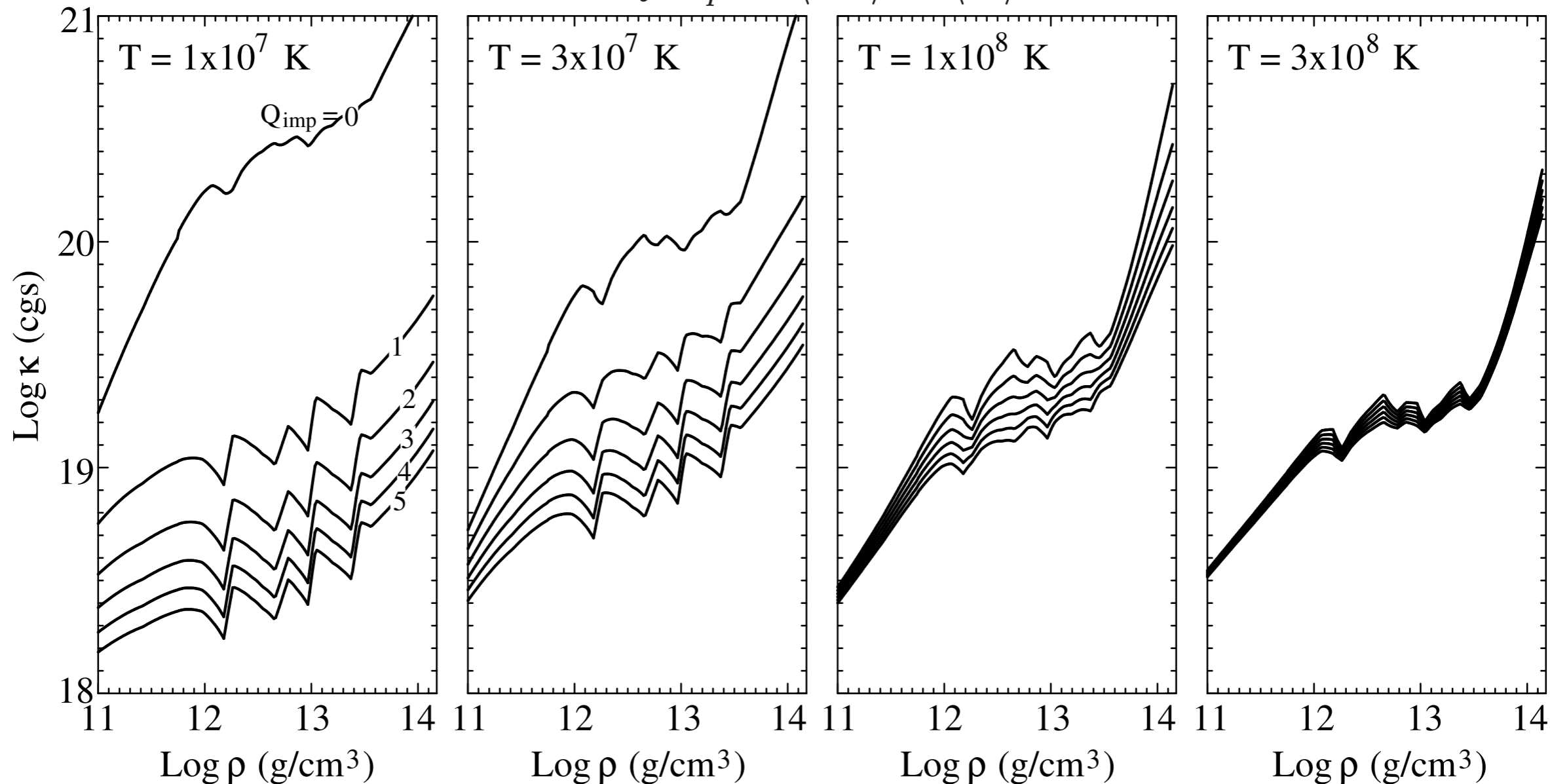
$$Q_{imp} = \langle Z^2 \rangle - \langle Z \rangle^2$$



Electron Conduction

$$\kappa_e = \frac{1}{3} C_V v_{Fe} \lambda_\kappa = \frac{\pi^2 T n_e}{3 \epsilon_{Fe}} \frac{1}{\nu_\kappa}$$

$$Q_{imp} = \langle Z^2 \rangle - \langle Z \rangle^2$$



Impurity scattering is important at low temperature.

$$\nu_\kappa = \nu_\kappa^{ph} + \nu_\kappa^{imp}$$

Flowers & Itoh (1976)

Impurity Scattering in Coulomb Solids

Uncorrelated impurities:

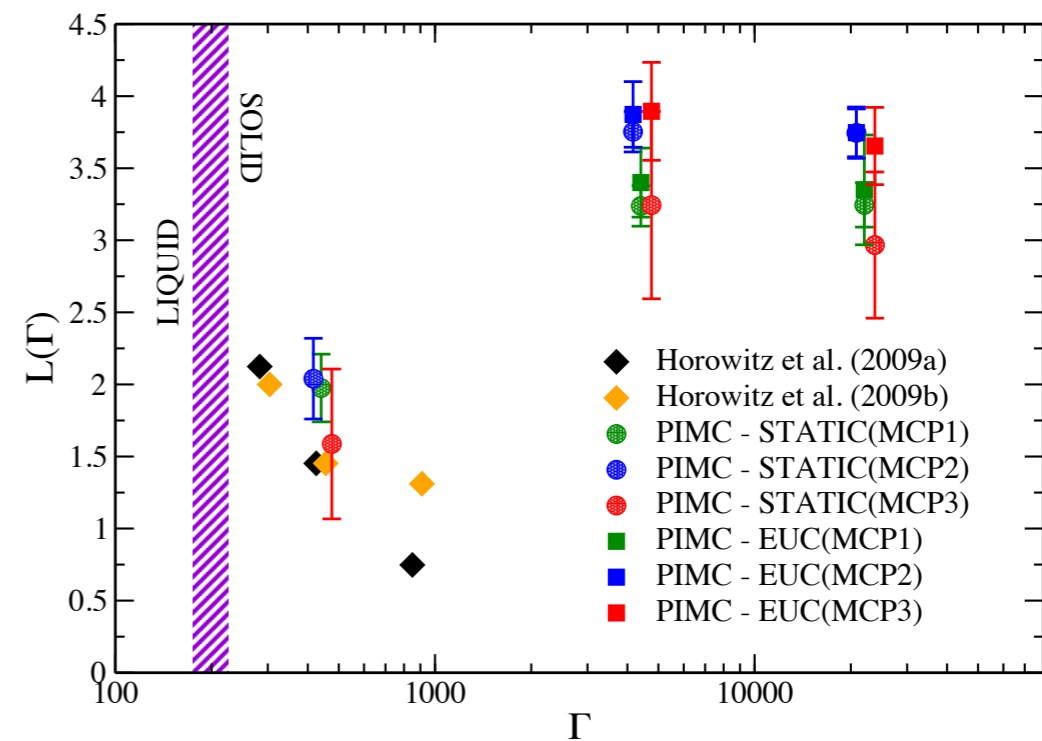
$$\nu_{\kappa}^{imp} = \nu_{\kappa}^0 \frac{Q_{imp}}{\langle Z \rangle} \Lambda_{\kappa}^{imp},$$

$$Q_{imp} = \langle Z^2 \rangle - \langle Z \rangle^2$$

$$\Lambda_{\kappa}^{imp} = \left(\frac{\alpha_{em}}{\pi} + \frac{1}{2} \right) \ln \left(\frac{\alpha_{em} + \pi}{\alpha_{em}} \right) - 1$$

Path Integral Monte Carlo and Molecular Dynamics suggests that impurity distribution is not random.

$$Q_{imp} \rightarrow \tilde{Q}_{imp} = L(\Gamma) Q_{imp}$$



Enhances impurity scattering by a factor of 2-4.

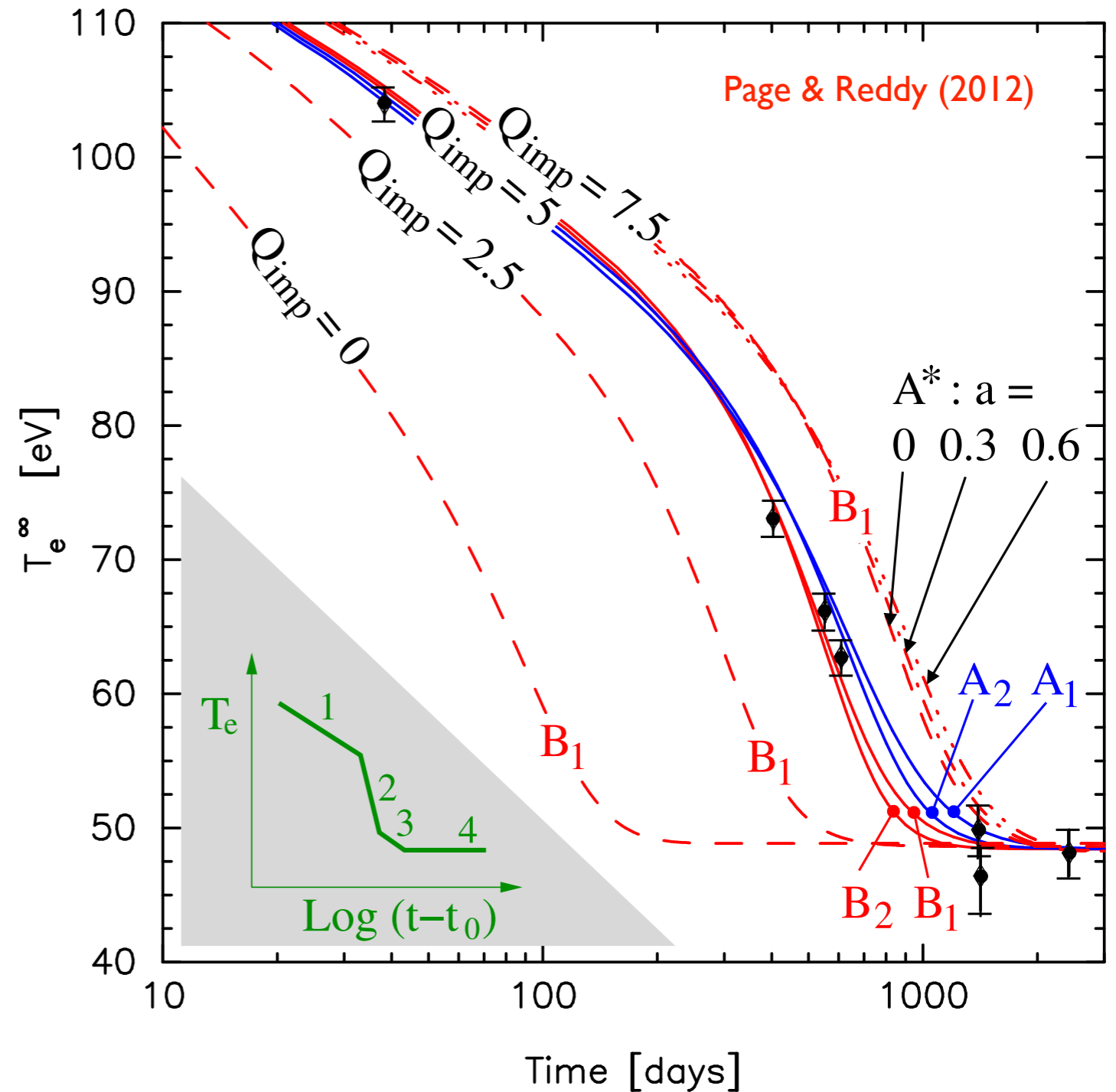
Unraveling Thermal Relaxation

- Late time signal is sensitive to inner crust thermal and transport properties.

Shternin & Yakovlev (2007)
Brown & Cumming (2009)

- Variations in the pairing gap (changes the fraction of normal neutrons) may be discernible !

Page & Reddy (2012)



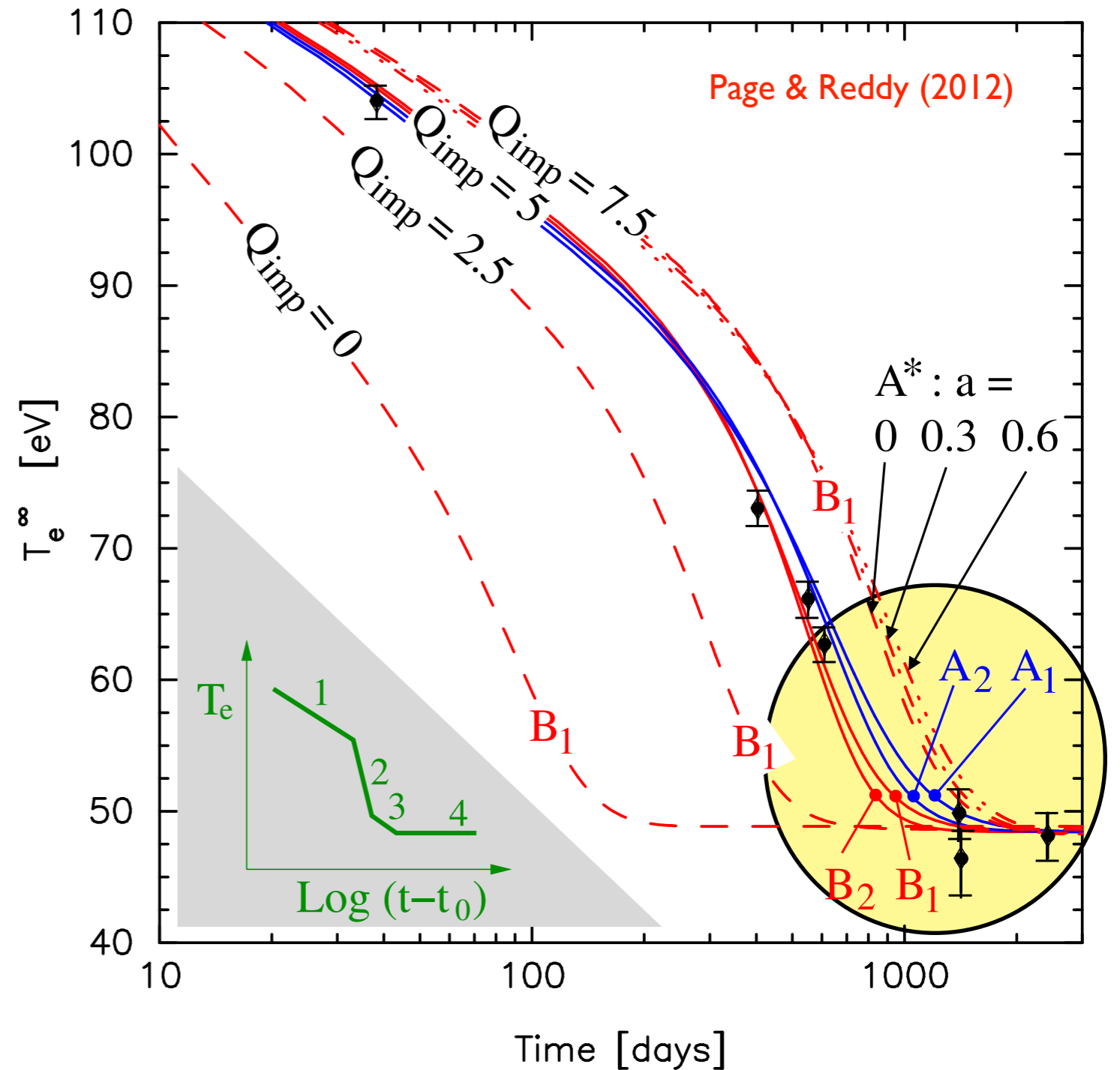
Unraveling Thermal Relaxation

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Page & Reddy (2012)



A: Low T_c - large normal fraction
B: High T_c - small normal fraction

Transport Properties of the Core

Low energy excitations in the core

Neutrons are superfluid ($T < T_c^n$): Electrons + 4 Goldstone modes (3 neutron modes and 1 electron-proton mode). Bedaque, Rupak, Savage, (2003), Bedaque, Nicholson (2013), Bedaque and Reddy (2013).

Neutrons are normal ($T > T_c^n$): Electrons, neutrons + 1 Goldstone boson (electron-proton mode).

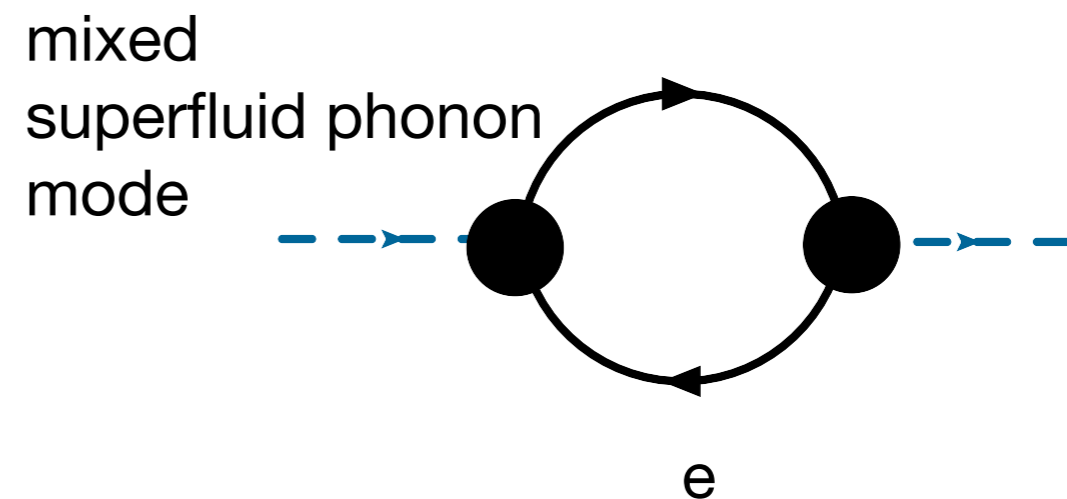
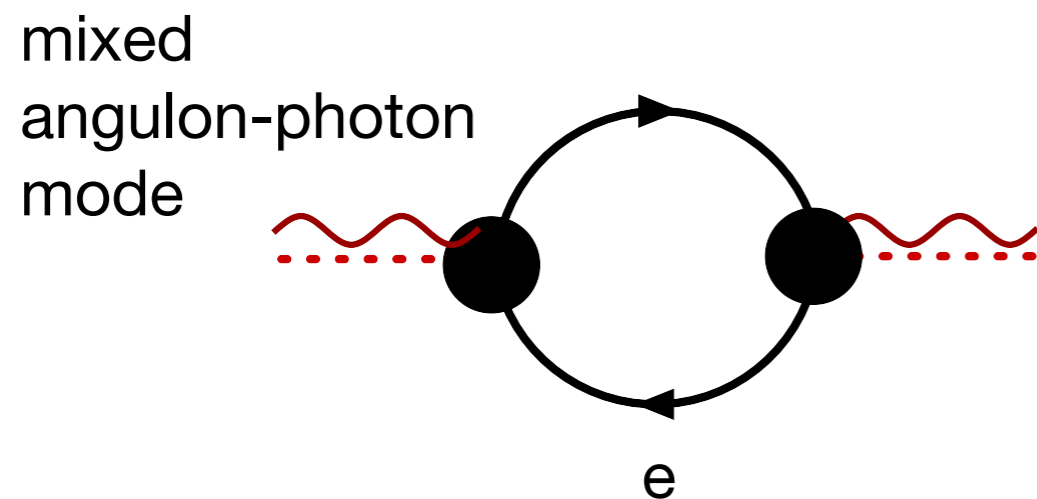
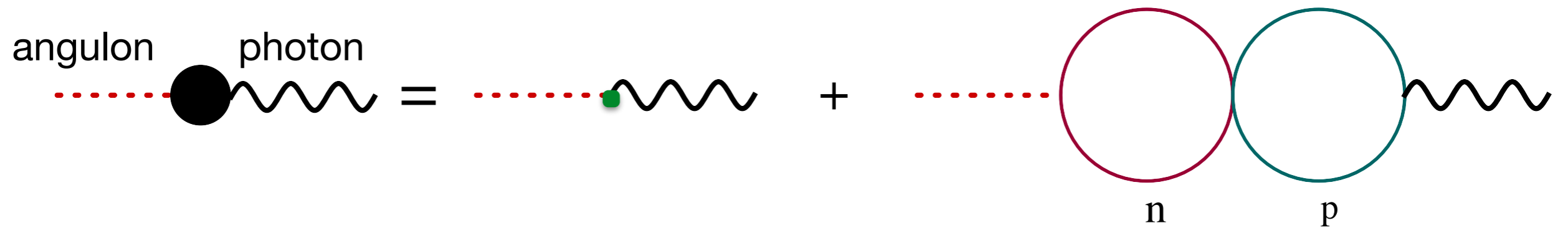
Superfluid Phonons:

$$\mathcal{L}_{\text{phn}} = \frac{1}{2}(\partial_0\phi)^2 - \frac{v_n^2}{2}(\partial_i\phi)^2 + \frac{1}{2}(\partial_0\xi)^2 - \frac{v_p^2}{2}(\partial_i\xi)^2 + v_{np}^2 \partial_0\phi \partial_0\xi + \frac{1}{f_{ep}} \partial_0\xi \psi_e^\dagger \psi_e + \dots ,$$

Angulons:

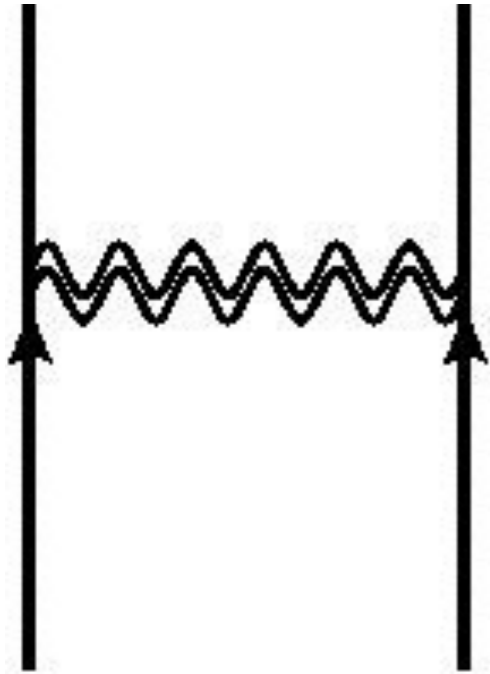
$$\mathcal{L}_{\text{ang}} = \sum_{i=1,2} \left[\frac{1}{2}(\partial_0\beta_i)^2 - \frac{1}{2}v_\perp^i \left((\partial_x\beta_i)^2 + (\partial_y\beta_i)^2 \right) + v_\parallel^2 (\partial_z\beta_i)^2 \right] + \frac{eg_n f_\beta}{2M \sqrt{-\nabla_\perp^2}} [\mathbf{B}_1 \partial_0 (\partial_y\beta_1 + \partial_x\beta_2) + \mathbf{B}_2 \partial_0 (\partial_x\beta_1 - \partial_y\beta_2)]$$

Mixing and Damping of Goldstone Bosons



Modes decay rapidly due to the coupling to the large density of electron-hole states. Do not contribute to transport.

Electron Scattering in the Core

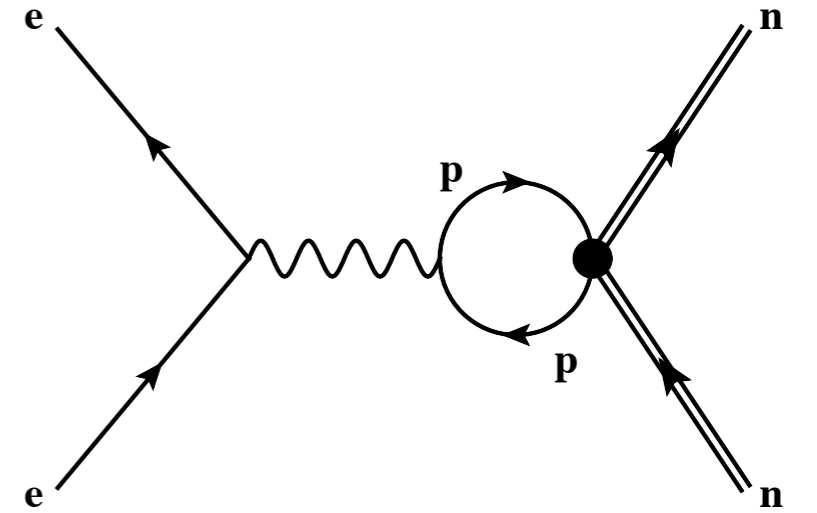


Pethick and Heiselberg (1993), Shternin and Yakovlev (2006,2007)

$$|M_{12}|^2 \propto \left| \frac{J_{1'1}^{(0)} J_{2'2}^{(0)}}{q^2 + \Pi_l} - \frac{\mathbf{J}_{t1'1} \cdot \mathbf{J}_{t2'2}}{q^2 - \omega^2 + \Pi_t} \right|^2$$

$$\Pi_t(\omega, \mathbf{q}) \simeq \alpha_{em} k_{Fp}^2 \left(4\pi \frac{\Delta_p}{q} + 2i \frac{\omega}{q} \right)$$

Electron-Neutron Scattering



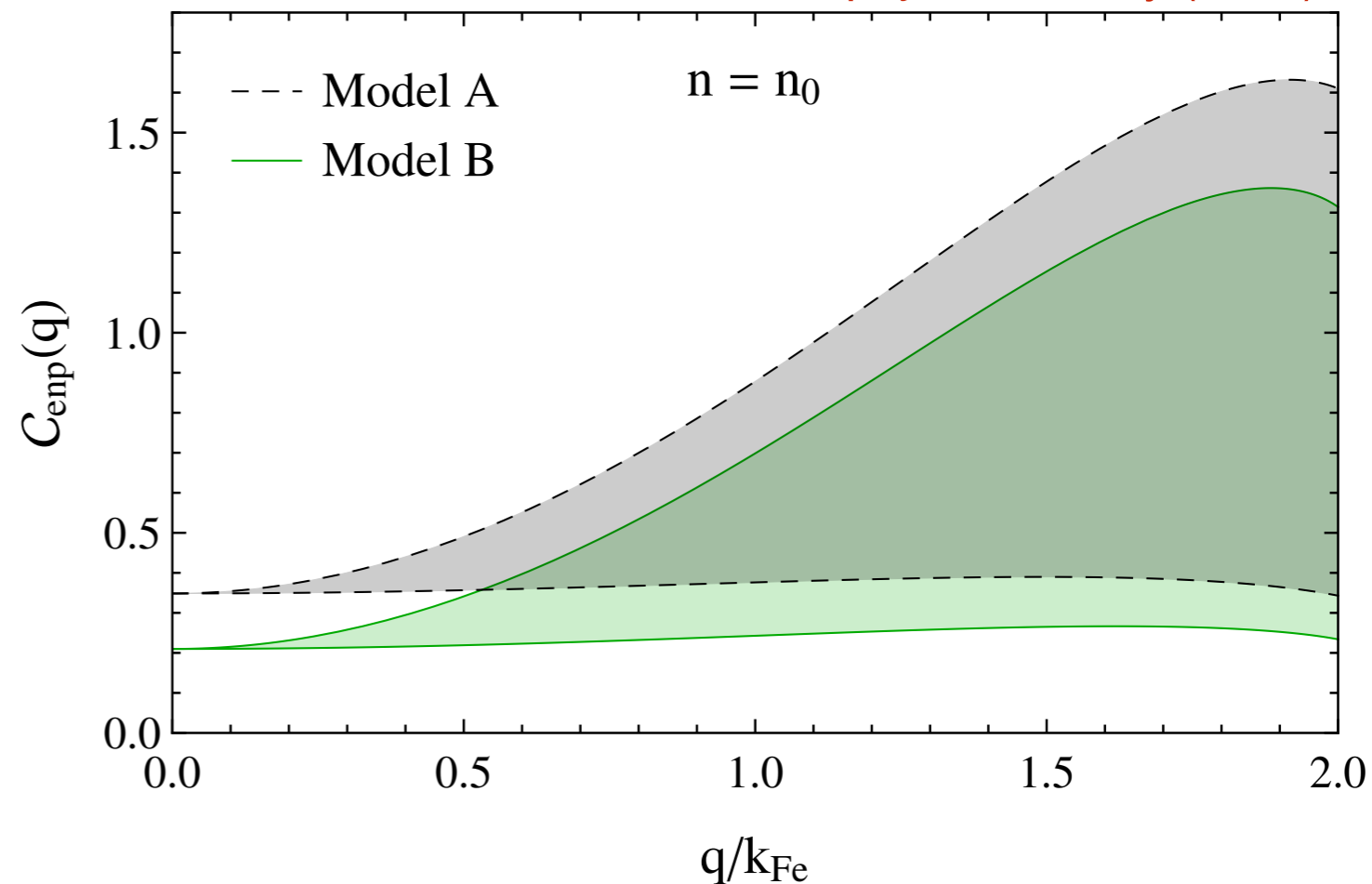
Bertoni, Rrapaj and Reddy (2014)

$$\mathcal{L}_{\gamma-n} = -\sqrt{4\pi\alpha} V_{np} \bar{n}\gamma_{\mu}n \Pi_p^{\mu\nu} A_{\nu}$$

$$\mathcal{L}_{e-n} = -\bar{e}\gamma_0 e \mathcal{U}_{enp}(\omega, q) \bar{n}\gamma_0 n$$

$$\mathcal{U}_{enp}(\omega, q) = \frac{-4\pi\alpha \mathcal{C}_{enp}(\omega, q)}{q^2 + q_{\text{TF}}^2}$$

$$\mathcal{C}_{enp}(\omega, q) = V_{np}(q)\chi_p(\omega, q)$$

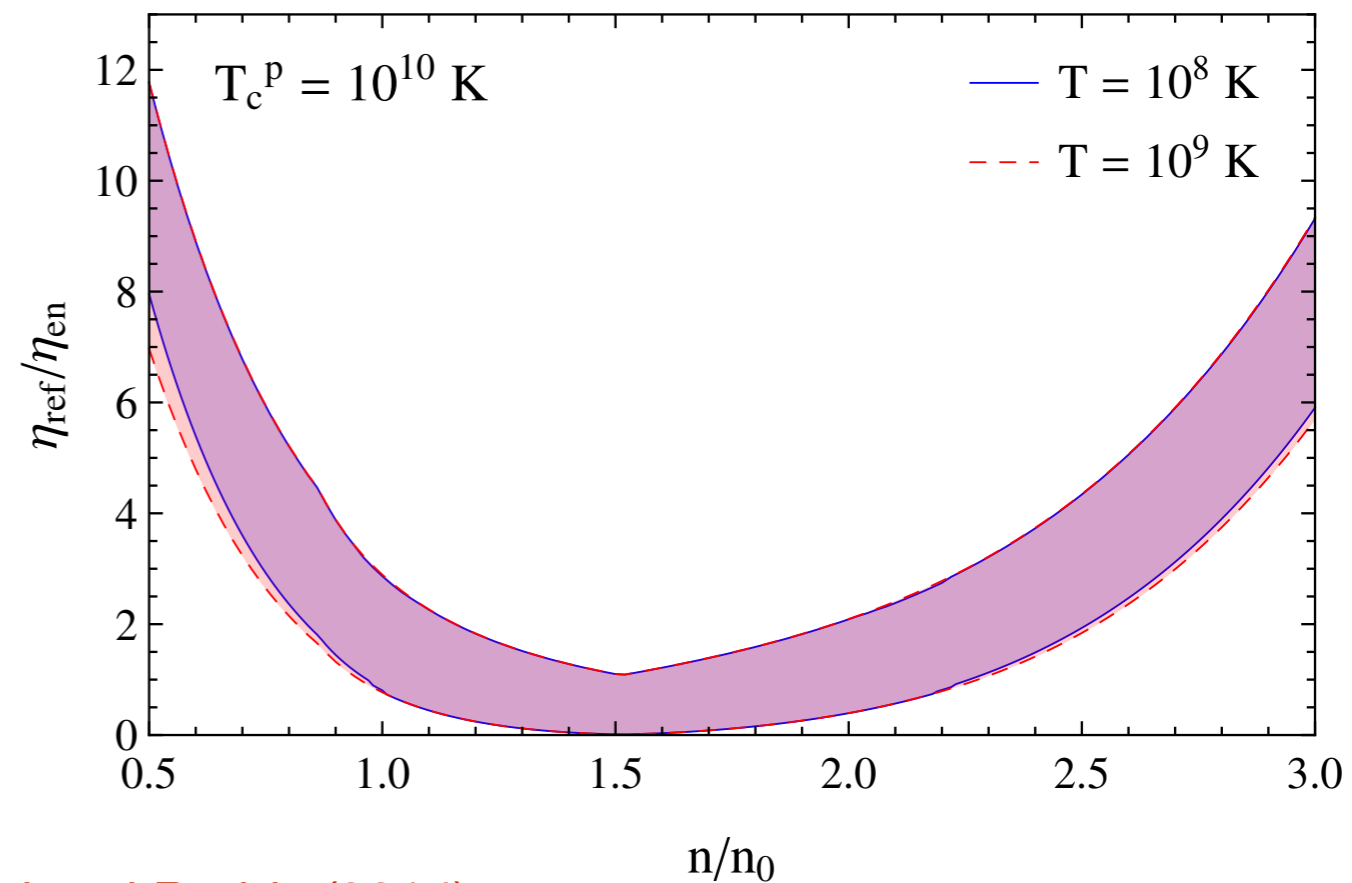
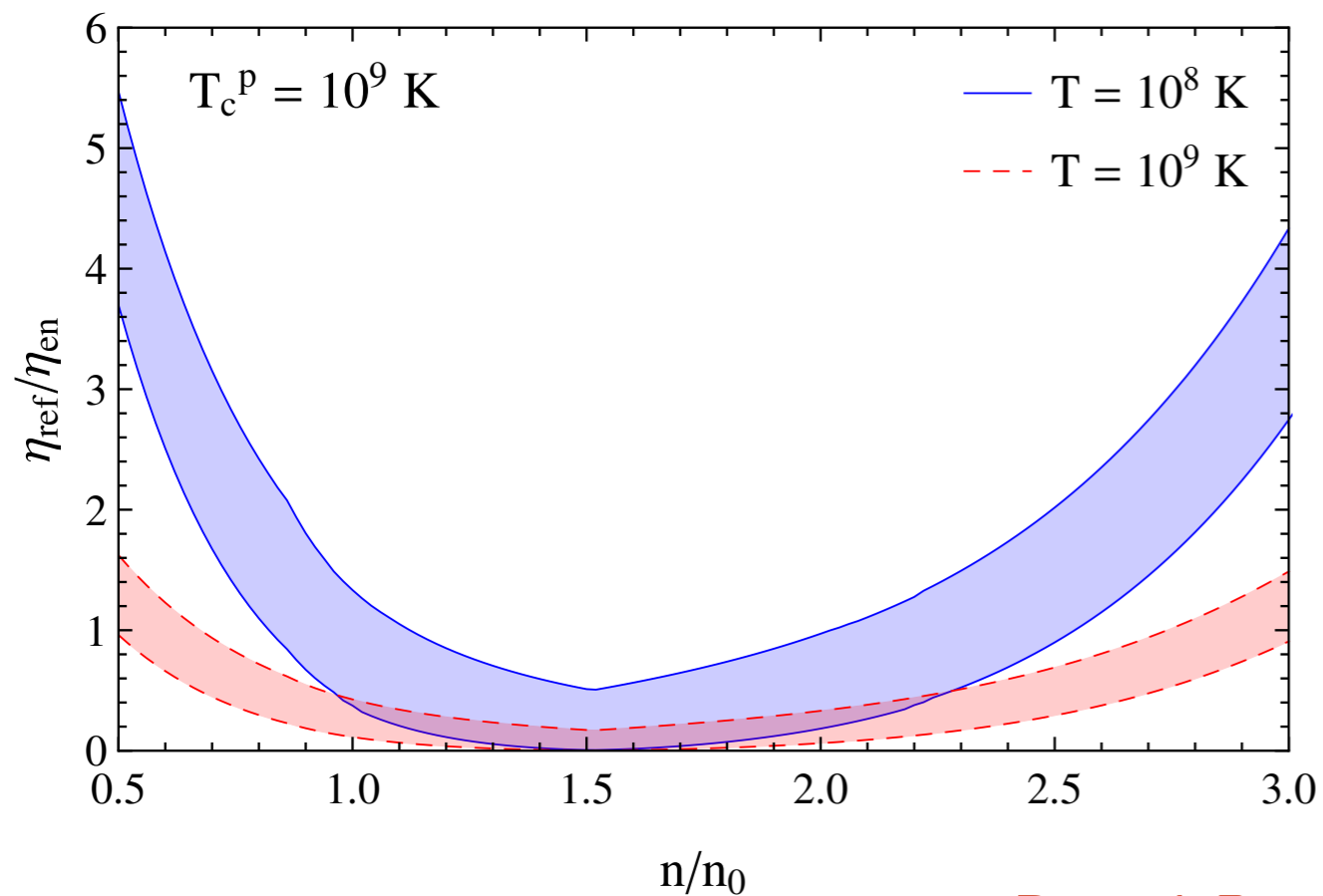


$$\chi_p(\omega, q) = \mathcal{R}e \Pi_p^L(\omega, q) = \mathcal{R}e \int dt e^{i\omega t} \int d\mathbf{r} e^{-i\mathbf{q}\cdot\mathbf{r}} \langle n_p(\mathbf{r}, t) n_p(0, 0) \rangle$$

$$\eta_{\text{en}} = \frac{k_{\text{Fe}}^4}{15\pi^2} \langle \lambda_{\text{en}} \rangle_{\eta}$$

$$\eta_{\text{total}} = \left(\frac{1}{\eta_{\text{ee}}} + \frac{1}{\eta_{\text{ep}}} + \frac{1}{\eta_{\text{en}}} \right)^{-1}$$

$$\eta_{\text{ref}} = \left(\frac{1}{\eta_{\text{ee}}} + \frac{1}{\eta_{\text{ep}}} \right)^{-1}$$



Summary

- Accreting neutron stars provide a unique opportunity to study thermal and transport properties.
- Thermal relaxation in neutron stars is sensitive to the low temperature properties of the crust.
- Thermal and transport properties of the inner crust (super-solid) can be calculated in terms of a few low-energy constants.
- Goldstone bosons in the crust and the core can decay into electron-hole states - this limits their contribution to transport.
- The induced interactions between electrons and neutrons can be relevant in the neutron star core.