



This project is funded  
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# *Numerical simulations of acoustically generated gravitational waves*

*PRL 112, 041301 (2014) [arXiv:1304.2433]  
arXiv:1504.03291*

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# Invitation

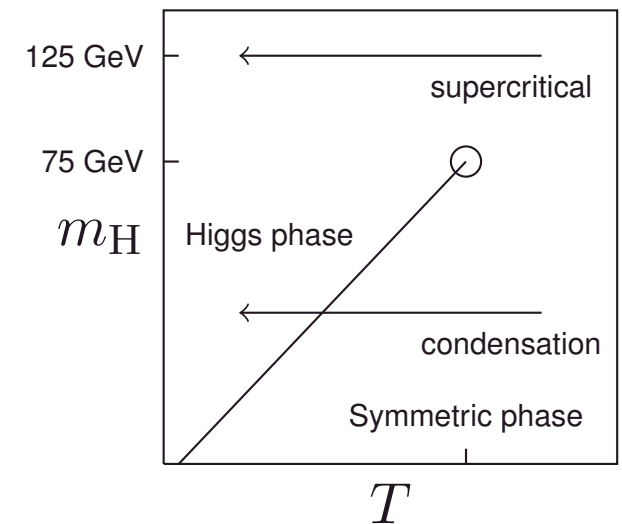
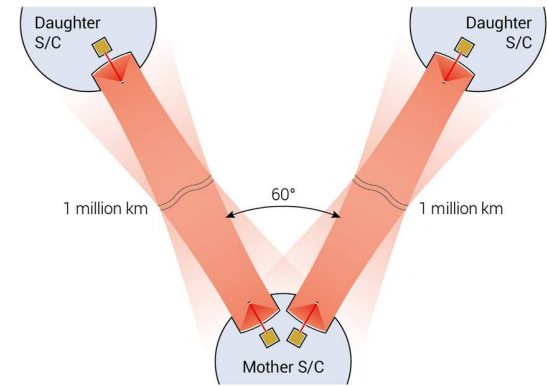


- We are hosting the second eLISA Cosmology Working Group workshop in Stavanger, 22-25 September
- Topics include first order phase transitions and GWs, so if you want to get involved this is an excellent opportunity to join in
- ... maybe see some of you there?
- We're also hosting SEWM 2016, so even if GWs aren't your thing, perhaps we'll see you in Norway soon... ?

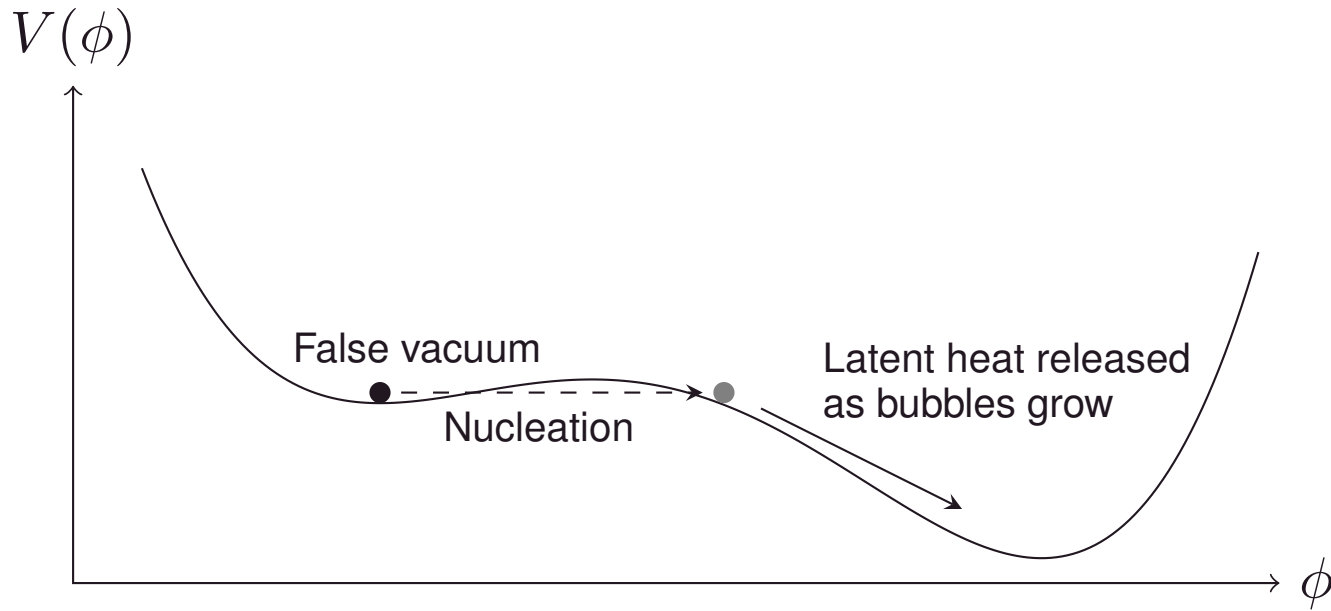


# Motivation and context

- GWs are a unique and promising test of high energy physics (advanced LIGO and VIRGO restarting; KAGRA; eLISA scheduled for 2034)
- Sources of GWs in the early universe include inflation, defects and bubble collisions at first order PTs
- Standard Model EW PT is a crossover, but first order common in extensions (singlet, 2HDM, etc.)  
*Andersen, Laine et al., Kozaczuk et al., Kamada and Yamada, Carena et al., Bödeker et al. . . .*
- A first-order phase transition around the EW scale *could* give the right conditions for baryogenesis
- What physics can we extract from the GW power spectrum at EW scales?



# First order phase transitions



Very familiar:

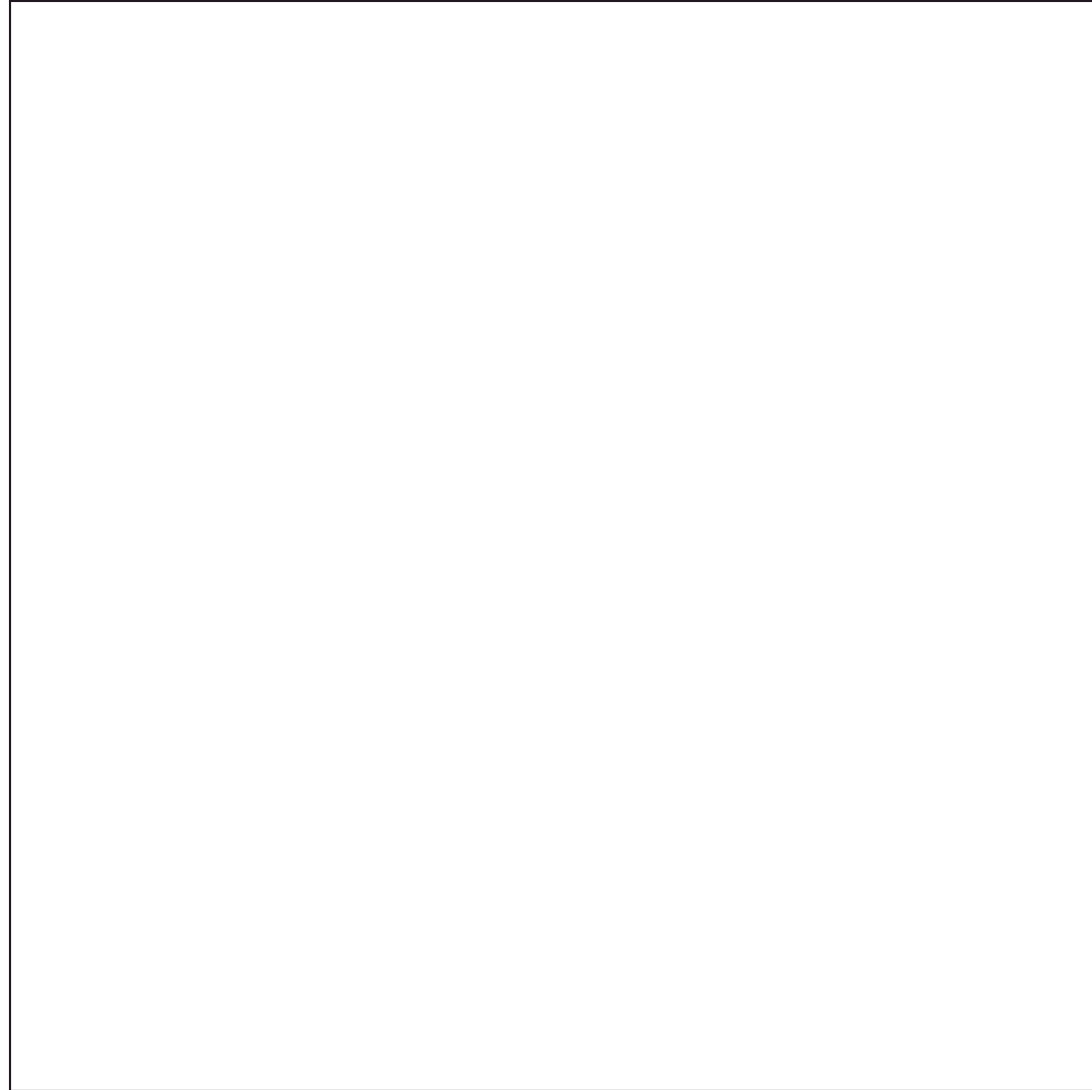


Water melting



Water boiling

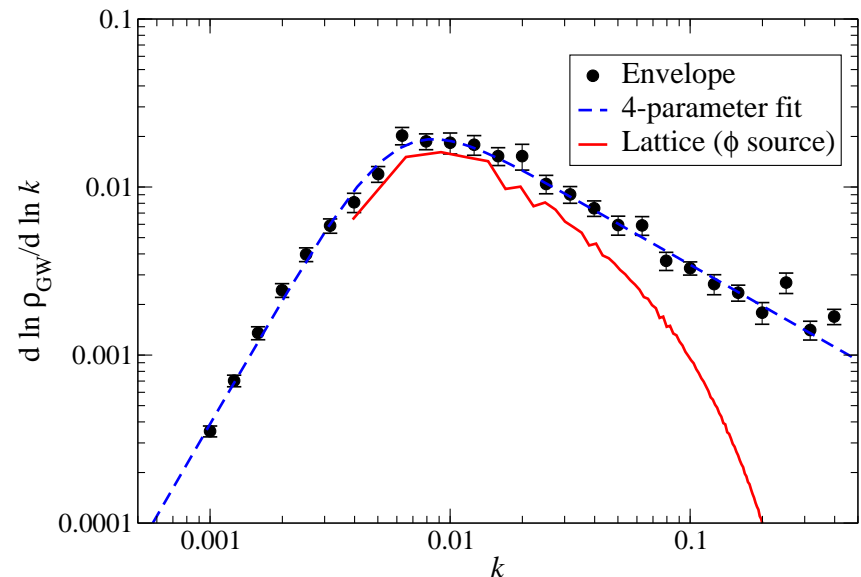
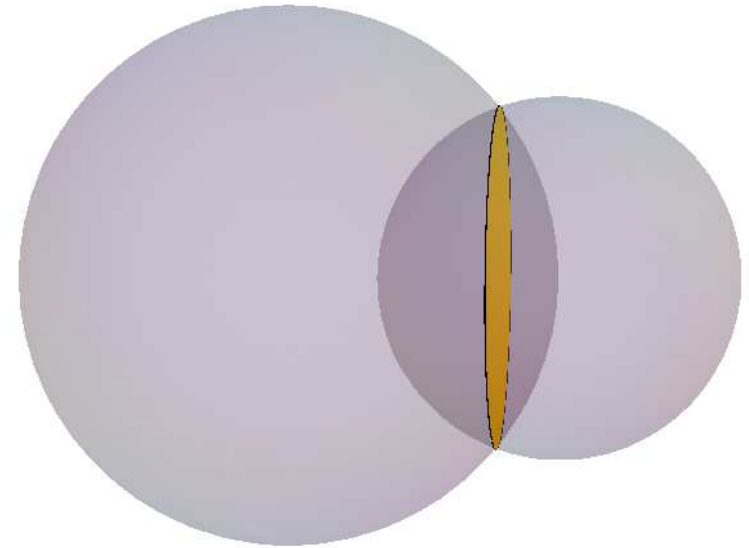
Something pretty



# Envelope approximation

Kosowsky, Turner and Watkins; Kamionkowski, Kamionowsky and Turner

- Thin-walled bubbles, no fluid
  - Bubbles expand with velocity  $v_w$
  - Stress-energy tensor  $\propto R^3$  on wall
  - Overlapping bubbles  $\rightarrow$  GWs
  - Keep track of solid angle
  - Collided portions of bubbles source gravitational waves
  - Resulting power spectrum is simple
    - One scale ( $R_*$ )
    - Two power laws ( $k^3, k^{-1}$ )
    - Amplitude
- $\Rightarrow$  4 numbers define spectral form



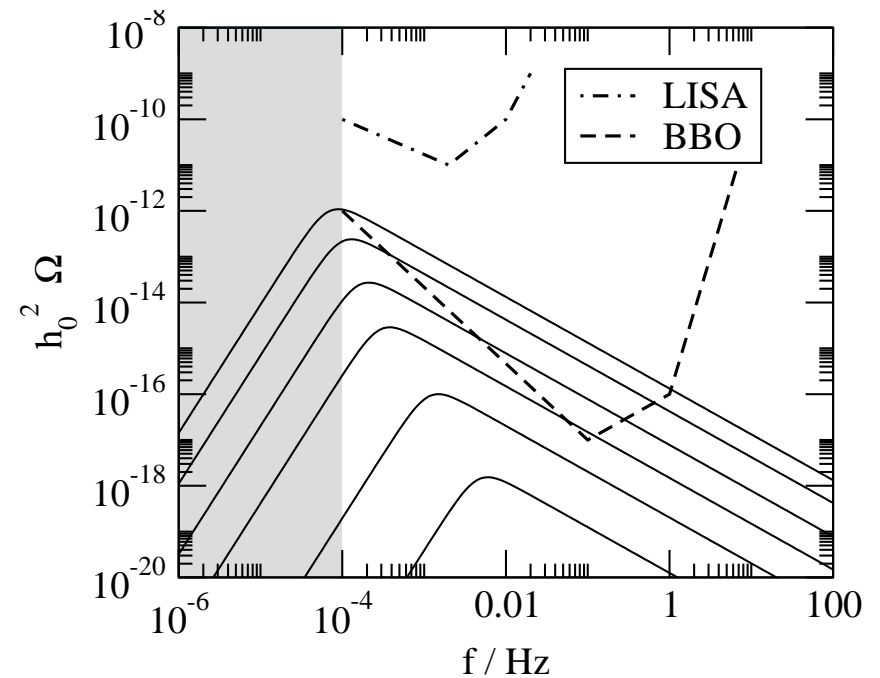


# The envelope approximation makes predictions

Espinosa, Konstandin, No and Servant; Huber and Konstandin

4-5 numbers parametrise the transition:

- $\alpha$ , vacuum energy fraction
- $v_w$ , bubble wall speed
- $\kappa$ , conversion efficiency to fluid KE
- Transition rate:
  - $H_*$ , Hubble rate at transition
  - $\beta$ , bubble nucleation rate

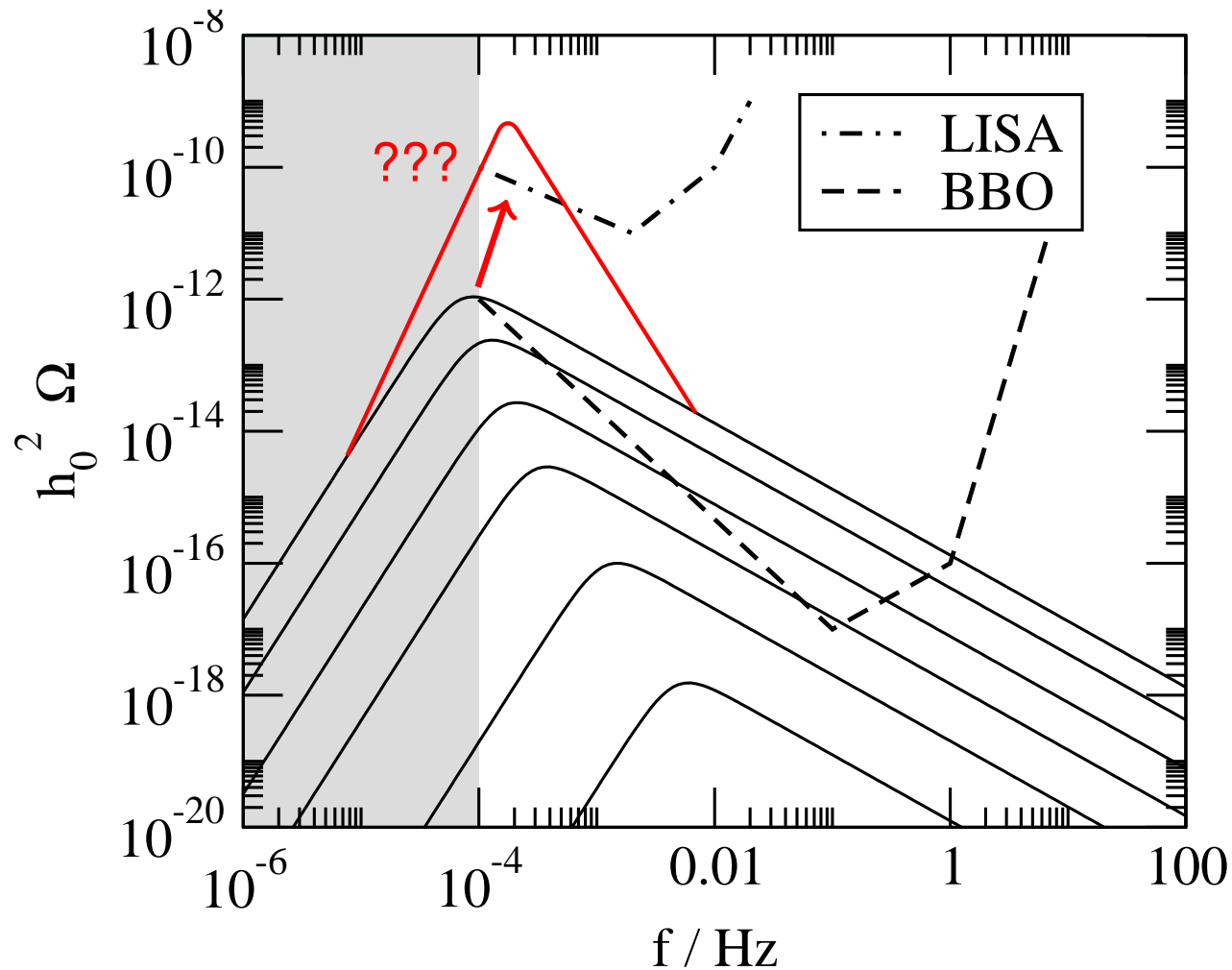


From Konstandin and Huber

Energy in GWs ( $\Omega_{\text{GW}} = \rho_{\text{GW}} / \rho_{\text{Tot}}$ ):

$$\Omega_{\text{GW}}^{\text{envelope}} \approx \frac{0.11 v_w^3}{0.42 + v_w^2} \left( \frac{H_*}{\beta} \right)^2 \frac{\kappa^2 \alpha^2}{(\alpha + 1)^2}$$

# The envelope approximation makes predictions...but are they too conservative?



From Konstandin and Huber

The shock waves set up by the expanding Higgs field are neglected: need to model the light fields as a relativistic plasma. Does this change things?

# Our approach: field+fluid system

- Scalar  $\phi$  + ideal fluid  $u^\mu$ 
  - Split stress-energy tensor  $T^{\mu\nu}$  into field and fluid bits

Ignatius, Kajantie, Kurki-Suonio and Laine

$$\partial_\mu T^{\mu\nu} = \partial_\mu (T_{\text{field}}^{\mu\nu} + T_{\text{fluid}}^{\mu\nu}) = 0$$

- Parameter  $\eta$  sets the scale of friction due to plasma

$$\partial_\mu T_{\text{field}}^{\mu\nu} = \eta u^\mu \partial_\mu \phi \partial^\nu \phi \quad \partial_\mu T_{\text{fluid}}^{\mu\nu} = -\eta u^\mu \partial_\mu \phi \partial^\nu \phi$$

- Effective potential  $V(\phi, T)$  can be kept simple

$$V(\phi, T) = \frac{1}{2}\gamma(T^2 - T_0^2)\phi^2 - \frac{1}{3}AT\phi^3 + \frac{1}{4}\lambda\phi^4$$

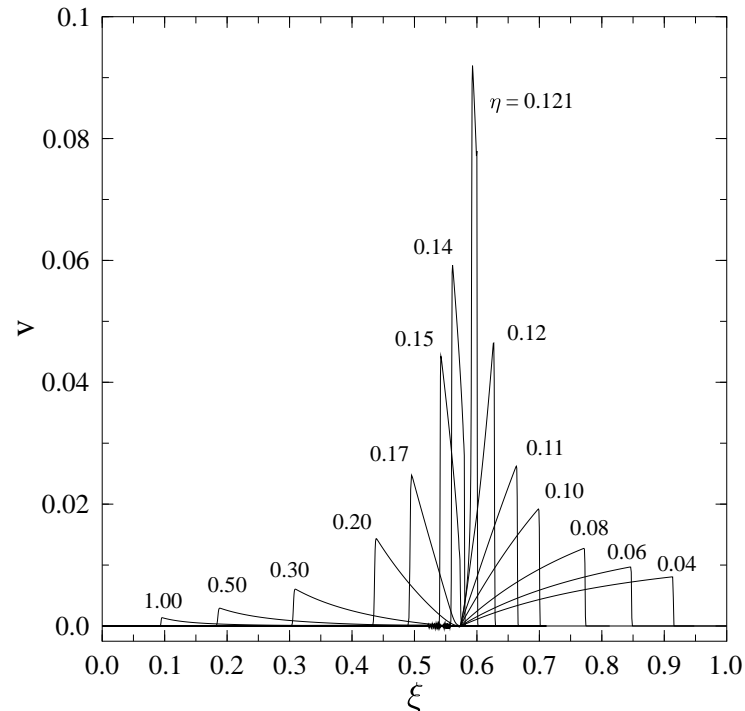
- $\gamma, T_0, A, \lambda$  chosen to match scenario of interest
- Equations of motion (+ continuity equation)

$$\partial_\mu \partial^\mu \phi + \frac{\partial V(\phi, T)}{\partial \phi} = -\eta u^\mu \partial_\mu \phi$$

$$\partial_\mu \{[\epsilon + p] u^\mu u^\nu - g^{\mu\nu} [p - V(\phi, T)]\} = \left( \eta u^\mu \partial_\mu \phi + \frac{\partial V(\phi, T)}{\partial \phi} \right) \partial^\nu \phi$$

# The $\eta$ parameter

- The value of  $\eta$  sets the velocity of bubble wall  $v_w$  Kurki-Suonio and Laine

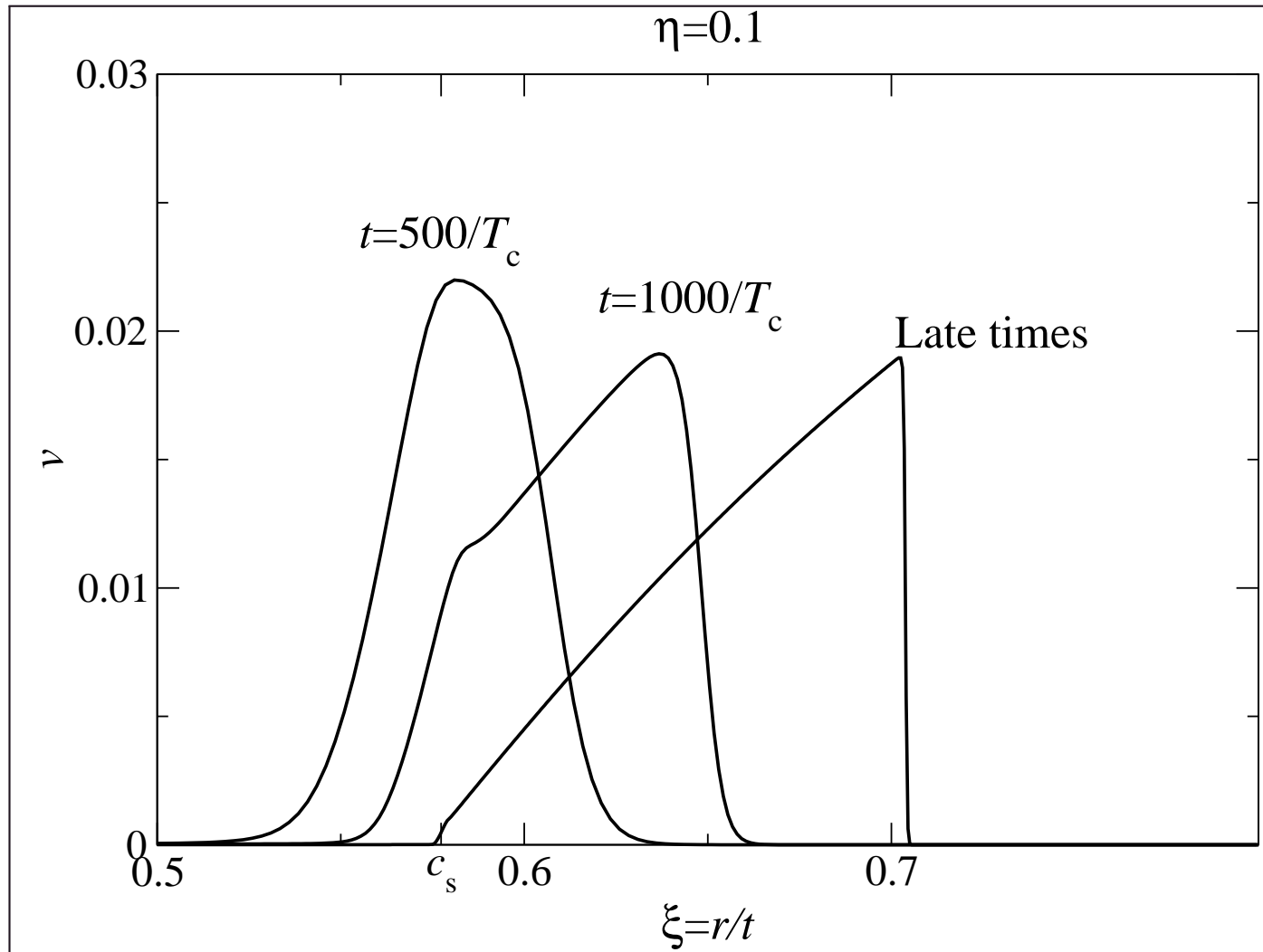


- Distinguish between:
  - Detonations ( $v_w > c_s$ , rarefaction wave behind wall)
  - Jouguet case ( $v_w \approx c_s$ , subsonic compared to fluid in front; supersonic compared to fluid behind)
  - Deflagrations ( $v_w < c_s$ , shock front leads wall)



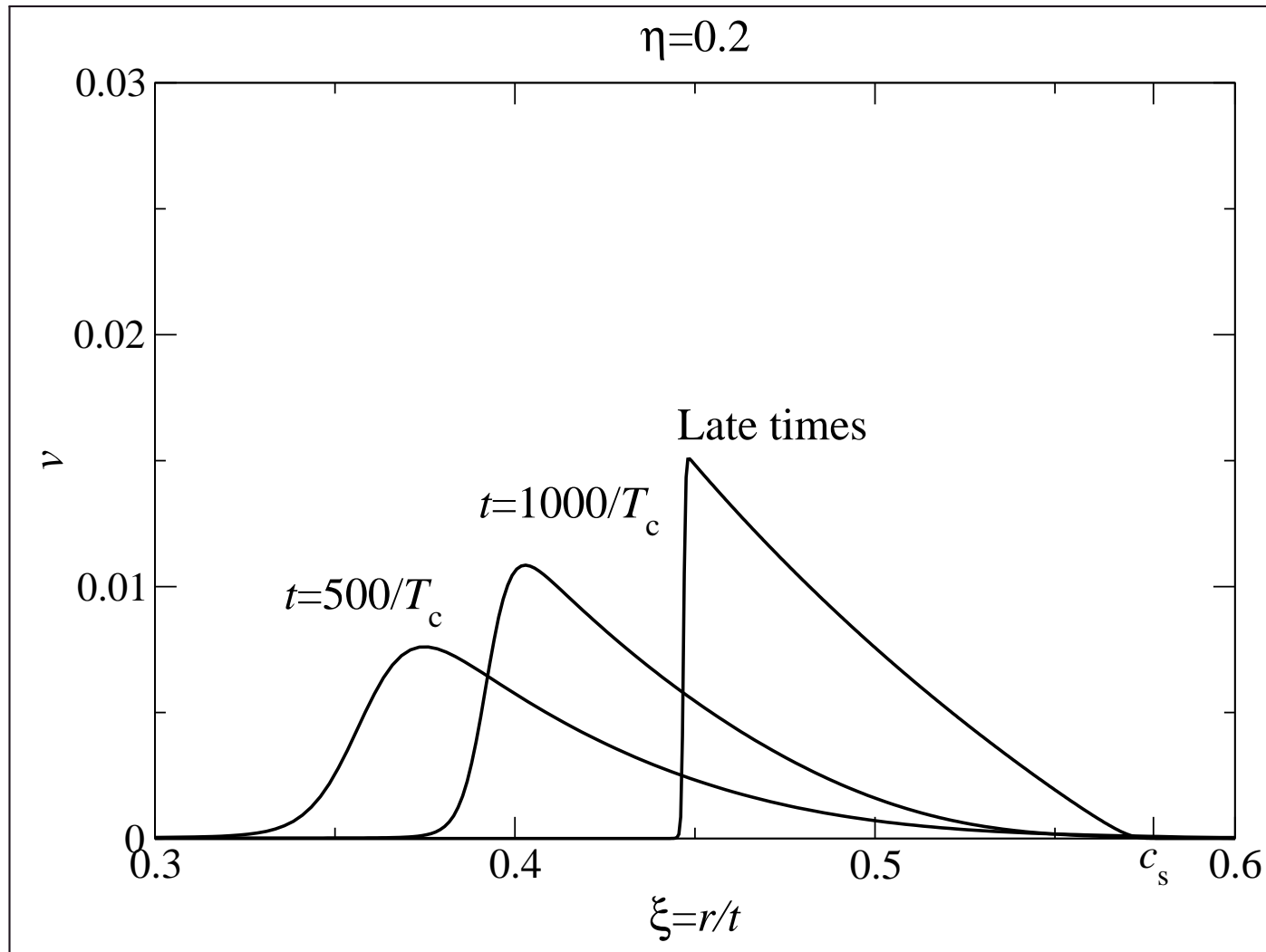
# Velocity profile development - detonation [optional movie]

Here,  $\eta = 0.1$  (detonation)



# Velocity profile development - deflagration [optional movie]

Here,  $\eta = 0.2$  (deflagration)



# Gravitational waves **Weinberg**

- Weak field approximation

$$g_{\mu\nu} = \eta_{\mu\nu} + h_{\mu\nu}$$

- after some algebra, and assuming a harmonic coordinate system, we get

$$\ddot{h}_{ij} - \nabla^2 h_{ij} = 16\pi G T_{ij}^{\text{TT}}$$

- Consider only terms at lowest order in the perturbation  $h_{ij}$

$$T_{ij}^{\text{f}} = W^2(\epsilon + p)V_i V_j \quad T_{ij}^{\phi} = \partial_i \phi \partial_j \phi$$

– these are our two sources (fluid and field).



# Gravitational waves from simulations of the early universe

- As we have seen, metric perturbations evolve as

$$\ddot{h}_{ij} - \nabla^2 h_{ij} = 16\pi G T_{ij}^{\text{TT}}$$

with transverse-traceless (TT) projection in momentum space,

$$T_{ij}^{\text{TT}}(\mathbf{k}) = \Lambda_{ij,lm}(\hat{\mathbf{k}}) T_{lm}(\mathbf{k})$$

– costly! Lots of FFTs...

- Fortunately, can use [Garcia-Bellido and Figueroa](#); [Easter, Giblin and Lim](#)

$$\ddot{u}_{ij} - \nabla^2 u_{ij} = 16\pi T_{ij}^{\text{Traceless}}$$

and project  $h_{ij}(k) = \Lambda_{ij,lm}(k) u_{ij}(k)$  later

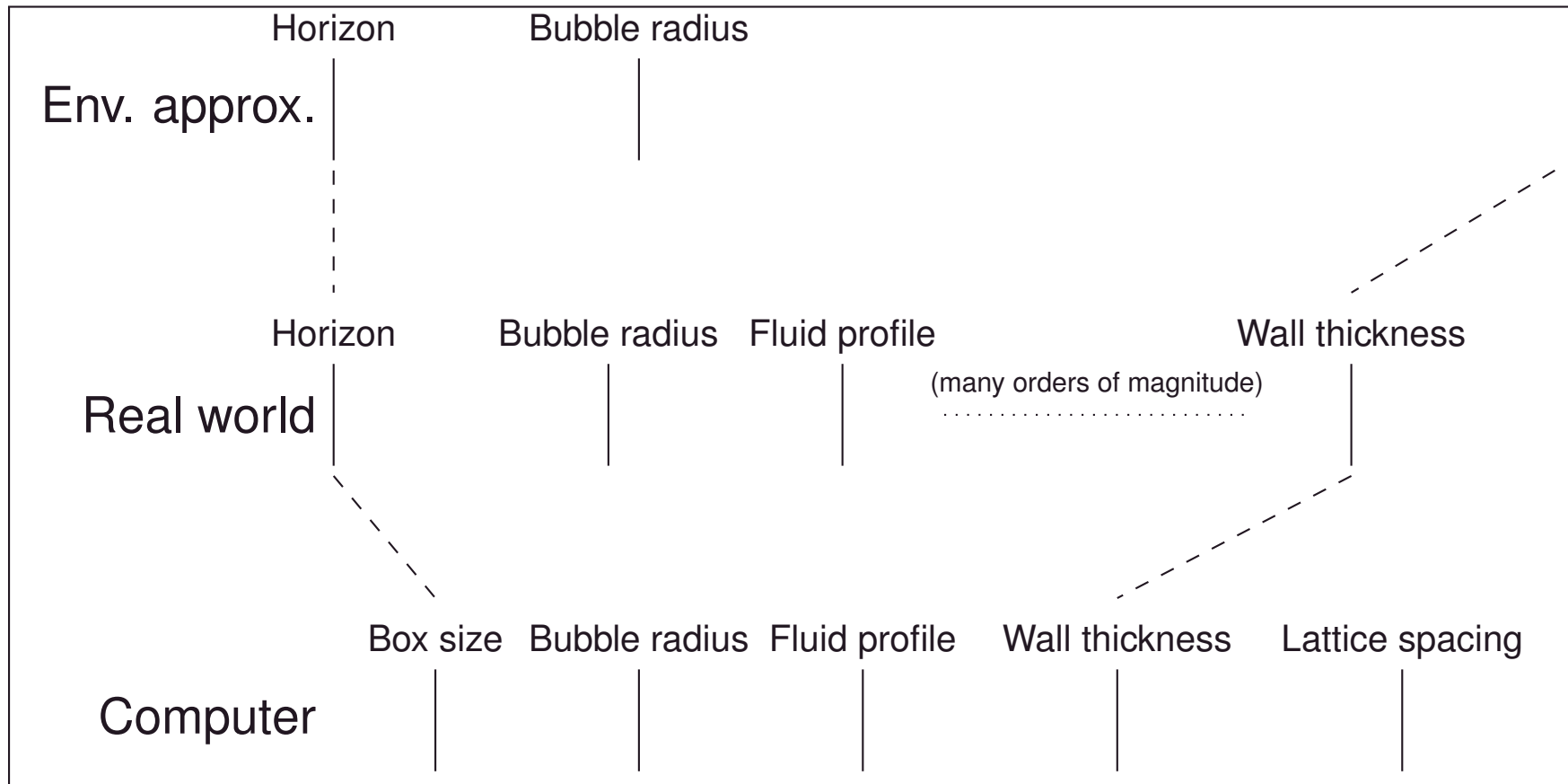
- Power  $\rho_{\text{GW}} = T_{00}^{\text{grav}}$  per logarithmic interval,

$$\frac{d\rho_{\text{GW}}}{d \ln k} = \frac{1}{32\pi G V} \frac{k^3}{(2\pi)^3} \int d\Omega \Lambda_{ij,lm}(\hat{\mathbf{k}}) \dot{u}_{ij}(t, \mathbf{k}) \dot{u}_{lm}^*(t, \mathbf{k})$$



# Dynamic range issues

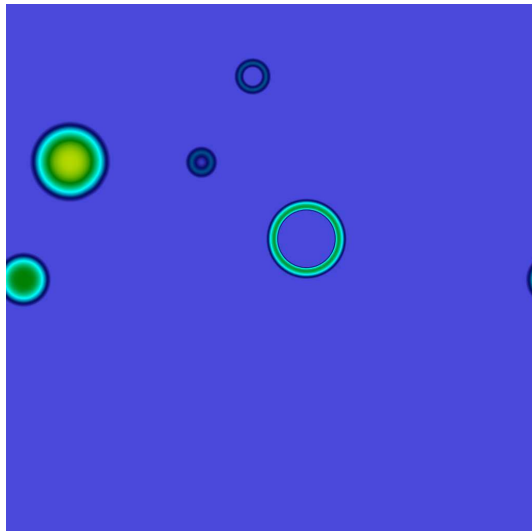
- Most realtime lattice simulations in the early universe have a single [nontrivial] length scale
- Here, many length scales important



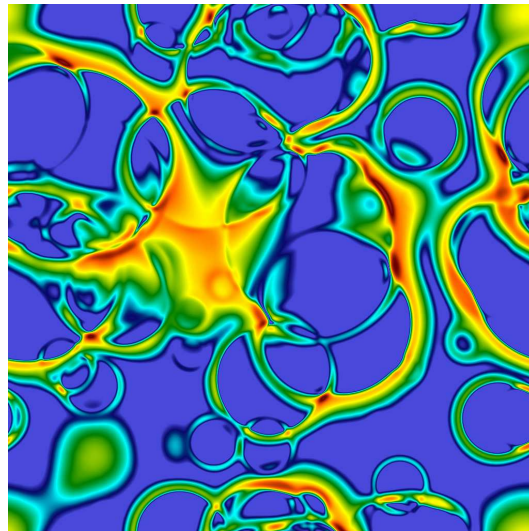
- Simulations in arXiv:1504.03291 are with  $2400^3$  lattice,  $\delta x = 2/T_c$   
→ approx 200k CPU hours each ( $\sim 3M$  total)

# Simulation slice example [optional movie]

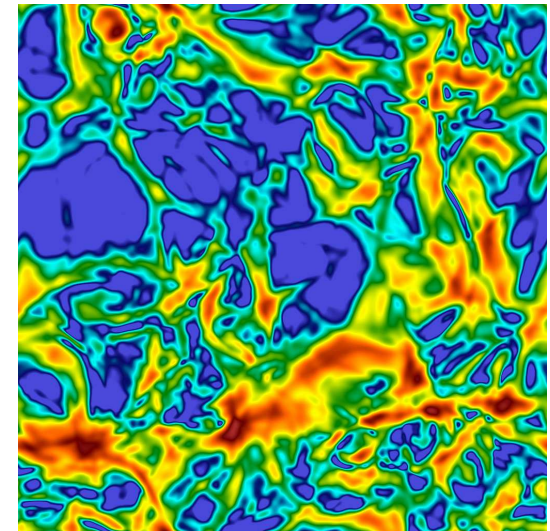
Simulations at  $1024^3$ , deflagration, fluid kinetic energy density,  $\sim 250$  bubbles



$$t = 500 T_c^{-1}$$



$$t = 750 T_c^{-1}$$



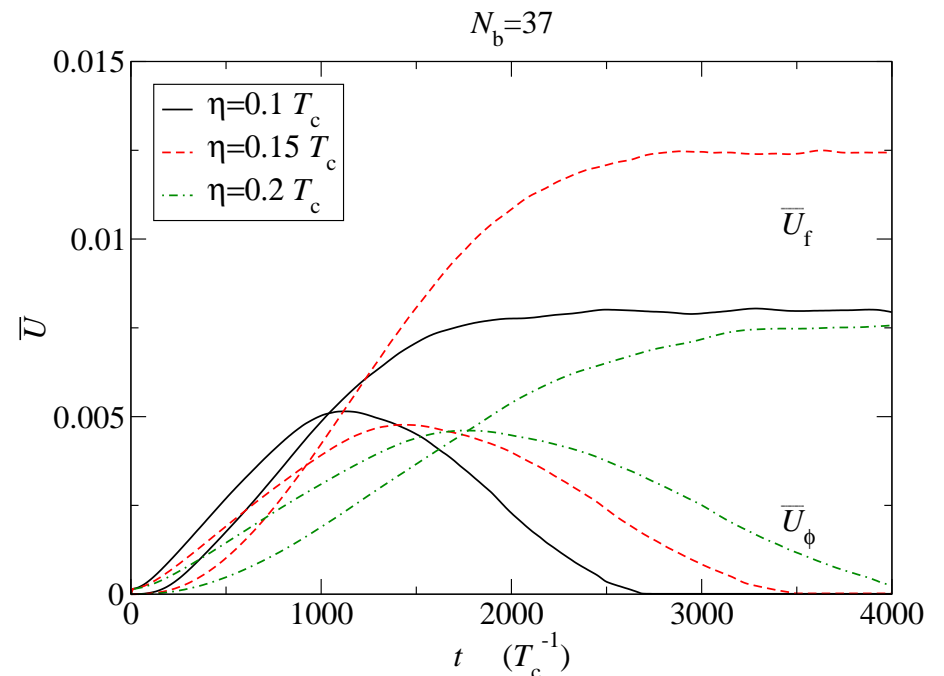
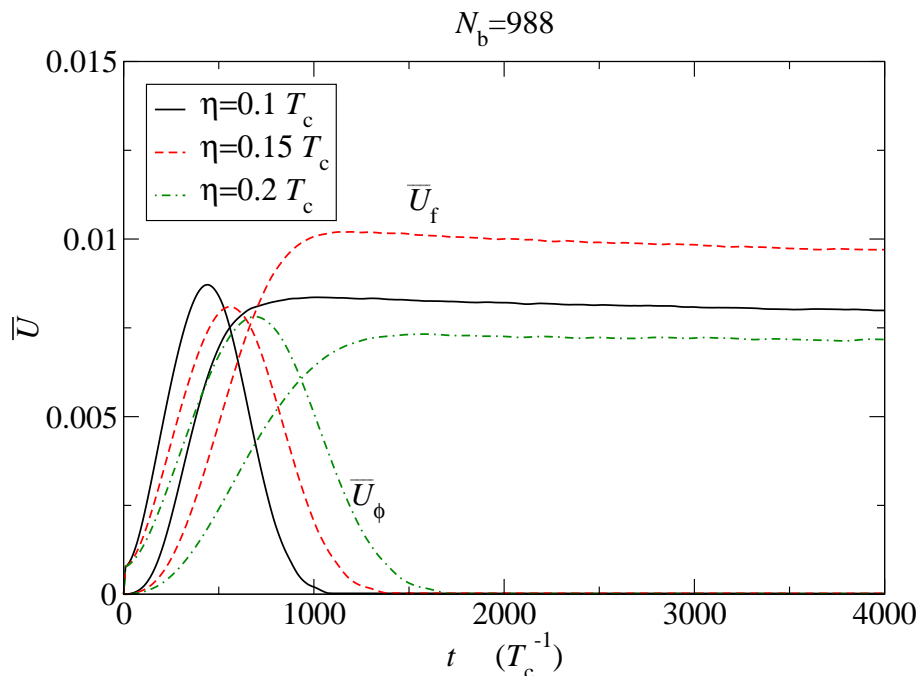
$$t = 1000 T_c^{-1}$$

# How the sources behave over time

- $\bar{U}_f$  is the rms fluid velocity;  $\bar{U}_\phi$  the analogous field quantity
- Constructed from  $T_{ii}^f$  and  $T_{ii}^\phi$ , they indicate how strong each source is

$$(\bar{\epsilon} + \bar{p})\bar{U}_f^2 = \frac{1}{V} \int d^3x \underbrace{W^2(\epsilon + p)}_{(T_{ii}^f)^2}$$

$$(\bar{\epsilon} + \bar{p})\bar{U}_\phi^2 = \frac{1}{V} \int d^3x \underbrace{(\partial_i \phi)^2}_{(T_{ii}^\phi)^2}$$

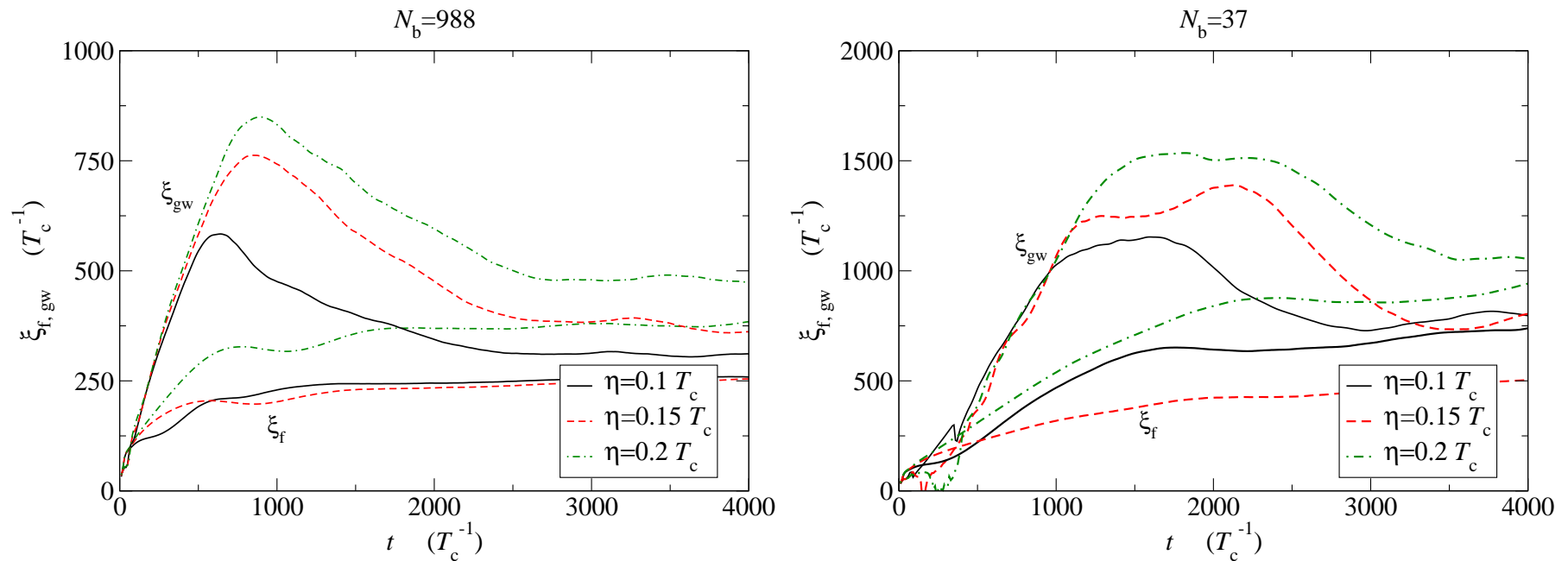


# Fluid characteristic length scale is imprinted in GW power spectrum

Define the fluid integral scale

$$\xi_f = \frac{1}{\langle V^2 \rangle} \int \frac{d^3 k}{(2\pi)^3} |k|^{-1} P_V(k)$$

and the analogous quantity  $\xi_{\text{GW}}$  for the gravitational wave power spectrum.

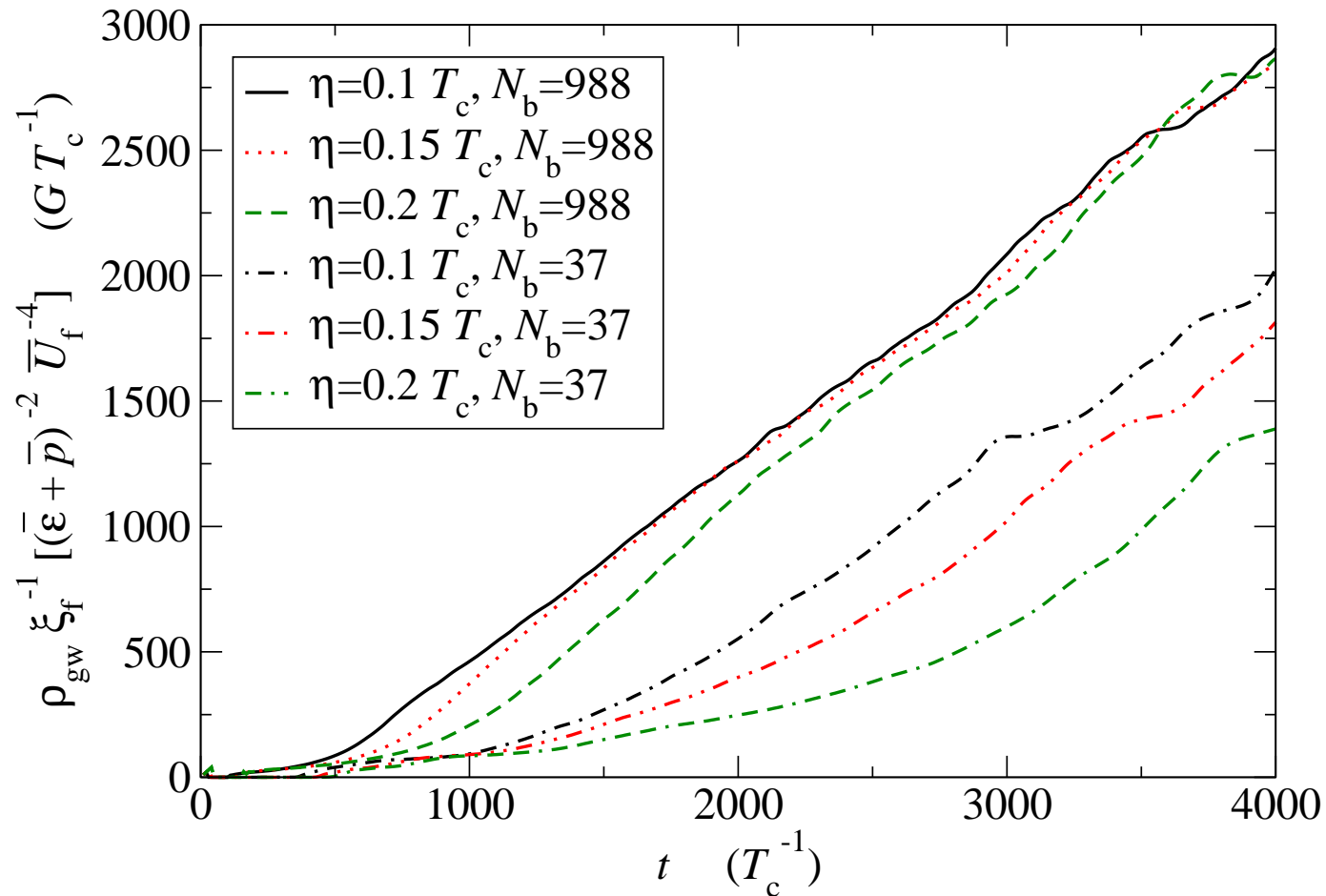


This length scale is what sets the peak of the fluid power spectrum.



# Acoustic waves source linear growth of gravitational waves

- Sourced by  $T_{ij}^f$  only ( $T_{ij}^\phi$  source is small constant shift)



- Source generically scales as  $\rho_{\text{GW}} \propto t [G \xi_f (\bar{\epsilon} + \bar{p})^2 \bar{U}_f^4]$

# Lifetime of sound waves and increase in GW power

- Does the acoustic source matter?
  - Sound is damped by (bulk and) shear viscosity [Arnold, Dogan and Moore](#);  
[Arnold, Moore and Yaffe](#)

$$\left(\frac{4}{3}\eta_s + \zeta\right) \nabla^2 V_{\parallel}^i + \dots \Rightarrow \tau_{\eta}(R) \sim \frac{R^2 \epsilon}{\eta_s}$$

- Compared to  $\tau_{H_*} \sim H_*^{-1}$ , on length scales

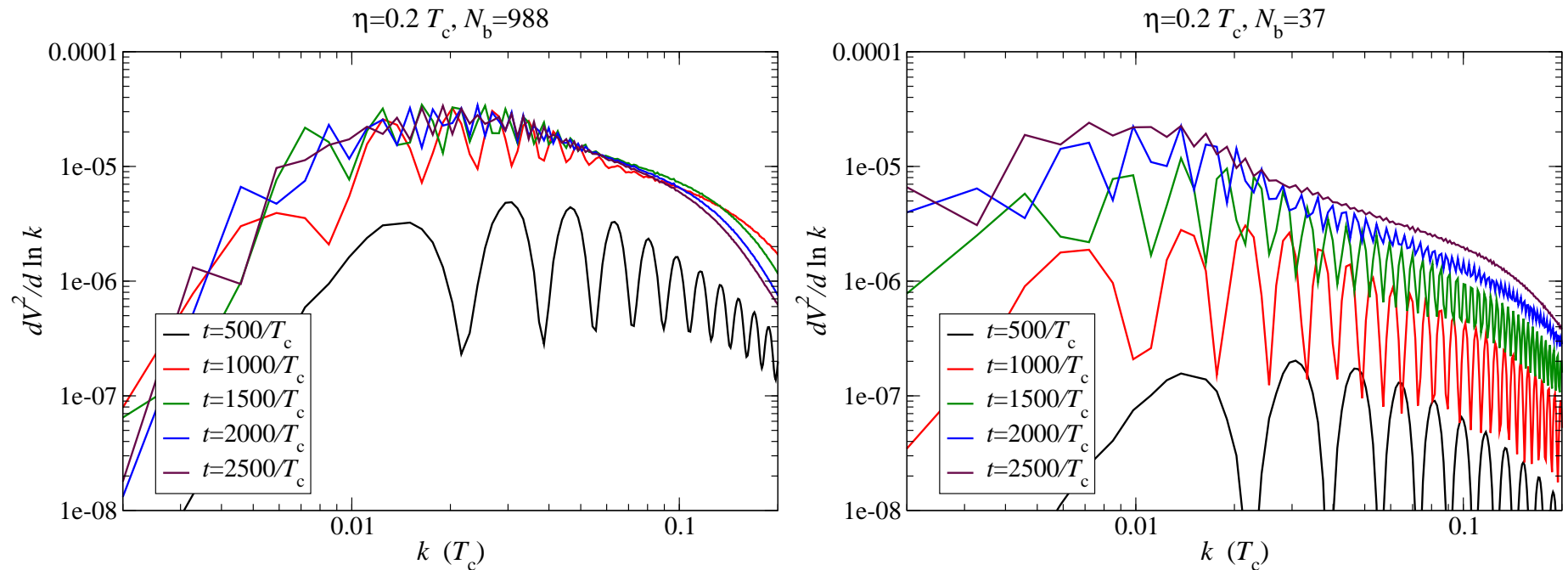
$$R^2 \gg \frac{1}{H_*} \frac{\eta_s}{\epsilon} \sim 10^{-11} \frac{v_w}{H_*} \left(\frac{T_c}{100 \text{ GeV}}\right)$$

the Hubble damping is faster than shear viscosity damping.

- Does the acoustic source enhance GWs?
  - Yes, we have

$$\Omega_{\text{GW}} \approx \left(\frac{\kappa\alpha}{\alpha+1}\right)^2 (H_*\tau_{H_*})(H_*\xi_f) \Rightarrow \frac{\Omega_{\text{GW}}}{\Omega_{\text{GW}}^{\text{envelope}}} \gtrsim 60 \frac{\beta}{H_*}.$$

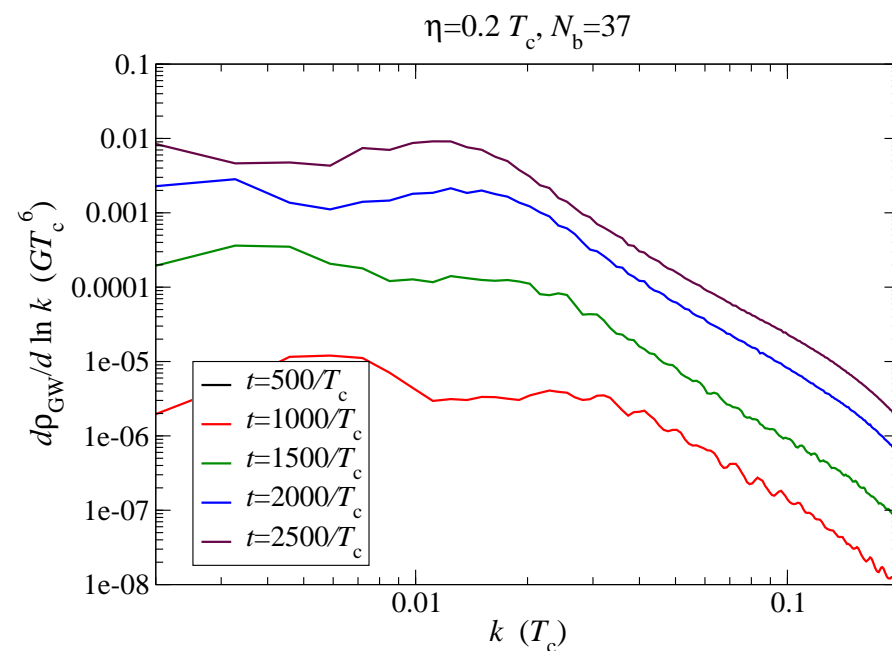
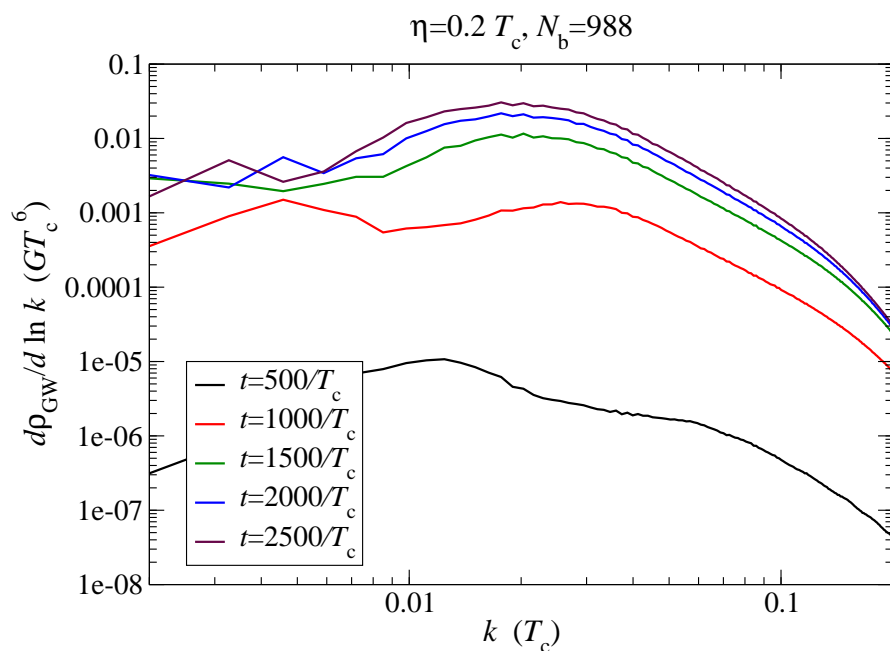
# Velocity power spectra and power laws



- Weak transition:  $\alpha_{T_N} = 0.01$ ,  $v_w = 0.44$
- Power law behaviour above peak is  $k^{-1}$ , approximately
- “Ringing” due to simultaneous bubble nucleation, not physically important
- Power is in the longitudinal modes – acoustic waves, not turbulence
- If we know  $dV^2/d \ln k$ , can work out  $\dot{\rho}_{\text{GW}}/d \ln k \dots ?$

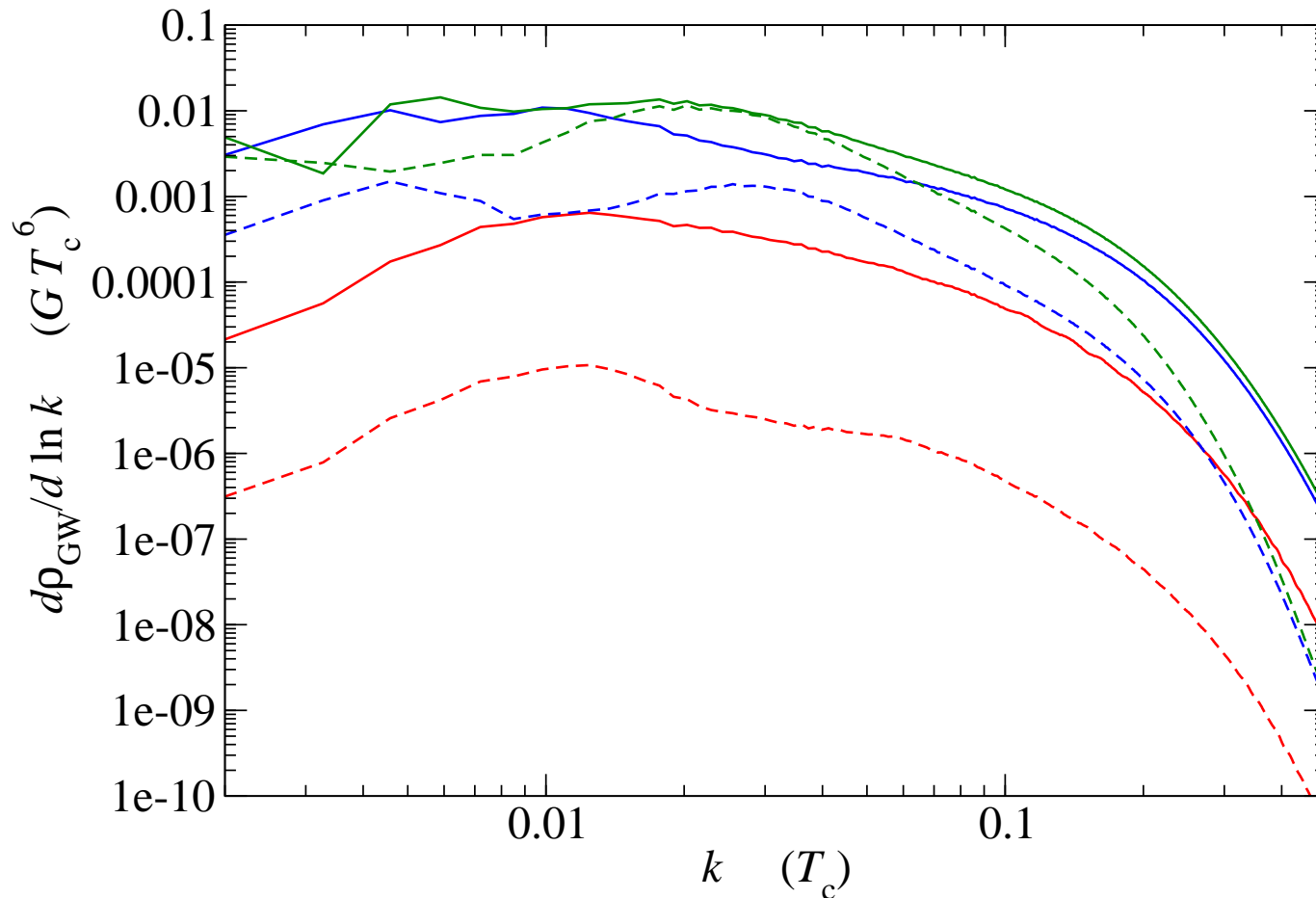
# GW power spectra and power laws

- Sourced by  $T_{ij}^f$  only



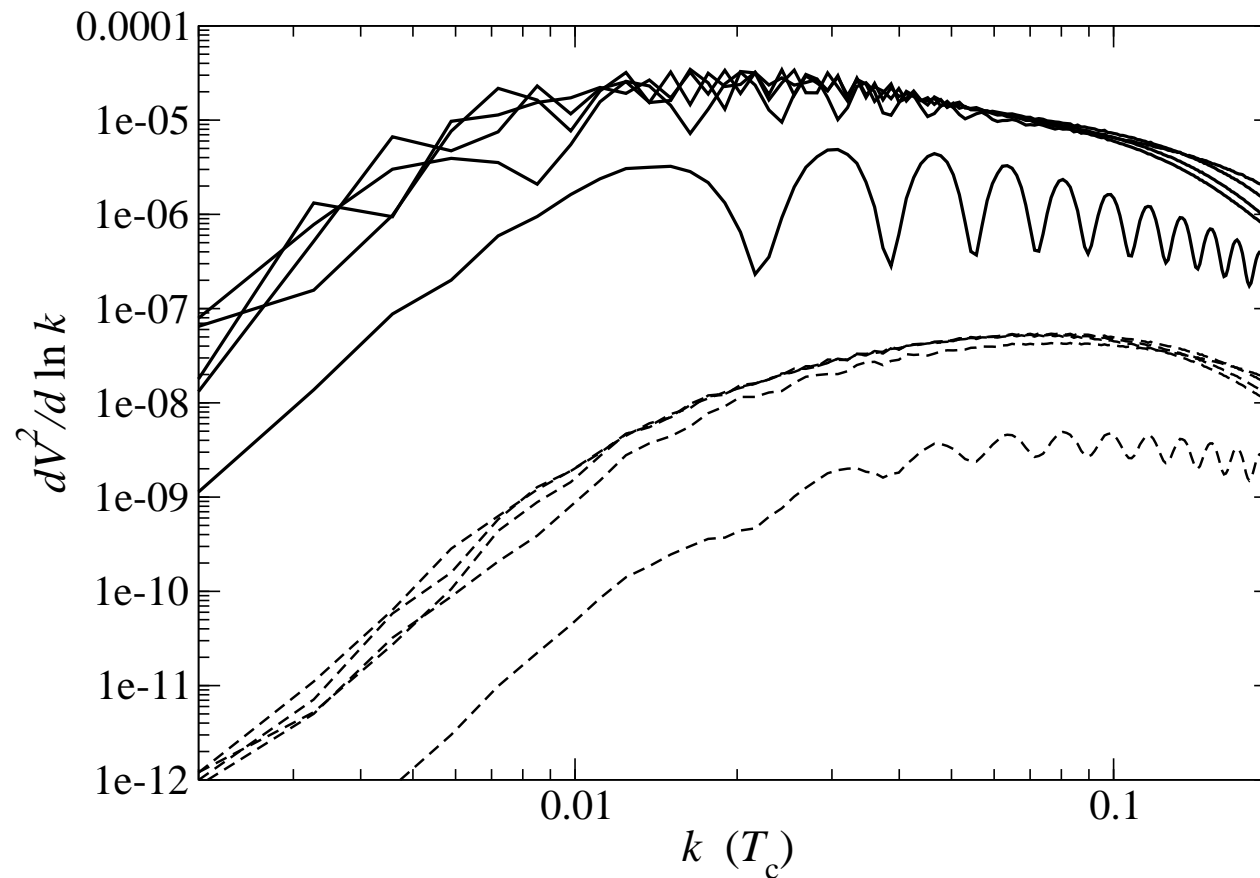
- Approximate  $k^{-3}$  power spectrum
- Finite size of box means that we choose not to probe behaviour below peak  $k$

# GW power spectra – field and fluid sources



- By late times, fluid source dominates at all length scales
- 500/ $T_c$ , 1000/ $T_c$ , 1500/ $T_c$  ('before', 'during', 'after' collision)
- Fluid source shown by dashed lines, total power solid lines

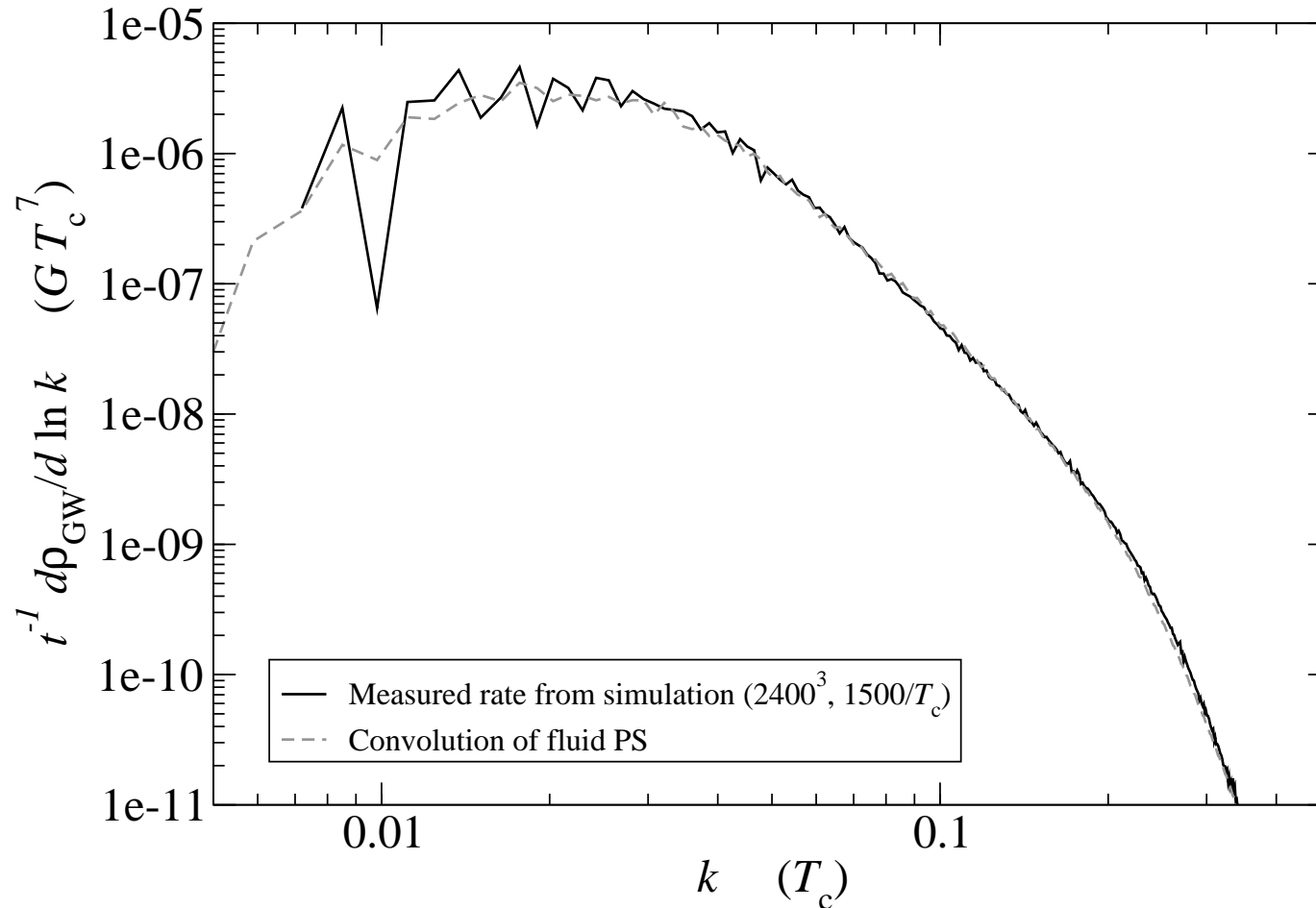
# Transverse versus longitudinal modes – turbulence?



- Most power is in the longitudinal modes – acoustic waves, not turbulence
- System is quite linear. Reynolds number is  $\sim 100$ .

# Going from the profile to fluid power to GW power

Going from a fluid power spectrum to the GW power spectrum is easy:



where the dashed curve is obtained by performing a numerical convolution of the fluid power spectrum.

# Summary and outlook

- Today
  - New source of GWs: sound waves from colliding bubble droplets
  - Rate of GW energy production is **generically**  $\rho_{\text{GW}} \propto t[G\xi_f(\bar{\epsilon} + \bar{p})^2\bar{U}_f^4]$
  - $O(10^2)$  enhancement over envelope approximation at EW scale
    - good news for models that do not produce strongly first-order PTs
  - Power laws different from envelope approximation
  - Still four parameters – power spectrum remains simple to parametrise
  - Need larger simulations – 18M CPU hours awarded by PRACE
- Soon
  - Instabilities [Megevand, Membiela and Sanchez](#)
  - Turbulence
  - Strong transitions ( $\alpha_{T_N} \sim 1$ )
  - ‘Inverse acoustic cascade’ [Kalaydzhyan, Shuryak](#)
  - Runaway transitions
- Building a science case for eLISA
- Implications for DECIGO, BBO