**BBN AND CMB CONSTRAINTS ON** LIGHT WIMPS AND DARK RADIATION Gary Steigman **Center for Cosmology and Astro-Particle Physics** The Ohio State University INT Program INT – 15 – 2a : **Neutrino Astrophysics and Fundamental Properties** June 2, 2015

# BBN & The CMB WITH A Light WIMP

Very light WIMPs, relics that were in thermal equilibrium in the early Universe when T > m, annihilate late in the early Universe, when  $T \approx m$ , changing the energy and entropy densities at BBN and at recombination.

The light WIMPs need <u>not</u> be the Dark Matter. They could be a subdominant DM component.

#### An Electromagentically Coupled Light WIMP

A light WIMP that annihilates to  $e^{\pm}$  pairs and/or photons, after the neutrinos have decoupled, heats the photons relative to the neutrinos.

 $\Rightarrow (T_v / T_\gamma)_0 < (4/11)^{1/3} \Rightarrow N_{eff}^0 < 3, \text{ where}$   $N_{eff}^0 = N_{eff} \text{ in the absence of Dark Radiation.}$ For m > ~ 1 keV, the extra photons thermalize, diluting the post – BBN baryon to photon ratio.

## <u>A Light WIMP Coupled To SM Neutrinos</u>

The annihilation of a light WIMP coupled to the SM neutrinos heats the neutrinos relative to the photons  $\implies (T_v/T_y)_0 > (4/11)^{1/3} \implies$ 

 $N_{eff}^{0} > 3$ ;  $N_{eff} > 3 + \Delta N_{v}$ 

"Dark Radiation Without Dark Radiation"

In this case no additional photons are created <u>but</u>, the Universe expands faster.



For an EM Coupled light WIMP in the presence of "Dark Radiation" ( $\Delta N_{y} \ge 0$ ),  $N_{eff} \ge N_{eff}^0$  ( $N_{eff}^0 \le 3$ ) The CMB sets upper and lower bounds to N<sub>eff</sub>, leading to an <u>upper</u> bound on  $\Delta N_{v}$  and a <u>lower</u> bound to  $m_{v}$ .

For a Neutrino Coupled light WIMP in the presence of "Dark Radiation" ( $\Delta N_v \ge 0$ ),  $N_{eff} \ge N_{eff}^0$  ( $N_{eff}^0 \ge 3$ )

The CMB sets an <u>upper</u> bound to  $N_{eff}$ , leading to an <u>upper</u> bound on  $\Delta N_v$  and a <u>lower</u> bound to  $m_{\chi}$ .

**BBN** is sensitive to the presence of Dark Radiation ( $\Delta N_{u} \ge 0$ ) because of the change in the expansion rate. Faster expansion  $\implies$  more neutrons  $\Rightarrow$  more <sup>4</sup>He. Faster expansion  $\implies$  less time to burn D to <sup>3</sup>He, <sup>4</sup>He, and beyond  $\Rightarrow$  more D. In the absence of a light WIMP, the D and <sup>4</sup>He abundances depend on  $\Delta N_v$ . The observationally inferred primordial abundances of D and <sup>4</sup>He constrain the baryon abundance:  $\eta_B \equiv (n_N / n_\gamma)_0$  where  $\eta_{10} \equiv 10^{10} \eta_B = 274 \Omega_B h^2$ <u>and</u> Dark Radiation:  $\Delta N_v (N_{eff} \approx 3 + \Delta N_v)$ .

The CMB independently constrains these same parameters.



















## BBN & The CMB With A Light WIMP

There are degeneracies among the WIMP mass and its "nature" and the number of equivalent neutrinos. BBN, in combination with the CMB, can remove some of these degeneracies, constraining the existence and properties of each. Light WIMPs increase the early Universe energy density, speeding up the expansion rate at BBN (and at recombination).

The main effect of a faster expansion is that more neutrons are available at BBN, leading to the production of more <sup>4</sup>He.





The annihilation of EM coupled light WIMPs creates extra photons, changing the baryon to - photon ratio at BBN (and at recombination), affecting the BBN nuclear reaction rates. The main effect of photon production after BBN is a <u>larger</u> baryon - to - photon <u>during</u> BBN, more efficiently destroying D, resulting in a lower primordial D abundance. The annihilation of Neutrino coupled light WIMPs

creates no new photons, but does speed up the expansion rate, leaving less time to destroy D.





**BBN And The CMB WITH A Light WIMP** For each value of  $m_{\gamma}$ , a pair of  $\eta_{10}$ ,  $\Delta N_{\nu}$ (or,  $\Omega_B h^2$ ,  $N_{eff}$ ) values can be found so that BBN will "predict" the observationally inferred primordial <sup>4</sup>He and D abundances. The CMB independently constrains  $\Omega_{\rm B}h^2$ and N<sub>eff</sub>. The next slides illustrate this for an EM coupled, Weyl fermion.















#### <u>SUMMARY</u>

In the <u>absence</u> of a Light WIMP, BBN and the CMB agree, allowing for some Dark Radiation. <u>But</u>, a sterile neutrino ( $\Delta N_v = 1$ ) is disfavored.

In the <u>presence</u> of a Light, EM Coupled WIMP, BBN and the CMB set a <u>lower</u> bound to the WIMP mass,  $\geq$  a few MeV, favoring m<sub> $\chi$ </sub>  $\approx$  10 MeV, and allowing some Dark Radiation,  $\Delta N_{\nu} \approx$  0.65.

## **SUMMARY**

For a Neutrino Coupled WIMP, BBN and the CMB set a <u>lower</u> bound of a few MeV to the WIMP mass. They favor  $m_{\chi} \approx 35$  MeV (i.e., No Light WIMP !) and allow some Dark Radiation,  $\Delta N_{\nu} \approx 0.29$ .

**<u>But</u>**, a sterile neutrino ( $\Delta N_v = 1$ ) is disfavored.