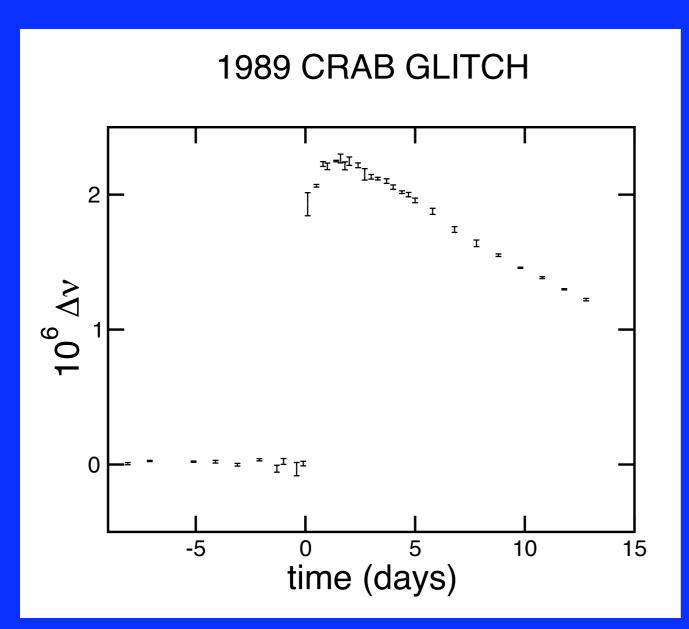
Messages from Spin Glitches in Neutron Stars





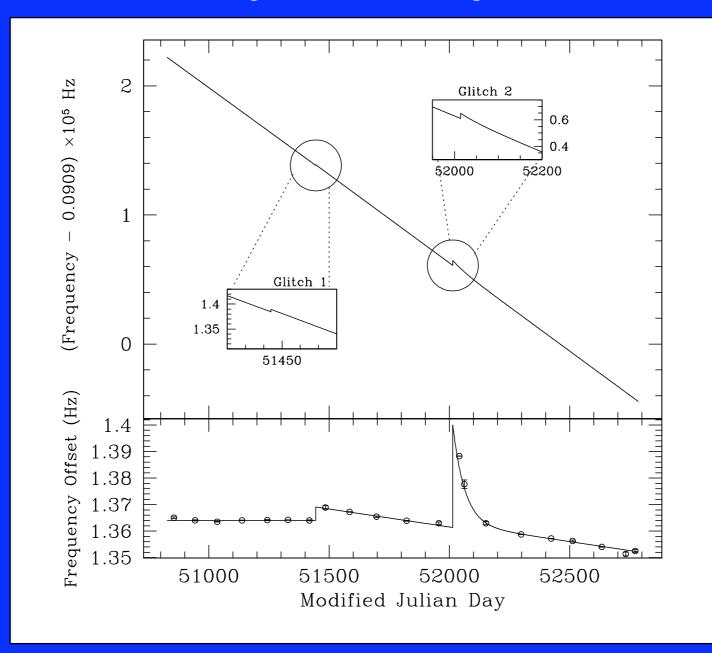
 $\Delta \nu$ - 6 ν

$$\Delta E_{\rm rot} \sim 10^{43} {
m erg!}$$

(Lyne, Smith, Pritchard 92)

Glitches occur in magnetars too

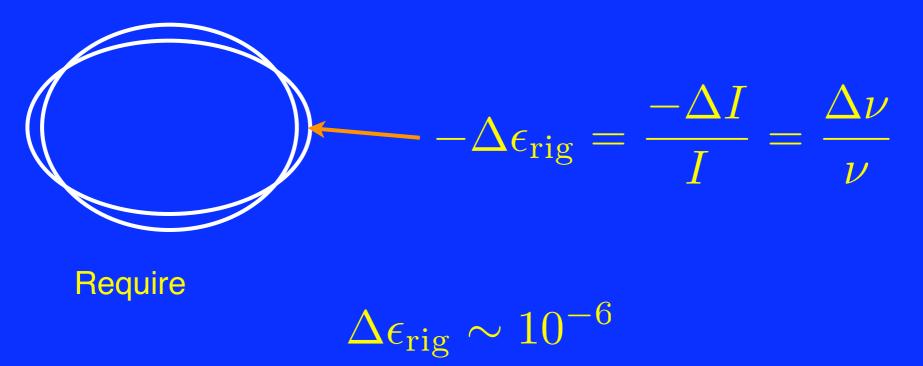
Two glitches in a magnetar



(Kaspi & Gavriil 03)

Glitches cannot be starquakes

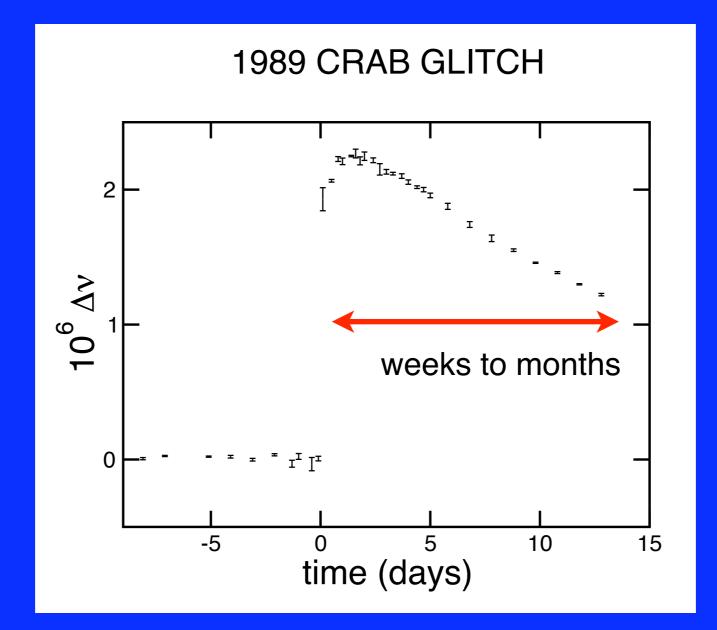
A starquake would produce a spin jump



Time required for spin down to produce required deformation is

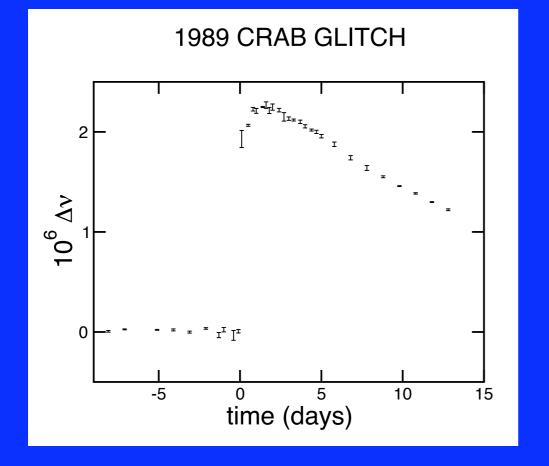
$$t_{\rm glitch} \sim 0.1 t_{\rm age} \sim 10^3 {
m yr}$$

Superfluidity is required

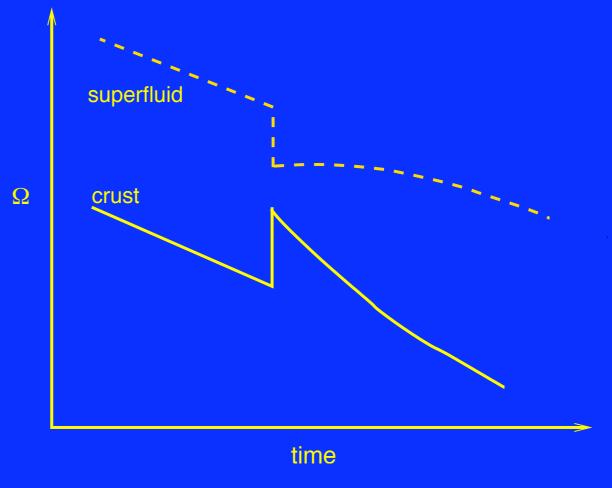


Coupling times in <u>normal</u> n,p,e matter are << 1 sec.

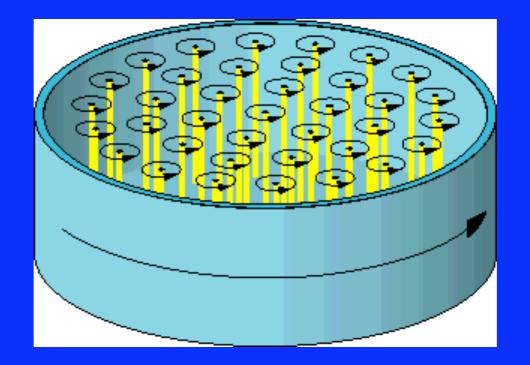
Idea for the origin of glitches: variable coupling to liquid



(Lyne, Smith, Pritchard 92)

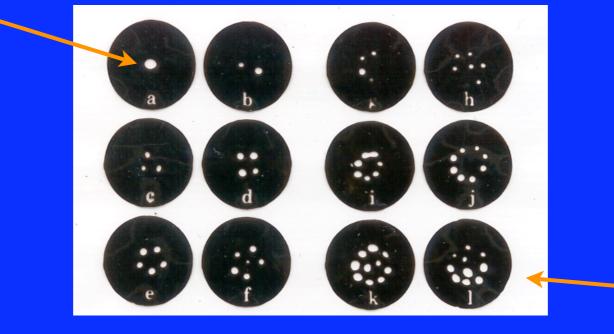


The neutron superfluid's rotation



Rotating superfluid He

low angular momentum



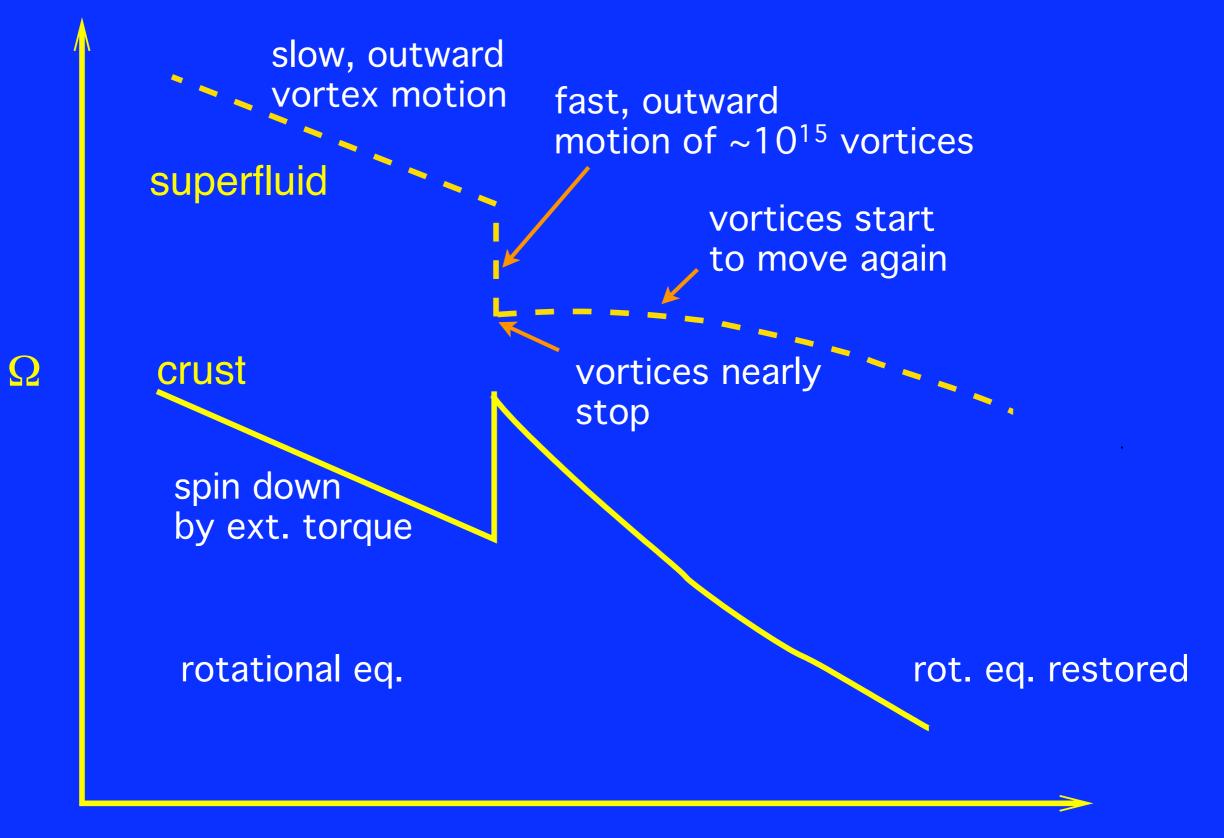
high angular momentum

Vortices "pin"

to nuclei in the crust
to flux tubes in the core

Better calculations are needed!

Stages of a glitch



time

Glitches in liquid helium

Tsakadze & Tsakadze (1980)

