Which data and correlations can constrain $0\nu\beta\beta$ decay matrix elements?

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$0\nu\beta\beta$ decay nuclear matrix elements

Large difference in nuclear matrix element calculations: factor $\sim 2-3$



EDF, IBM, QRPA large matrix elements: missing nuclear correlations? Shell model small matrix elements: small configuration space?

How can data/calculations help to constrain the matrix element values?

Data: Double Gamow-Teller transitions



Correlations: Light- and heavy-neutrino exchange mechanisms



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Data: Double Gamow-Teller transitions

2 Correlations: Light- and heavy-neutrino exchange mechanisms

3 Outlook

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Test of nuclear structure

Spectroscopy well described: masses, spectra, transitions, knockout...





Shell model: JM, Caurier, Nowacki, Poves PRC80 048501 (2009)

Energy-Density Functional: Rodríguez, Martínez-Pinedo PRL105 252503 (2010)

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Gamow-Teller strength distributions

Gamow-Teller (GT) strength distributions well described by theory (quenched)



GT strengths combined related to $2\nu\beta\beta$ decay, but relative phase unknown $\beta_{\beta\beta}$

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Double Gamow-Teller strength distribution

Measurement of Double Gamow-Teller resonance in double charge-exchange reaction proposed decades ago Auerbach et al. 1980's, 90's Recent experimental plans in RIKEN (⁴⁸Ca), INFN Catania Takaki et al. JPS Conf. Proc. 6 020038 (2015) Capuzzello et al. EPJA 51 145 (2015)

Additional test of nuclear structure calculations

Promising connection to $\beta\beta$ decay, two-particle-exchange process, specially the (tiny) transition to ground state of final state

Two-nucleon transfers related to $0\nu\beta\beta$ decay matrix element Brown et al. PRL113 262501 (2014)



⁴⁸Ca Double Gamow-Teller distribution

Calculate the shell model ⁴⁸Ca 0⁺_{gs} Double Gamow-Teller distribution

$$B(DGT^{-}; \lambda; i \to f) = \frac{1}{2J_i + 1} \left| \left\langle f \right| \left| \left[\sum_{i} \sigma_i \tau_i^- \times \sum_{j} \sigma_j \tau_j^- \right]^{(\lambda)} \right| \left| i \right\rangle \right|^2,$$







Relatively independent of the shell model interaction Effect of configuration space from *pf* to *sdpf* small $\lambda = 2$ dominates the double-GT resonance

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Double GT distribution: pairing

If double GT resonance related to $\beta\beta$ decay, depend on pairing correlations

Add pairing interaction to shell model *H* with varying strength *G*, attractive and repulsive

$$H' = H + G^{01} P^{J=0,T=1},$$

 $H'' = H + G^{10} P^{J=1,T=0}.$

Isovector pairing Double GT resonance move to higher energy

Isoscalar pairing Double GT resonance increase width



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Data, correlations, $\beta\beta$ decay matrix elements

$0 u\beta\beta$ decay: pairing

 $0\nu\beta\beta$ decay matrix element also sensitive to isovector and isoscalar pairing



Double GT resonance and $0\nu\beta\beta$ decay

Correlation between double GT resonance and $0\nu\beta\beta$ decay matrix element



Double GT resonance width also useful more experimental precision needed

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Double GT to ground state and $0\nu\beta\beta$ decay

Double GT transition to ground state of final nucleus closest similarity to $0\nu\beta\beta$ decay

Both matrix elements tiny sum rule fraction





 $0\nu\beta\beta$ decay matrix element limited to shorter range Short-range part also dominant in double GT matrix element cancellation of long range parts

Shimizu, JM, Yako, in preparation

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Double GT to ground state and $0\nu\beta\beta$ decay



Linear correlation Double GT, $0\nu\beta\beta$ decay matrix elements

$$M^{\mathrm{DGT}} = \sqrt{B(DGT_{-}; 0; 0^{+}_{\mathrm{gs}} \rightarrow 0^{+}_{\mathrm{gs}})}$$

Correlation similar across nuclear chart with and without seniority correlations $0.5 \leq M \leq 12$ for different shell model interactions agree with EDF disagree with QRPA

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Data: Double Gamow-Teller transitions

2 Correlations: Light- and heavy-neutrino exchange mechanisms

3 Outlook

$0\nu\beta\beta$ decay light- and heavy-neutrino exchange

Neutrinoless $\beta\beta$ decay mediated by light or heavy neutrinos Barea, Horoi, Menéndez, Šimkovic, Suhonen...

$$\begin{split} M^{0\nu\beta\beta} &= \langle 0_{f}^{+} | \sum_{n,m} \tau_{n}^{-} \tau_{m}^{-} \sum_{X} H^{X}(r) \Omega^{X} | 0_{i}^{+} \rangle \\ H^{X}(r) &= \frac{2}{\pi} \frac{R}{g_{A}^{2}} \int_{0}^{\infty} f^{X}(pr) \frac{h^{X}(p^{2})}{\left(\sqrt{p^{2} + m_{\nu}^{2}}\right) \left(\sqrt{p^{2} + m_{\nu}^{2}} + \langle E^{m} \rangle - \frac{1}{2} (E_{i} - E_{f})\right)} p^{2} dp \end{split}$$

Same contributions in both channels but in heavy-neutrino exchange the standard term becomes shorter range



Comparing heavy-neutrino exchange matrix elements

Contrary to light-neutrino exchange shell model, IBM, and EDF calculations agree reasonably for heavy-neutrino exchange $\beta\beta$ decay!



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Heavy-neutrino matrix element

Compared to light-neutrino exchange

heavy neutrino exchange dominated by shorter range, larger momentum transfers

heavy neutrino exchange contribution from J > 0 pairs smaller



Uncorrelated heavy-neutrino matrix element

Uncorrelated (seniority-zero) light- and heavy-neutrino matrix elements agree for shell model and EDF

JM, Rodríguez et al. PRC90 (2014)



Correlations (high-seniority) affect long-range part small momentum transfers only relevant for light-neutrino exchange





Differences due to isoscalar pairing?

Separable shell model collective interaction Dufour, Zuker PRC54 1653(1996)

$$H_{\text{coll}} = H_M + g^{T=1} \sum_{n=-1}^{1} S_n^{\dagger} S_n + g^{T=0} \sum_{m=-1}^{1} P_m^{\dagger} P_m + g_{ph} \sum_{m,n=-1}^{1} : \mathcal{F}_{mn}^{\dagger} \mathcal{F}_{mn} : + \chi \sum_{\mu=-2}^{2} : Q_{\mu}^{\dagger} Q_{\mu} :$$

Find long-range piece which does not affect heavy-neutrino exchange: isoscalar pairing Vogel, Zirnbauer, Engel, Hinohara, JM...



Suggest difference between shell model, EDF isoscalar pairing

Same reason for disagreement shell model and IBM?

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Data: Double Gamow-Teller transitions

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Monte Carlo shell model: ⁷⁶Ge matrix element

Diagonalize valence space, other effects in H_{eff} :

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angle} & = a_{i1}^+ a_{i2}^+ ... a_{iA}^+ \left| 0
ight
angle \end{aligned}$$

Exact diagonalization: 10¹¹ dimension Caurier et al. RMP77 427 (2005) Monte Carlo shell model: 10²³ dimension Togashi et al. PRL117 172502 (2016)



Matrix element as a function of $\langle \Delta H^2 \rangle$

Convergence very slow with respect to basis state #

Pairing correlations probably not fully captured in non-converged calculations

Basis on seniority scheme?

Tsunoda, Shimizu, et al. in prog.

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Effective field theory for β and $\beta\beta$ decay

In spherical nuclei, as typical $\beta\beta$ emitters, develop an effective field theory based on phonon excitations, expansion in breakdown scale Coello Pérez, Papenbrock PRC92 064309('15), PRC94 054316('16)





Once EFT couplings are fixed, predictions with uncertainties

Excitation spectra, electromagnetic transitions

Extend to β and $\beta\beta$ decays: matrix elements with estimated uncertainties

Coello Pérez, JM, Schwenk, in progress



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Summary

Neutrinoless double-beta decay nuclear matrix elements key to fully exploit next generation experiments testing inverted hierarchy

- Double Gamow-Teller resonances test of nuclear structure calculations correlation to 0νββ decay matrix elements
- Double Gamow-Teller transition to ground state of final nucleus linear correlation to 0νββ decay matrix element across the nuclear chart (shell model)
- Shell model & EDF agreement for heavy-neutrino exchange and uncorrelated matrix elements suggest difference due to isoscalar pairing
- Shell model Monte Carlo for ⁷⁶Ge underway



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